

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE: KRISTIN MITCHELL, R.N.
License No.: 0001-164495

CONSENT ORDER

The Virginia Board of Nursing ("Board") and Kristin Mitchell, R.N., as evidenced by her signature hereto, enter into the following Consent Order affecting Ms. Mitchell's license to practice professional nursing in Virginia.

The Board adopts the following Findings of Fact and Conclusions of Law.

FINDINGS OF FACT

1. Kristin Mitchell, R.N., was issued License No. 0001-164495 to practice professional nursing by the Virginia Board of Nursing on June 29, 1999. Said license is set to expire on June 30, 2014. Ms. Mitchell's primary state of residence is Virginia.
2. On March 12, 2013, during the course of her employment with Naval Medical Center, Portsmouth, Virginia, Ms. Mitchell tested positive for Adderall (C-II) for which she did not have a prescription.
3. Ms. Mitchell stated that she was under a lot of stress, so her therapist prescribed Valium (C-IV). When she took the Valium with her other medications, it made her tired and groggy at work, so she took one of her daughter's Adderall, thinking that it would help her.
4. Ms. Mitchell stated that she sees her therapist once a month and is now adjusted to her medications.

CONCLUSIONS OF LAW

Finding of Fact No. 2 constitutes a violation of § 54.1-3007(5) of the Code of Virginia (1950), as amended (“Code”).

CONSENT

Kristin Mitchell, R.N., by affixing her signature hereon, agrees to the following:

1. She has been advised to seek advice of counsel prior to signing this document;
2. She acknowledges that without her consent, no legal action can be taken against her except pursuant to the Virginia Administrative Process Act, § 2.2-4000(A) *et seq.* of the Code;
3. She acknowledges that she has the following rights, among others: the right to an informal fact finding conference before the Board, the right to reasonable notice of said hearing, the right to representation by counsel, and the right to cross-examine witnesses against her;
4. She waives all such right to an informal conference;
5. She admits to the Findings of Fact and Conclusions of Law contained herein and waives her right to contest such Findings of Fact and Conclusions of Law in any subsequent proceeding before the Board;
6. She consents to the entry of the following Order affecting her right to practice professional nursing in Virginia.

ORDER

WHEREFORE, on the basis of the foregoing, the Virginia Board of Nursing, effective upon entry of this Order, and in lieu of further proceedings, hereby ORDERS as follows:

1. Kristin Mitchell, R.N., is hereby REPRIMANDED.

2. Ms. Mitchell shall maintain a course of conduct in her capacity as a professional nursing commensurate with the requirements of § 54.1-3000 *et seq.* of the Code and the Board of Nursing Regulations.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying upon request.

FOR THE BOARD

Jay P. Douglas

Jay P. Douglas, M.S.M., R.N., C.S.A.C., F.R.E.
Executive Director, Virginia Board of Nursing

ENTERED: December 20th, 2013

SEEN AND AGREED TO:

Kristin Mitchell RN
Kristin Mitchell, R.N.

COMMONWEALTH OF VIRGINIA,
COUNTY/CITY OF Norfolk, TO WIT:

Subscribed and sworn to before me, Kristin Mitchell, a Notary Public, this 18 day of Dec, 2013.

My commission expires April 30, 2017

Registration Number 7560865

Siobhan Jenise Maddox
NOTARY PUBLIC



Certified True Copy

By [Signature]
Virginia Board of Nursing