



COMMONWEALTH of VIRGINIA

David E. Brown, D.C.
Director

Department of Health Professions

Perimeter Center
9960 Mayland Drive, Suite 300
Henrico, Virginia 23233-1463

www.dhp.virginia.gov
TEL (804) 367- 4400
FAX (804) 527- 4475

Virginia Board of Nursing
Jay P. Douglas, MSM, RN, CSAC, FRE
Executive Director

Board of Nursing (804) 367-4515
Nurse Aide Registry (804) 367-4569
FAX (804) 527-4455

NOTICE OF INFORMAL CONFERENCE

March 3, 2015

Kristen Edenfield, R.N. Reinstatement Applicant
601 Hillpoint Blvd., Apt. 221
Suffolk, Virginia, 23434

CERTIFIED MAIL
9414 7266 9904 2003 2619 71

Re: VA License No. 0001-213922
Suspension Date: July 17, 2013

Dear Ms. Edenfield:

This is official notification that an informal conference will be held pursuant to §§ 2.2-4019, 2.2-4021, and 54.1-2400(10) of the Code of Virginia (1950), as amended ("Code"), on **April 1, 2015 at 10:30 a.m.**, at the Department of Health Professions, Perimeter Center, 9960 Mayland Drive, Suite 201, Henrico, Virginia 23233. You may be represented by an attorney at the conference. This informal conference will be convened as a public meeting pursuant to § 2.2-3700 *et seq.* of the Code.

The Special Conference Committee ("Committee"), which is comprised of at least two members of the Virginia Board of Nursing ("Board"), will receive and act upon your application for the reinstatement of your license to practice professional nursing in the Commonwealth of Virginia, which was suspended by an Order of the Board entered July 17, 2013, and will inquire into evidence that grounds may exist to deny your application.

Specifically, you may have violated §54.1-3007(6) of the Code in that you may be unsafe to practice nursing due to substance abuse, mental illness and/or physical illness, as evidenced by the following:

1. On or about February 26, 2013, you were admitted to Sentara Obici Hospital, Suffolk, Virginia, for treatment of chronic insomnia and mood stabilization. On or about February 28, 2013, you left "against medical advice," although an evaluation by the Western Tidewater Community Services Board indicated support for a Temporary Detention Order.

2. On or about September 1, 2013, you were admitted to Riverside Behavioral Health Center, Hampton, Virginia, for suicidal ideations. Your treatment records from a discharge appointment on September 5, 2013, with Hampton-Newport News, Community Services Board ("CSB"), Hampton, Virginia, indicated that you had a plan to carry out your intent.

3. Since November, 2013, you have received counseling services at Southside Counseling Center, L.L.C., Suffolk, Virginia, for bipolar disorder and alcohol abuse. As recently as November, 2014, your progress notes indicated that you were experiencing problems with sleep and feelings of depression.

4. Since December, 2012, you have received treatment from the CSB and Pierre Golpira, M.D. As of May, 2014, your client progress notes indicate that you are suffering from bipolar affective disorder (in remission), alcohol dependence (in remission), sedative/anxiolytic dependence (in remission), borderline personality disorder, nicotine dependence and an eating disorder.

5. Between October 2013 and October 2014, you were prescribed Ambien, Lortab, Ativan, oxymorphone, Dilaudid and Klonopin. Additionally, by your own admission you are currently prescribed Cymbalta, Abilify and Ambien.

6. Since November, 2012, you have been receiving disability benefits due to your mental illness. By your own admission, you were diagnosed with bipolar disorder in 2001 and have been a recovering alcoholic since 2001.

The burden rests on you to demonstrate that you are prepared to resume the safe and competent practice of professional nursing.

Since the allegations listed above involve impairment, please be advised that you may make application to the Health Practitioners' Monitoring Program ("HPMP"), which is available to all health care practitioners licensed in Virginia. Information about the HPMP is enclosed. Should you enter into a written agreement with the HPMP prior to your informal conference, the Committee will take that into consideration when deciding your case.

After the informal conference, the Committee is authorized by § 54.1-2400(10) of the Code to take any of the following actions:

- The Committee may reinstate your license to practice professional nursing in the Commonwealth without restriction;
- The Committee may reinstate your license and place you on probation for such time as it may designate and subject to such terms and conditions as it may deem appropriate, reprimand you, or impose a monetary penalty;
- The Committee may deny your application for reinstatement of your license.

Further, the Committee may refer the case to the Board of Nursing or a panel thereof for a formal hearing.

If you fail to appear at the informal conference, the Committee may proceed to hear the case in your absence and may take any of the actions outlined above. At least ten days prior to the scheduled date of the conference, please inform this office at (804) 367-4515, or in writing at the address listed above, of your telephone number and whether you intend to appear at the informal conference.

Kristen Edenfield, R.N. Reinstatement Applicant

To facilitate this proceeding, you should submit five copies of any documents you wish the Committee to consider to the Department of Health Professions, Board of Nursing, Perimeter Center, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, by March 25, 2015. Your documents may not be submitted by facsimile or email.

You have the right to the information on which the Board will rely in making its decision. Therefore, I have enclosed a copy of the documents that will be distributed to the members of the Committee and will be considered by the Committee when discussing any allegations with you and when deliberating on your case. **These documents are enclosed only with the original notice sent by certified mail, which you may be required to claim at the post office. Please bring these documents with you to the informal conference.**

Relevant sections of the Administrative Process Act, which govern proceedings of this nature, as well as laws relating to the practice of nursing and other healing arts in Virginia cited in this notice, can be found on the Internet at <http://leg1.state.va.us>. To access this information, please click on the *Code of Virginia* for statutes and *Virginia Administrative Code* for regulations.

Sincerely,



Brenda Krohn, R.N., M.S.
Deputy Executive Director

BK/lba

Enclosures

cc: Anne G. Joseph, Deputy Director, Administrative Proceedings Division
Special Conference Committee Members
Wendy Deaner, Adjudication Specialist
Joyce Shelton-Jones, Senior Investigator (Case No. 160169)
Peggy Wood, Monitoring Program Coordinator