VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE:

STACY RUDINAS, L.P.N. License No.: 0002-078867

ORDER

In accordance with §§ 2.2-4019, 2.2-4021 and 54.1-2400(10) of the Code of Virginia (1950), as amended ("Code"), an informal conference was conducted on behalf of the Board of Nursing ("Board") on April 11, 2013, in Henrico County, Virginia. Stacy Rudinas, L.P.N., was present and was not represented by legal counsel. Janet Younger, Ph.D., R.N., P.N.P., serving as Agency Subordinate for the Board, submitted a Recommended Decision for consideration.

On May 22, 2013, a quorum of the Board met to receive and act upon the Recommended Decision of the Agency Subordinate. Ms. Rudinas was present and was not represented by legal counsel.

Based upon its review of the Recommended Decision of the Agency Subordinate, the Board makes the following Findings of Fact and Conclusions of Law and issues the following Order.

FINDINGS OF FACT

- 1. Stacy Rudinas, L.P.N., was issued License No. 0002-078867 to practice practical nursing in Virginia on August 19, 2008. The license is scheduled to expire on January 31, 2014. Ms. Rudinas' declared primary state of residence is Virginia, but she recently relocated to North Carolina.
- 2. By letter dated March 20, 2013, the Board of Nursing sent a Notice of Informal Conference ("Notice") to Ms. Rudinas notifying her that an informal conference would be held on April 11, 2013. The Notice was sent by certified and first class mail to 2340 Settle Bridge Road, Stoneville, North Carolina 27048, the address of record on file with the Board of Nursing, and to 1011 Hampton Ridge, Bedford, Virginia 27048, a prior address of record.
 - 3. On August 16, 2012, Ms. Rudinas voluntarily entered Mount Regis Center for substance

abuse treatment. She was successfully discharged on September 13, 2012. Her discharge diagnosis included opiate dependence, benzodiazepine dependence, alcohol abuse, episodic, marijuana abuse, and history of major depressive disorder. She was readmitted to Mount Regis at the end of October 2012 due to depression.

- 4. At the IFC, Ms. Rudinas admitted having a substance abuse problem. She stated that she attended Caduceus meetings once or twice a month as needed and that she was not currently in counseling.
- 5. Ms. Rudinas last practiced nursing in October 2012. She reported at the informal conference that she had been sober for six months. She stated that she was not currently employed and did not plan to work in nursing for the foreseeable future. Further, Ms. Rudians indicated she was unable to afford further treatment and her problems were no longer an issue because she had relocated to North Carolina where she planned to stay at home and care for her daughter.

CONCLUSIONS OF LAW

Finding of Fact #3 constitutes a violation of § 54.1-3007(6) of the Code

ORDER

WHEREFORE, it is hereby ORDERED as follows:

- 1. License No. 0002-078867 of Stacy Rudinas, L.P.N., is INDEFINITELY SUSPENDED.
- 2. The license will be recorded as suspended and no longer current.
- 3. At such time as Ms. Rudinas shall petition the Board for reinstatement of her license, an administrative proceeding will be convened to determine whether she is capable of resuming the safe and competent practice of nursing. Ms. Rudinas shall be responsible for any fees that may be required for the reinstatement and renewal of the license prior to issuance of the license to resume practice.
 - 4. This suspension applies to any multistate privilege to practice practical nursing.

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Pursuant to § 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

Pursuant to Section 54.1-2400(10) of the Code, Ms. Rudinas may, not later than 5:00 p.m., on July 16, 2013, notify Jay P. Douglas, R.N., M.S.M., C.S.A.C., Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

FOR THE BOARD

Jay P. Douglas, R.N., M.S.M., C.S.A.C.

Executive Director

Virginia Board of Nursing

ENTERED: June 13, 2013

This Order shall become final on July 16, 2013, unless a request for a formal administrative hearing is received as described above.

Certified True Copy

Virginia Board of Nursing