

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE: KRISTEN EDENFIELD, R.N. REINSTATEMENT APPLICANT
License No.: 0001-213922

ORDER

Pursuant to §§ 2.2-4019, 2.2-4021, and 54.1-2400(10) of the Code of Virginia (1950), as amended (“Code”), a Special Conference Committee (“Committee”) of the Virginia Board of Nursing (“Board”) met on June 2, 2015, in Henrico County, Virginia, to receive and act upon Kristen Edenfield’s application for reinstatement of her license to practice professional nursing in Virginia and to inquire into evidence that Ms. Edenfield may have violated certain laws and regulations governing professional nursing practice. Ms. Edenfield was present and was not represented by counsel.

Upon consideration of the evidence, the Committee adopts the following Findings of Fact and Conclusions of Law.

FINDINGS OF FACT

1. Kristen Edenfield, R.N., was issued License No. 0001-213922 to practice professional nursing in the Commonwealth of Virginia on July 10, 2008. Said license was suspended by Order of the Board entered on July 17, 2013. Ms. Edenfield’s primary state of residence is Virginia.
2. By letter dated March 3, 2015, the Board of Nursing sent a Notice of Informal Conference (“Notice”) to Ms. Edenfield notifying her that an informal conference would be held on April 1, 2015. The Notice was sent by certified and first class mail to 601 Hillpoint Blvd., Apt. 221, Suffolk, Virginia, 23434, the address of record on file with the Board of Nursing. On March 31, 2015, the informal conference was continued to June 2, 2015.
3. Ms. Edenfield submitted an application for reinstatement of her license to practice professional nursing, which was received by the Board on November 5, 2014.

4. On February 26, 2013, Ms. Edenfield was admitted to Sentara Obici Hospital, Suffolk, Virginia, for treatment of chronic insomnia and mood stabilization. On February 28, 2013, she left the hospital against medical advice although an evaluation by the Western Tidewater Community Services Board indicated support for a temporary detention order.

5. On September 1, 2013, Ms. Edenfield was admitted to Riverside Behavioral Health Center, Hampton, for suicidal ideations. Her treatment records from a discharge appointment on September 5, 2013, with Hampton-Newport News CSB, Hampton, Virginia indicate that she had a plan to carry out that intent.

6. Since November 2013, Ms. Edenfield has received counseling services at Southside Counseling Center, LLC, Suffolk, Virginia, for bipolar disorder and alcohol abuse. As recently as November 2014, her progress notes indicate that she was experiencing problems with sleep and feelings of depression.

7. Since December 2012, Ms. Edenfield has received treatment from CSB and Pierre Golpira, M.D. As of May 2014, her progress notes indicate she is suffering from bipolar affective disorder (in remission), alcohol dependence (in remission), sedative/anxiolytic dependence (in remission), borderline personality disorder, nicotine dependence and an eating disorder.

8. Between October 2013, and October 2014, Ms. Edenfield was prescribed Ambien, Lortab, Ativan, oxymorphone, Dilaudid, and Klonopin. Additionally, by her own admission, she is currently prescribed Cymbalta, Abilify, and Ambien.

9. Since November 2012, Ms. Edenfield has been receiving disability benefits due to her mental illness. By her own admission she was diagnosed with bipolar disorder in 2001 and has been a recovering alcoholic since 2001. Ms. Edenfield testified that her sobriety date is November 13, 2009.

10. Ms. Edenfield stated that she was unwilling to participate in any mental health or substance abuse monitoring program in which she would incur any financial cost.

11. Ms. Edenfield stated that she was not interested in working in hospital setting. She was interested in home health care.

12. Ms. Edenfield stated that she attends Alcoholics Anonymous meetings daily. She testified that her sponsor is her support system.

CONCLUSIONS OF LAW

1. Findings of Fact Nos. 4 through 9 constitute a violation of § 54.1-3007(6) of the Code.
2. The Board concludes that Ms. Edenfield has not demonstrated satisfactory evidence that she is prepared to resume practice in a safe and competent manner.

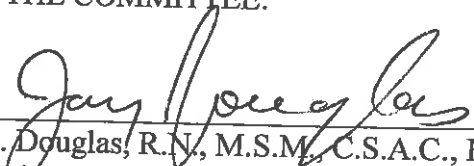
ORDER

On the basis of the foregoing, the Committee hereby ORDERS that the application of Kristen Edenfield for reinstatement of her license to practice professional nursing is hereby DENIED.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying on request.

Pursuant to Section 54.1-2400(10) of the Code, Ms. Edenfield may, not later than 5:00 p.m., on **July 21, 2015**, notify Jay P. Douglas, Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

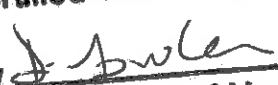
FOR THE COMMITTEE:



Jay P. Douglas, R.N., M.S.M., C.S.A.C., F.R.E.
Executive Director, Virginia Board of Nursing

ENTERED: June 18th, 2015

This Order shall become final on **July 21, 2015**, unless a request for a formal administrative hearing is received as described above.

Certified True Copy
By 

Virginia Board of Nursing