

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE: SAUNDRA L. TROUSLOT, R.N.
License No.: 0001-220846

CONSENT ORDER

The Virginia Board of Nursing ("The Board") and Sandra L. Trouslot, R.N., as evidenced by their signatures affixed below, agree to enter into this Consent Order affecting the license of Ms. Trouslot to practice nursing in the Commonwealth of Virginia.

FINDINGS OF FACT

The Board adopts the following findings of fact in this matter:

1. Sandra L. Trouslot, R.N., was issued License No. 0001-220846 by the Board to practice nursing in the Commonwealth of Virginia on August 14, 2009. The license expired on September 30, 2013, due to non-renewal. Ms. Trouslot's primary state of residence is Virginia.
2. By Order of the Board ("Board's Order") entered February 3, 2011, the Virginia Board of Nursing suspended Ms. Trouslot's license to practice nursing in the Commonwealth of Virginia, with said suspension stayed upon her continued compliance with the terms and conditions and the successful completion of the Health Practitioners' Monitoring Program ("HPMP"). This action was based upon Ms. Trouslot's violation of Section 54.1-3007(6) of the Code in that during the course of her employment with Chesapeake Regional Medical Center, Chesapeake, Virginia ("Chesapeake Regional"), on March 29, 2010, Ms. Trouslot was observed to be impaired while on duty. It was noted that she was disoriented and sweaty, had pin-point pupils with glassy eyes, was slurring her words, walked with an unsteady gait and later collapsed in one of the patient rooms. Ms. Trouslot stated that following back surgery she had been prescribed 120 tablets of Percocet every two weeks and having no

refills left had run out of the medication and as a result, on March 29, 2010, she was not impaired, but was having severe withdrawal symptoms because she had not taken any medication within the prior three days. Further, Ms. Trouslot violated 18 VAC 90-20-300(A)(2)(c) and (e) of the Regulations Governing the Practice of Nursing (“Regulations”) in that, by her own admission, between March 29, 2010 and April 19, 2010, Ms. Trouslot diverted Demerol (meperidine, Schedule II) and Fentanyl (Duragesic, Schedule II) from the pyxis machine using the names of various patients for her own personal and unauthorized use. She documented that she had administered the medication to the patient, when she had not done so.

3. By Default Decision and Order effective on September 24, 2013, the State of California Board of Registered Nursing (“California Board”) revoked the Registered Nurse License issued to Sandra L. Trouslot, R.N. This action was based solely on the Virginia Board’s Order entered February 3, 2011.

6. By Order entered November 20, 2013, the Director of the Department of Health Professions mandatorily suspended the privilege granted to Ms. Trouslot to renew her license to practice nursing in the Commonwealth of Virginia pursuant to Section 54.1-2409 of the Code due to the action of the California Board.

CONCLUSIONS OF LAW

This matter of the reinstatement of Ms. Trouslot’s license to practice nursing in the Commonwealth of Virginia is properly before the Board.

CONSENT

I, Sandra L. Trouslot, R.N., by affixing my signature hereto, acknowledge that:

1. I have been advised specifically to seek the advice of counsel prior to signing this document;

2. I am fully aware that without my consent, no legal action can be taken against me, except pursuant to the Virginia Administrative Process Act, § 2.2-4000.A et seq. of the Code of Virginia;
3. I have the following rights, among others:
 - a. the right to an informal conference before the Board; and
 - b. the right to appear in person or by counsel, or other qualified representative before the agency.
4. I waive all rights to an informal conference;
5. I admit the truth of the above Findings of Fact; and
6. I consent to the following Order affecting my privilege to practice nursing in the Commonwealth of Virginia.

ORDER

WHEREFORE, based on the foregoing Findings of Fact and Conclusions of Law, and with the consent of the licensee, it is hereby ORDERED that the privilege granted to Ms. Trouslot to renew her license to practice nursing in the Commonwealth of Virginia, be, and hereby is, REINSTATED effective November 20, 2013, pursuant to the terms and conditions placed on her as referenced in the Board's Order of February 2, 2011.

Ms. Trouslot shall maintain a course of conduct in her practice of nursing commensurate with the requirements of Title 54.1, Chapter 30 of the Code and all laws of the Commonwealth.

Pursuant to Section 54.1-2400.2 of the Code, the signed original of this Consent Order shall remain in the custody of the Department of Health Professions as a public record and shall be made available for public inspection and copying upon request.

FOR THE BOARD:

Jane Ingalls
Jane R. Ingalls, R.N., Ph. D.
President, Virginia Board of Nursing

ENTERED: November 20, 2013

SEEN AND AGREED TO:

SL Trouslot R.N.
Sandra L. Trouslot, R.N.

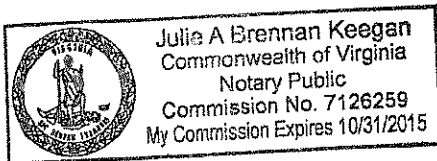
COMMONWEALTH OF VIRGINIA
COUNTY/CITY OF Virginia Beach, TO WIT:

Subscribed and sworn to before me, the undersigned Notary Public, in and for the Commonwealth of Virginia, at large, this 4 day of November, 2013, by Sandra L. Trouslot, R.N.

Julie A Brennan Keegan
Notary Public

Registration Number: 7126259

My commission expires: 10/31/2015



Certified True Copy
By dgraham
Virginia Board of Nursing

VIRGINIA:

BEFORE THE DEPARTMENT OF HEALTH PROFESSIONS

IN RE: SAUNDRA L. TROUSLET, R.N.
License No.: 0001-220846

ORDER

In accordance with Section 54.1-2409 of the Code of Virginia (1950), as amended, ("Code"), I, Dianne L. Reynolds-Cane, M.D., Director of the Virginia Department of Health Professions, received and acted upon evidence that The State of California Board of Registered Nursing revoked the license of Sandra L. Trouslet, R.N., to practice nursing in the State of California by Default Decision and Order effective September 24, 2013. A certified copy of the Default Decision and Order is attached to this Order and is marked as Commonwealth's Exhibit No. 1.

WHEREFORE, by the authority vested in the Director of the Department of Health Professions pursuant to Section 54.1-2409 of the Code, it is hereby ORDERED that the privilege of Sandra L. Trouslet, R.N., to renew her license to practice nursing in the Commonwealth of Virginia be, and hereby is, SUSPENDED.

Pursuant to Sections 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record and shall be made available for public inspection and copying upon request.



Dianne L. Reynolds-Cane, M.D., Director
Department of Health Professions

ENTERED: _____

11-20-13



COMMONWEALTH of VIRGINIA

Dianne L. Reynolds-Cane, M.D.
Director

Department of Health Professions
Perimeter Center
9960 Mayland Drive, Suite 300
Henrico, Virginia 23233-1463

www.dhp.virginia.gov
TEL (804) 367- 4400
FAX (804) 527- 4475

CERTIFICATION OF DUPLICATE RECORDS

I, Dianne L. Reynolds-Cane, M.D., Director of the Department of Health Professions, hereby certify that the attached Default Decision and Order effective September 24, 2013, regarding Sandra L. Trouslot, R.N., are true copies of the records received from the State of California Board of Registered Nursing.

D Reynolds-Cane MD

Dianne L. Reynolds-Cane, M.D.

Date: 11-20-13

I hereby certify the foregoing to be a true copy of the documents on file in our office.

REGISTERED NURSING PROGRAM

Louise R. Bailey, M.Ed., RN
Louise R. Bailey, M. ED., RN



**BEFORE THE
BOARD OF REGISTERED NURSING
DEPARTMENT OF CONSUMER AFFAIRS
STATE OF CALIFORNIA**

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In the Matter of the Accusation Against:

**SANDRA LEANN TROUSLOT
a.k.a. SAUNDRA TROUSLOT
a.k.a. SANDRA LEANN PARKER
PSC 3 Box 7734
APO, AP 96266**

Registered Nurse License No. 560633

RESPONDENT

Case No. 2013-637

DEFAULT DECISION AND ORDER

[Gov. Code, §11520]

FINDINGS OF FACT

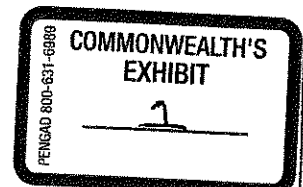
1. On or about February 20, 2013, Complainant Louise R. Bailey, M.Ed.,RN, in her official capacity as the Executive Officer of the Board of Registered Nursing, Department of Consumer Affairs, filed Accusation No. 2013-637 against Sandra Leann Trouslot, aka Saundra Trouslot, aka Sandra Leann Parker (Respondent) before the Board of Registered Nursing. (Accusation attached as Exhibit A.)

2. On or about October 27, 1999, the Board of Registered Nursing (Board) issued Registered Nurse License No. 560633 to Respondent. The Registered Nurse License was in full force and effect at all times relevant to the charges brought herein and expired on October 31, 2009 and has not been renewed.

3. On or about February 20, 2013, Respondent was served by Certified and First Class Mail copies of the Accusation No. 2013-637, Statement to Respondent, Notice of Defense, Request for Discovery, and Government Code sections 11507.5, 11507.6, and 11507.7 to Respondent's address of record which, pursuant to Business and Professions Code section 136 and Title 16, California Code of Regulation, section 1409.1, is required to be reported and maintained with the Board, which was and is:

PSC 3 Box 7734

APO, AP 96266.



1 4. Service of the Accusation was effective as a matter of law under the provisions of
2 Government Code section 11505, subdivision (c) and/or Business & Professions Code section
3 124.

4 5. On or about March 11, 2013, the aforementioned documents were returned by the
5 U.S. Postal Service, marked "Attempted Not Known." The address on the documents was the
6 same as the address on file with the Board. Respondent failed to maintain an updated address with
7 the Board and the Board has made attempts to serve the Respondent at the address on file.
8 Respondent has not made herself, available for service and therefore, has not availed herself of
9 her right to file a notice of defense and appear at hearing.

10 6. Business and Professions Code section 2764 states:

11 The lapsing or suspension of a license by operation of law or by order or decision of
12 the board or a court of law, or the voluntary surrender of a license by a licentiate shall not deprive
13 the board of jurisdiction to proceed with an investigation of or action or disciplinary proceeding
14 against such license, or to render a decision suspending or revoking such license.

15 7. Government Code section 11506 states, in pertinent part:

16 (c) The respondent shall be entitled to a hearing on the merits if the respondent files a
17 notice of defense, and the notice shall be deemed a specific denial of all parts of the accusation
18 not expressly admitted. Failure to file a notice of defense shall constitute a waiver of respondent's
19 right to a hearing, but the agency in its discretion may nevertheless grant a hearing.

20 8. Respondent failed to file a Notice of Defense within 15 days after service of
21 the Accusation upon her, and therefore waived her right to a hearing on the merits of Accusation
22 No. 2013-637.

23 9. California Government Code section 11520 states, in pertinent part:

24 (a) If the respondent either fails to file a notice of defense or to appear at the hearing, the
25 agency may take action based upon the respondent's express admissions or upon other evidence
26 and affidavits may be used as evidence without any notice to respondent.

27 10. Pursuant to its authority under Government Code section 11520, the Board after
28 having reviewed the proof of service dated February 20, 2013, signed by Brent Farrand, and the

1 returned envelopes find Respondent is in default. The Board will take action without further
2 hearing and, based on Accusation No. 2013-637 and the documents contained in Default Decision
3 Investigatory Evidence Packet in this matter which includes:

4 Exhibit 1: Pleadings offered for jurisdictional purposes; Accusation Case No. 2013-
5 637, Statement to Respondent, Notice of Defense (two blank copies),
6 Request for Discovery and Discovery Statutes (Government Code sections
7 11507.5, 11507.6 and 11507.7), proof of service; and if applicable, mail
8 receipt or copy of returned mail envelopes;

9 Exhibit 2: License History Certification for Sandra Leann Trouslot, aka Sandra
10 Trouslot, aka Sandra Leann Parker, Registered Nurse License No. 560633;

11 Exhibit 3: Affidavit of Kami Pratab;

12 Exhibit 4: Out of State Discipline (Virginia Board of Nursing);

13 Exhibit 5: Declaration of costs by Office of the Attorney General for prosecution of
14 Case No. 2013-637.

15 The Board finds that the charges and allegations in Accusation No. 2013-637 are separately and
16 severally true and correct by clear and convincing evidence.

17 11. Taking official notice of Certification of Board Costs and the Declaration of Costs by
18 the Office of the Attorney General contained in the Default Decision Investigatory Evidence
19 Packet, pursuant to the Business and Professions Code section 125.3, it is hereby determined that
20 the reasonable costs for Investigation and Enforcement in connection with the Accusation are
21 \$790.00 as of May 14, 2013.

22 DETERMINATION OF ISSUES

23 1. Based on the foregoing findings of fact, Respondent Sandra Leann Trouslot, aka
24 Sandra Trouslot, aka Sandra Leann Parker has subjected her following license(s) to discipline:

25 a. Registered Nurse License No. 560633

26 2. The agency has jurisdiction to adjudicate this case by default.
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3. The Board of Registered Nursing is authorized to revoke Respondent's license(s) based upon the following violations alleged in the Accusation, which are supported by the evidence contained in the Default Decision Investigatory Evidence Packet in this case.

a. Violation of Business and Professions Code section 2761(a)(4) - Disciplinary action by another State Board of Nursing.

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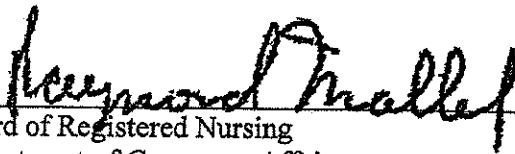
ORDER

IT IS SO ORDERED that Registered Nurse License No. 560633, heretofore issued to Respondent Sandra Leann Trouslot, aka Saundra Trouslot, aka Sandra Leann Parker, is revoked.

Pursuant to Government Code section 11520, subdivision (c), Respondent may serve a written motion requesting that the Decision be vacated and stating the grounds relied on within seven (7) days after service of the Decision on Respondent. The agency in its discretion may vacate the Decision and grant a hearing on a showing of good cause, as defined in the statute.

This Decision shall become effective on SEPTEMBER 24, 2013.

It is so ORDERED AUGUST 25, 2013.



Board of Registered Nursing
Department of Consumer Affairs
State of California

Attachment:

Exhibit A: Accusation No. 2013-637

Exhibit A

Accusation No. 2013-637

1 KAMALA D. HARRIS
Attorney General of California
2 JANICE K. LACHMAN
Supervising Deputy Attorney General
3 ELENA L. ALMANZO
Deputy Attorney General
4 State Bar No. 131058
1300 I Street, Suite 125
5 P.O. Box 944255
Sacramento, CA 94244-2550
6 Telephone: (916) 322-5524
Facsimile: (916) 327-8643
7 Attorneys for Complainant

8 **BEFORE THE**
9 **BOARD OF REGISTERED NURSING**
10 **DEPARTMENT OF CONSUMER AFFAIRS**
11 **STATE OF CALIFORNIA**

11 In the Matter of the Accusation Against:
12 **SANDRA LEANN TROUSLOT, AKA**
13 **SAUNDRA TROUSLOT, AKA**
14 **SANDRA LEANN PARKER**
PSC 3 Box 7734
APO, AP 96266
15 **Registered Nurse License No. 560633**
16 Respondent.

Case No. 2013-637
ACCUSATION

18 Louise R. Bailey, M.Ed., R.N. ("Complainant") alleges:

19 **PARTIES**

20 1. Complainant brings this Accusation solely in her official capacity as the Executive
21 Officer of the Board of Registered Nursing ("Board"), Department of Consumer Affairs.

22 **Registered Nurse License**

23 2. On or about October 27, 1999, the Board issued Registered Nurse License
24 Number 560633 to Sandra Leann Trousnot, also known as Saundra Trousnot, and Sandra Leann
25 Parker ("Respondent"). The Registered Nurse License expired on October 31, 2009, and has not
26 been renewed.

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1 JURISDICTION

2 3. Business and Professions Code ("Code") section 2750 provides, in pertinent part, that
3 the Board may discipline any licensee, including a licensee holding a temporary or an inactive
4 license, for any reason provided in Article 3 (commencing with Code section 2750) of the
5 Nursing Practice Act.

6 4. Code section 118, subdivision (b), provides, in pertinent part, that the expiration of a
7 license shall not deprive the Board of jurisdiction to proceed with a disciplinary action during the
8 period within which the license may be renewed, restored, reissued, or reinstated.

9 5. Code section 2764 provides, in pertinent part, that the expiration of a license shall not
10 deprive the Board of jurisdiction to proceed with a disciplinary proceeding against the licensee or
11 to render a decision imposing discipline on the license.

12 STATUTORY PROVISIONS

13 6. Code section 2761 states, in pertinent part:

14 The board may take disciplinary action against a certified or licensed nurse or
15 deny an application for a certificate or license for any of the following:

16 (a) Unprofessional conduct, which includes, but is not limited to, the
17 following:

18 (4) Denial of licensure, revocation, suspension, restriction, or any other
19 disciplinary action against a health care professional license or certificate by another
20 state or territory of the United States, by any other government agency, or by another
21 California health care professional licensing board. A certified copy of the decision
22 or judgment shall be conclusive evidence of that action.

20 COST RECOVERY

21 7. Code section 125.3 provides, in pertinent part, that the Board may request the
22 administrative law judge to direct a licentiate found to have committed a violation or violations of
23 the licensing act to pay a sum not to exceed the reasonable costs of the investigation and
24 enforcement of the case, with failure of the licentiate to comply subjecting the license to not being
25 renewed or reinstated. If a case settles, recovery of investigation and enforcement costs may be
26 included in a stipulated settlement.

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1 **CAUSE FOR DISCIPLINE**

2 **(Out-of-State Discipline)**

3 8. Respondent is subject to discipline pursuant to Code section 2761, subdivision (a)(4),
4 on the grounds of unprofessional conduct, in that effective February 3, 2011, the Virginia Board
5 of Nursing entered an *Order* (attached hereto and incorporated herein as **Exhibit A**) in a
6 disciplinary action entitled *In Re: Sandra Trouslot, R.N.*, indefinitely suspending License
7 No. 0001-220846, issued to Respondent to practice as a professional nurse in the State of
8 Virginia. The suspension was stayed pending Respondent's compliance with terms and
9 conditions, including successful completion of Virginia Board's Health Practitioners' Monitoring
10 Program. The disciplinary action was based on Respondent's unprofessional conduct, a drug
11 addiction that rendered her unsafe to practice her profession, and practicing in a manner contrary
12 to ethical standards or in a manner that endangered the health and welfare of patients or the
13 public. Specifically, on or about March 29, 2010, while working as a registered nurse at the
14 Chesapeake Regional Medical Center ("CRMC") in Chesapeake, Virginia, according to
15 Respondent, she became violently ill and sat down on the floor due to her withdrawal from a
16 Percocet addiction. On or about April 2, 2010, Respondent offered CRMC false documentation of
17 a molar pregnancy to explain her March 29, 2010, behavior. Respondent admitted to being
18 addicted to Demerol and Fentanyl. Between on or about March 29, 2010, and April 19, 2010,
19 while working as a registered nurse at CRMC, Respondent used the names of various patients to
20 divert Demerol and Fentanyl for her own personal use. She then documented that she
21 administered the medications to patients, although she had not done so. Respondent admitted to
22 taking the medication before reporting to work on at least two occasions.

23 **PRAYER**

24 **WHEREFORE**, Complainant requests that a hearing be held on the matters herein alleged,
25 and that following the hearing, the Board of Registered Nursing issue a decision:

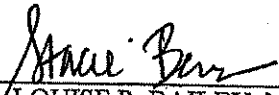
26 1. Revoking or suspending Registered Nurse License Number 560633, issued to Sandra
27 Leann Trouslot, also known as Sandra Trouslot, and Sandra Leann Parker;

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2. Ordering Sandra Leann Trouslot, also known as Saundra Trouslot, and Sandra Leann Parker, to pay the Board of Registered Nursing the reasonable costs of the investigation and enforcement of this case, pursuant to Business and Professions Code section 125.3; and,
3. Taking such other and further action as deemed necessary and proper.

DATED: FEBRUARY 20, 2013


/s/ LOUISE R. BAILEY, M.ED., R.N.
Executive Officer
Board of Registered Nursing
State of California
Complainant

SA2012108193
11010349.doc

EXHIBIT A
Order Eff. February 3, 2011
In Re: Sandra Trouslot, R.N.
Virginia Board of Nursing

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE:

SAUNDRA TROUSLOT, R.N.

ORDER

In accordance with §§ 2.2-4019, 2.2-4021 and 54.1-2400(10) of the Code of Virginia (1950), as amended ("Code"), an informal conference was conducted on behalf of the Board of Nursing ("Board") on December 2, 2010, in Henrico County, Virginia. Sandra Trouslot, R.N., was present and was not represented by legal counsel. Jane Elliott, R.N., Ph.D., serving as Agency Subordinate for the Board, submitted a Recommended Decision for consideration.

On January 26, 2011, a quorum of the Board met to receive and act upon the Recommended Decision of the Agency Subordinate. Ms. Trouslot was not present nor was she represented by legal counsel.

Based upon its review of the Recommended Decision of the Agency Subordinate, the Board makes the following Findings of Fact and Conclusions of Law and issues the following Order.

FINDINGS OF FACT

1. Sandra Trouslot, R.N., was issued License No. 0001-220846 to practice as a professional nurse in Virginia on August 14, 2009. The license is current and is scheduled to expire on September 30, 2011. Her primary state of residence is Virginia. Ms. Trouslot was previously licensed as a registered nurse in Colorado and California. According to Ms. Trouslot, these licenses expired in good standing.

2. By letter dated November 9, 2010, the Board of Nursing sent a Notice of Informal Conference ("Notice") to Ms. Trouslot notifying her that an informal conference would be held on December 2, 2010. The Notice was sent by certified and first class mail to 808 Walnut Forest Ct.,

Chesapeake, Virginia 23322, the address of record on file with the Board of Nursing.

3. On March 29, 2010, during the course of her employment with Chesapeake Regional Medical Center, Chesapeake, Virginia ("Chesapeake Regional"), Ms. Trouslot was observed to be impaired while on duty. More specifically, she was disoriented and sweaty. It was also noted that she had pin-point pupils with glassy eyes, was slurring her words, and walked with an unsteady gait. Ms. Trouslot later collapsed in one of the patient rooms. At the informal conference, Ms. Trouslot reported that she suffered from chronic back pain resulting from a fall down a flight of stairs while she was living in Korea in November, 2008. She reported that there was no neurosurgeon in Korea, so, her pain was managed with Percocet. Upon returning to the United States Ms. Trouslot had back surgery in September, 2009, with some complications, and also received 120 tablets of Percocet every two weeks. According to Ms. Trouslot, she ran out of medication, and had no remaining refills. She stated that she was not impaired on March 29, 2010, as referenced above, but was in fact having severe withdrawal symptoms because she had not had any medication within the prior three days. Ms. Trouslot reported that on that day, she was violently ill, was vomiting, and that she did sit down on the floor.

4. By her own admission, on April 2, 2010, Ms. Trouslot submitted false documentation of a molar pregnancy to the clinical coordinator of Chesapeake Regional as the reason for her behavior on March 29, 2010. She used this condition as an excuse because she did not know how to tell her supervisor that she was experiencing withdrawal symptoms.

5. By her own admission, between March 29, 2010, and April 19, 2010, during the course of her employment with Chesapeake Regional, Ms. Trouslot diverted Demerol (meperidine, Schedule II) and Fentanyl (Duragesic, Schedule II) from the pyxis machine using the names of various patients for her own personal and unauthorized use. In at least one of those instances, she documented that she administered the medication to the patient, when she had not done so. She did not take the medication

while on duty, but on at least two occasions, she did take medication before reporting to work. As a result, her employment was terminated on April 21, 2010.

6. Ms. Trouslet stated that she began diverting the medication after she ran out of her prescribed Percocet, which was no longer effectively treating her pain, and she began to experience withdrawal symptoms from not taking the Percocet. She reported that at some point, she stopped treating her pain and became addicted to Demerol and Fentanyl. She further stated that she never deprived a patient of pain medication and there is no documentation of patient harm resulting from her diversion.

7. Ms. Trouslet has diagnoses of alcohol and opiate abuse. She completed inpatient treatment for opioid addiction at Twelve Oaks in Florida from April 24, 2010, to May 14, 2010. Her reported sobriety date is April 18, 2010. She indicated that she attends NA meetings five times per week, and that she has a sponsor with whom she is actively working the 12-step program. She also stated that she currently goes to counseling once a week, and that the frequency of her counseling sessions would soon change to once every two weeks. Her current medications are Effexor and Celebrex.

8. Ms. Trouslet signed a participation contract with the Health Practitioners' Monitoring Program ("HPMP") on May 6, 2010, and signed a recovery monitoring contract on May 24, 2010. However, she was dismissed from the program on August 3, 2010, by her own request due to her inability to afford the program. At the informal conference, Ms. Trouslet expressed a willingness to reenter the program, and stated that she now had financial help to assist her with the costs associated with participation in the program.

CONCLUSIONS OF LAW

1. Finding of Fact No. 3 constitutes a violation § 54.1-3007(5) and (6) of the Code.
2. Finding of Fact No. 4 constitutes a violation of § 54.1-3007(2) and (5) of the Code and 18 VAC 90-20-300(A)(2)(e) of the Regulations Governing the Practice of Nursing (“Regulations”).
3. Finding of Fact No. 5 constitutes a violation of § 54.1-3007(2), (3), (5), and (6) of the Code and 18 VAC 90-20-300(A)(2)(c) and (e) of the Regulations.
4. Finding of Fact No. 7 constitutes a violation of § 54.1-3007(6) of the Code.

ORDER

WHEREFORE, it is hereby ORDERED as follows:

1. License No. 0001-220846 of Sandra Trouslot, R.N., is INDEFINITELY SUSPENDED.
2. The license will be recorded as suspended and no longer current.
3. At such time as Ms. Trouslot shall petition the Board for reinstatement of her license, an administrative proceeding will be convened to determine whether she is capable of resuming the safe and competent practice of nursing. Ms. Trouslot shall be responsible for any fees that may be required for the reinstatement and renewal of the license prior to issuance of the license to resume practice.
4. This suspension applies to any multistate privilege to practice nursing.
5. This suspension shall be STAYED upon proof of re-entry into the Health Practitioners’ Monitoring Program (“HPMP”) pursuant to Chapter 25.1 of Title 54.1 of the Code and 18 VAC 76-10-10 *et seq.* of the Regulations Governing the HPMP. At such time, the indefinite suspension shall be STAYED and the following terms and conditions shall apply:
 - a. Ms. Trouslot shall comply with all terms and conditions for the period specified by the HPMP.
 - b. Any violation of the terms and conditions stated in this Order shall be reason for

summarily rescinding the stay of indefinite suspension of the license of Ms. Trouslot, and an administrative proceeding shall be held to determine whether her license shall be revoked. The stay of indefinite suspension may be summarily rescinded at such time the Board is notified that:

i. Ms. Trouslot is not in compliance with the terms and conditions specified by the HPMP;

ii. Ms. Trouslot's participation in the HPMP has been terminated;

iii. There is a pending investigation or unresolved allegation against Ms. Trouslot involving a violation of law, regulation, or any term or condition of this order.

6. Upon receipt of evidence of Ms. Trouslot's participation and successful completion of the HPMP, the Board, at its discretion, may waive Ms. Trouslot's appearance before a Committee and conduct an administrative review of this matter, at which time she may be issued an unrestricted license.

7. This Order is applicable to Ms. Trouslot's multistate licensure privileges, if any, to practice nursing in the Commonwealth of Virginia. For the duration of this Order, Ms. Trouslot shall not work outside of the Commonwealth of Virginia pursuant to a multistate licensure privilege without the written permission of the Virginia Board of Nursing and the Board of Nursing in the party state where she wishes to work. Any requests for out of state employment should be directed, in writing, to the Executive Director of the Board.

This Order is subject to appeal to the Board. If Ms. Trouslot desires a formal administrative hearing before the Board pursuant to §§ 2.2-4020 and 2.2-4021 of the Code, she must notify Jay P. Douglas, R.N., M.S.M., C.S.A.C., Executive Director, Board of Nursing, Perimeter Center, 9960 Mayland Drive, Suite 300, Richmond, Virginia 23233, in writing, within thirty-three (33) days from the date of service of this Order. Upon the filing of a request for the hearing with the Executive Director,

Order -- Sandra Trouslot, R.N.
Page 6 of 6

this Order shall be vacated.

Pursuant to § 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

FOR THE BOARD

Alicia Mitchell

for Jay P. Douglas, R.N., M.S.M., C.S.A.C.
Executive Director
Virginia Board of Nursing

Entered: February 3, 2011