

**VIRGINIA:**

**BEFORE THE BOARD OF NURSING**

**IN RE:        LESA A. SHOUP, R.N. REINSTATEMENT APPLICANT**  
**License No.: 0001-134166**

**NOTICE OF HEARING**

Pursuant to §§ 2.2-4020, 2.2-4024(F), and 54.1-2400(11) of the Code of Virginia (1950), as amended (“Code”), Lesa A. Shoup, who, prior to its suspension by the Virginia Department of Health Professions on January 26, 2011, held License No. 0001-134166 to practice professional nursing in Virginia, is hereby given notice that a formal administrative hearing will be held in the presence of a panel of the Board of Nursing. The hearing will be held on September 16, 2013, at 1:30 p.m., at the offices of the Department of Health Professions, Board of Nursing, Perimeter Center, 9960 Mayland Drive, Suite 201, Henrico, Virginia 23233, at which time Ms. Shoup will be afforded the opportunity to be heard in person or by counsel.

At the hearing, Ms. Shoup has the following rights, among others: the right to representation by counsel; the right to have witnesses subpoenaed and to present witnesses on her behalf; the right to present documentary evidence; and the right to cross-examine adverse witnesses. If Ms. Shoup desires any witnesses to appear on her behalf, she must notify the Director of Administrative Proceedings, Department of Health Professions, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in accordance with the Instructions for Requesting Subpoenas.

The purpose of the hearing is to receive and act upon Lesa A. Shoup’s application for reinstatement of her license to practice professional nursing in Virginia and to inquire into evidence that Ms. Shoup may have violated certain laws and regulations governing nursing practice in Virginia, as more fully set forth in the Statement of Particulars below.

The burden rests upon Ms. Shoup, as the applicant, to demonstrate that she is capable of resuming the safe and competent practice of professional nursing in Virginia.

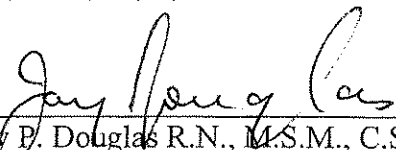
Pursuant to § 54.1-2409 of the Code, reinstatement of Ms. Shoup’s license requires the affirmative vote of three-fourths of the members of the Board in attendance at the hearing.

**STATEMENT OF PARTICULARS**

The Board alleges that:

1. Lesa A. Shoup may have violated § 54.1-3007(4) of the Code in that on or about July 22, 2010, in the Circuit Court of King William County, Virginia, she was convicted of two felony charges of attempted malicious wounding. These convictions formed the basis of the mandatory suspension of her professional nursing license by the Department of Health Professions.
2. Ms. Shoup may have violated § 54.1-3007(6) of the Code in that she may be unable to safely practice nursing due to substance abuse and/or mental illness, as evidenced by the following:
  - a. She was hospitalized on October 15, 2009, following a suicide attempt by ingesting multiple substances including Lantus insulin, Effexor, and Tramadol.
  - b. Her employment with Bon Secours Memorial Regional Medical Center, Mechanicsville, Virginia, was terminated in November 2008 for sleeping on duty. At the time of her termination, there were also indications of impairment.
  - c. She signed a Recovery Monitoring Contract with the Health Practitioners’ Monitoring Program (“HPMP,” formerly, the Health Practitioners’ Intervention Program) on June 1, 2006, in which she “recognize[d] [her] impairment resulting from the use of addicting drugs.” Ms. Shoup was dismissed from the HPMP in December 2010 due to her inability to participate as a result of her incarceration.

FOR THE BOARD

  
Jay P. Douglas R.N., M.S.M., C.S.A.C.  
Executive Director for the  
Board of Nursing

ENTERED: August 21<sup>ST</sup>, 2013