

**VIRGINIA:**

**BEFORE THE BOARD OF NURSING**

**IN RE: MEGAN GARRETT, C.N.A.  
Certificate No.: 1401-155615**

**NOTICE OF HEARING**

Pursuant to §§ 2.2-4020, 2.2-4024(F), and 54.1-2400(11) of the Code of Virginia (1950), as amended (“Code”), Megan Garrett, C.N.A., who holds Certificate No. 1401-155615 to practice as a nurse aide in Virginia which expires on September 30, 2014, is hereby given notice that a formal administrative hearing will be held in the presence of a panel of the Board of Nursing. The hearing will be held on January 30, 2014, at 9:00 a.m., at the offices of the Department of Health Professions, Board of Nursing, Perimeter Center, 9960 Mayland Drive, Suite 201, Henrico, Virginia 23233, at which time Ms. Garrett will be afforded the opportunity to be heard in person or by counsel.

At the hearing, Ms. Garrett has the following rights, among others: the right to representation by counsel; the right to have witnesses subpoenaed and to present witnesses on her behalf; the right to present documentary evidence; and the right to cross-examine adverse witnesses. If Ms. Garrett desires any witnesses to appear on her behalf, she must notify the Director of Administrative Proceedings, Department of Health Professions, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in accordance with the Instructions for Requesting Subpoenas.

The purpose of the hearing is to inquire into evidence that Ms. Garrett may have violated certain laws and regulations governing nurse aide practice in Virginia, as more fully set forth in the Statement of Particulars below.

**STATEMENT OF PARTICULARS**

The Board alleges that:

1. Megan Garrett, C.N.A., may have violated § 54.1-3007(6) of the Code in that she may be unable to safely practice as a certified nurse aide due to mental illness and substance abuse, as evidenced by the following:

a. By her own admission, Ms. Garrett has been hospitalized approximately 20 times, to include admissions to Snowden at Fredericksburg, Fredericksburg, Virginia, and Virginia Treatment Center for Children, Richmond, Virginia, for mental illness.

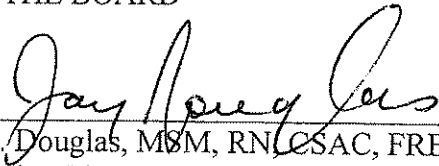
b. From on or about January 25, 2013, until January 28, 2013, Ms. Garrett received inpatient treatment at St. Mary's Hospital, Richmond, Virginia, following self injurious behavior. While there, Ms. Garret was diagnosed with adjustment disorder with depressed and anxious mood, self injurious behavior with superficial lacerations, and borderline personality, severe and chronic.

c. On or about February 28, 2013, Ms. Garrett was admitted to Spotsylvania Hospital, Fredericksburg, Virginia, following an incident where she cut herself and could not stop the bleeding. Following that admission, Ms. Garrett was transferred to Brandon House for continued care until on or about March 22, 2013.

d. On or about March 27, 2013, during an assessment with Prince William County Community Services Board, Ms. Garrett admitted to abusing pain medication, bingeing and purging approximately five to ten times a day, and cutting herself in response to stress.

2. Ms. Garrett may have violated § 54.1-3007(1) of the Code and 18 VAC 90-25-100(1)(b) of the Regulations Governing Certified Nurse Aides in that on her application for certification by endorsement to practice as a nurse aide, which was received by the Board on or about September 12, 2012, Ms. Garrett answered "NO" to the question "Do you have a mental, physical, or chemical dependency condition which could interfere with your current ability to practice as a certified nurse aide?" when, in fact, she admitted that she suffers from mental illness and substance abuse as evidenced above.

FOR THE BOARD



Jay P. Douglas, MSM, RN, CSAC, FRE  
Executive Director for the  
Board of Nursing

ENTERED: January 10<sup>TH</sup>, 2014