



COMMONWEALTH of VIRGINIA

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Director

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NOTICE OF INFORMAL CONFERENCE BEFORE AN AGENCY SUBORDINATE

March 27, 2009

Deborah Barrack, R.N.
4223 Round Hill Road
Chesterfield, Virginia 23832

CERTIFIED MAIL
71603901984534246411

RE: VA License: 0001-172807
Expiration Date: February 28, 2011

Dear Ms. Barrack:

This letter is official notification that an informal conference of the Virginia Board of Nursing ("Board") will be held on **April 22, 2009, at 2:00 p.m.**, at the Department of Health Professions, Perimeter Center, 9960 Mayland Drive, Suite 201, Richmond, Virginia. In accordance with §§ 2.2-4019, 2.2-4021, and 54.1-2400(10) of the Code of Virginia (1950), as amended ("Code"), this informal conference will be held before an agency subordinate of the Board of Nursing. This informal conference will be convened as a public meeting pursuant to § 2.2-3700 *et seq.* of the Code. The agency subordinate will inquire into allegations that you may have violated certain laws and regulations governing the practice of professional nursing in Virginia and evidence that you may be in violation of an Order of the Board entered January 30, 2001 ("Board's Order"), which granted your application for licensure subject to certain terms and conditions.

Specifically:

1. You may be in violation of Term No. 1 of the Board's Order entered January 30, 2001, which required you to comply with all terms and conditions of the Health Practitioners' Intervention Program ("HPIP") contract for the period specified. As noted below, you failed to comply with said terms and were dismissed by the HPIP.

2. You may be in violation of § 54.1-3007(6) of the Code in that you have significant drug and alcohol problems, as evidenced by the following:

a. On or about August 3, 2007, you were dismissed from the HPIP for continued use of alcohol and controlled substances, noncompliance with recommended treatment, and subversion of the monitoring process. It had been recommended that you enter a long-term, residential, substance abuse treatment program, by the staff of a short – term, residential rehabilitation facility, as you had not made adequate progress in its 30 - day program, but you refused to follow that recommendation.

b. In or about May 2007, you relapsed, testing positive for morphine. By your own admission, a family member gave you two Percocet (oxycodone, Schedule II) and an entire bottle of MS Contin (morphine sulphate, Schedule II) from which you took seven or eight pills. This was your third relapse while in HPIP as you had relapsed previously in 2004, and in March 2006. On each of the previous occasions, HPIP extended the term of your contract.

In its deliberations, the agency subordinate may use the Sanction Reference Points System, as contained in the Sanction Reference Manual. The manual, which is a guidance document of the Board, may be accessed at <http://www.dhp.virginia.gov/nursing>. Please click on *Guidance Documents*, then select #90-7. You may also request a paper copy from the Board office by calling (804) 367-4515.

After consideration of all information, the agency subordinate may:

- If the agency subordinate finds that there is insufficient evidence to warrant further action or that the charges are without foundation, notify you by mail that your record has been cleared of any charge which might affect your right to practice nursing in the Commonwealth;
- Recommend findings of fact, conclusions of law and a sanction, to include a reprimand, placing you on probation with terms, suspension or revocation of your license, or imposing a monetary penalty pursuant to § 54.1-2401 of the Code.

Further, the agency subordinate may refer this matter for a formal administrative proceeding pursuant to § 2.2-4020 of the Code.

Board's Review of Agency Subordinate's Recommended Decision

If you **appear in person or by counsel at the informal conference**, the recommendation of the agency subordinate will be presented to a quorum of the Board. The Board may accept or modify the recommendation, or reject the recommendation and move the case to formal hearing. If you do not agree with the decision of the Board, you have the right to a formal administrative hearing before the Board.

If you **fail to appear in person or by counsel at the informal conference**, the recommendation of the agency subordinate will be presented to a quorum of the Board. The Board may accept or modify the recommendation, or reject the recommendation. The Board's decision regarding the agency subordinate's recommendation is a final order that can only be appealed to circuit court as provided by Rule 2A:2 of the Supreme Court of Virginia.

You have the right to information that will be relied upon by the agency subordinate in making a decision. Therefore, I enclose a copy of the documents that will be distributed to the agency subordinate, and will be considered when discussing the allegations with you and when deliberating upon your case. **These documents are enclosed only with the original notice sent by certified mail, which you may be required to claim at the post office. Please bring these documents with you to the informal conference.**

To facilitate this proceeding, you should submit five copies of any documents you wish the agency subordinate to consider to the Board of Nursing, Perimeter Center, 9960 Mayland Drive, Suite 300, Richmond, VA 23233, by April 15, 2009. Your documents may not be submitted by facsimile or email.

You may be represented by an attorney at the informal conference. If you obtain counsel, you should do so as soon as possible, because absent good cause to support a request for a continuance, the informal conference will be held on April 22, 2009. A request to continue this proceeding must state **in detail** the reason for the request and must establish good cause. Such request must be made, in writing, to me at the address listed on this letter and must be received by 12 noon on April 15, 2009. Only one such motion will be considered. Absent critical circumstances, such as personal or family illness, a request for a continuance after April 15, 2009 will not be considered.

Relevant sections of the Administrative Process Act, which govern proceedings of this nature, as well as laws relating to the practice of nursing and other healing arts in Virginia cited in this notice can be found on the Internet at <http://leg1.state.va.us>. To access this information, please click on the *Code of Virginia* for statutes and *Virginia Administrative Code* for regulations.

Please advise the Board, in writing, of your intention to be present. If you have any questions regarding this notice, please contact this office at (804) 367-4576.

Sincerely,



Gloria D. Mitchell, R.N., M.S.N., M.B.A.
Deputy Executive Director, Discipline

Enclosures

cc: Sandra Whitley Ryals, Director, Department of Health Professions
Anne G. Joseph, Deputy Director, Administrative Proceedings Division
Cynthia E. Gaines, Adjudication Specialist
Jenifer Challis, Senior Investigator (Case no. 115150)
Agency Subordinate
Peggy Wood, Intervention Program Manager