

**VIRGINIA:**

**BEFORE THE BOARD OF NURSING**

**IN RE: KAREN LIND, R.N.  
License No.: 0001-074737**

**ORDER**

In accordance with §§ 2.2-4019, 2.2-4021, and 54.1-2400(10) of the Code of Virginia (1950), as amended ("Code"), an informal conference was conducted on behalf of the Board of Nursing ("Board") on October 16, 2013, in Henrico County, Virginia. Karen Lind, R.N., was present and was not represented by legal counsel. Janet B. Younger, Ph.D., R.N., P.N.P., serving as Agency Subordinate for the Board, submitted a Recommended Decision for consideration.

On November 19, 2013, a quorum of the Board met to receive and act upon the Recommended Decision of the Agency Subordinate. Ms. Lind was not present nor was she represented by legal counsel.

Based upon its review of the Recommended Decision of the Agency Subordinate, the Board makes the following Findings of Fact and Conclusions of Law and issues the following Order.

**FINDINGS OF FACT**

1. Karen Lind, R.N., was issued License No. 0001-074737 to practice professional nursing in Virginia on September 4, 1979. In accordance with the Nurse Licensure Compact Act, Ms. Lind's license expired on November 9, 2012, subsequent to her relocation to North Carolina, her primary state of residence. Ms. Lind holds License No. RN965598 to practice professional nursing in the District of Columbia, which expired on June 30, 2002, and License No. RN9171899 to practice in the State of Florida, which expired on July 31, 2002. By Order of the Board entered April 2, 2010, Ms. Lind was placed on probation with terms and conditions due to findings that she withdrew medications and failed to document administration, that she was taking various pain medications, and that she was being treated for depression.

2. By letter dated September 13, 2013, the Board of Nursing sent a Notice of Informal Conference ("Notice") to Ms. Lind notifying her that an informal conference would be held on October 16, 2013. The Notice

was sent by certified and first class mail to 403 Crabberry Lane, Raleigh, North Carolina 27609, the address of record on file with the Board of Nursing.

3. Ms. Lind failed to submit quarterly progress reports from her therapist that were due June 20, September 30, and December 31, 2012, and March 31, 2013. She also failed to submit the report due March 31, 2012, in a timely manner.

4. At the informal conference, Ms. Lind reported that she was not in therapy during the above-referenced dates; however, she is currently seeing a therapist every one to two months.

5. On May 31, 2013, during an interview with a compliance manager from the Department of Health Professions, Ms. Lind reported that she has been diagnosed with severe arthritis and that she has chronic insomnia. Ms. Lind also stated that she cannot work as a nurse again and is receiving disability.

6. At the informal conference, Ms. Lind reported that she has post traumatic stress disorder, which prohibits her from working. She is currently prescribed Hydrocodone, Fentanyl (which she stopped taking in mid-September 2013), Ibuprofen, Klonopin, Prozac, Ambien, Trazadone, and Flexeril. Ms. Lind also reported that she has signed a pain management contract.

7. On September 27, 2013, the Board received a letter from Fellowship Health Resources, Raleigh, North Carolina, confirming that Ms. Lind completed a comprehensive assessment on October 19, 2012, and was referred to the Behavioral Outpatient Program for therapy and medication management services. She has been compliant with her appointments and was last seen on September 25, 2013.

8. Ms. Lind reported that she has no plans to return to Virginia and that she has not applied for licensure in North Carolina. Ms. Lind has submitted all of her self-reports on time, with the last report being received on October 3, 2013. She is currently employed part-time at a retail store.

#### CONCLUSIONS OF LAW

1. Finding of Fact No. 3 constitutes a violation of Term No. 1(b) of the Order entered April 2, 2010.
2. Findings of Fact Nos. 5-7 constitute a violation of § 54.1-3007(6) of the Code.

**ORDER**

WHEREFORE, it is hereby ORDERED as follows:

1. The right of Karen Lind, R.N., to renew License No. 0001-074737 is INDEFINITELY SUSPENDED.
2. The license will be recorded as suspended and no longer current.
3. At such time as Ms. Lind shall petition the Board for reinstatement of her license, an administrative proceeding will be convened to determine whether she is capable of resuming the safe and competent practice of professional nursing. Ms. Lind shall be responsible for any fees that may be required for the reinstatement and renewal of the license prior to issuance of the license to resume practice.
4. This suspension applies to any multistate privilege to practice professional nursing.

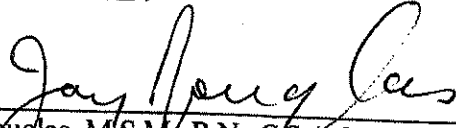
Pursuant to § 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

Pursuant to Section 54.1-2400(10) of the Code, Ms. Lind may, not later than 5:00 p.m., on January 13, 2014, notify Jay P. Douglas M.S.M., R.N., C.S.A.C., F.R.E., Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

Certified True Copy

By   
Virginia Board of Nursing

FOR THE BOARD:

  
Jay P Douglas, M.S.M., R.N., C.S.A.C., F.R.E.  
Executive Director  
Virginia Board of Nursing

ENTERED: December 9<sup>TH</sup>, 2013

This Order shall become final on January 13, 2014 unless a request for a formal administrative hearing is received as described above.