

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE: KAREN HELMANDOLLAR, L.P.N.
License No.: 0002-073273

CONSENT ORDER

The Virginia Board of Nursing ("Board") and Karen Helmandollar, L.P.N., as evidenced by her signature hereto, enter into the following Consent Order affecting Ms. Helmandollar's license to practice as a practical nurse in Virginia.

The Board adopts the following Findings of Fact and Conclusions of Law.

FINDINGS OF FACT

1. Karen Helmandollar, L.P.N., was issued License No. 0002-073273 to practice as a practical nurse by the Virginia Board of Nursing on April 14, 2006. Said license is set to expire on February 28, 2013. Her primary residence is Virginia.
2. On November 30, 2011, December 1, 2011, and December 7, 2011, during her employment with Cumberland Mountain Community Services, Cedar Bluff, Virginia, Ms. Helmandollar falsified timesheets for visits made to homebound mental health consumers. For visits of approximately 10-15 minutes, Ms. Helmandollar recorded time spent with clients as one hour or more. In one instance, she submitted a timesheet for 3 hours, when, in fact, she spent only 11 minutes at the client's home.
3. A surveillance team observed Ms. Helmandollar's visits and then confronted her for falsifying timesheets. Ms. Helmandollar admitted to the falsifications.
4. Ms. Helmandollar's employment with Cumberland Mountain Community Service was terminated on December 7, 2011, for timesheet fraud.

CONCLUSIONS OF LAW

Finding of Fact No. 2 constitutes a violation of § 54.1-3007(2), (5), and (8) of the Code of Virginia (1950), as amended (“Code”), and 18 VAC 90-20-300(A)(2)(e) and (f) of the Regulations Governing the Practice of Nurses (“Regulations”).

CONSENT

Karen Helmandollar, L.P.N., by affixing her signature hereon, agrees to the following:

1. Ms. Helmandollar has been advised to seek advice of counsel prior to signing this document;
2. Ms. Helmandollar acknowledges that without her consent, no legal action can be taken against her except pursuant to the Virginia Administrative Process Act, § 2.2-4000(A) *et seq.* of the Code;
3. Ms. Helmandollar acknowledges that she has the following rights, among others: the right to an informal fact finding conference before the Board, the right to reasonable notice of said hearing, the right to representation by counsel, and the right to cross-examine witnesses against her;
4. Ms. Helmandollar waives all such right to an informal conference;
5. Ms. Helmandollar admits to the Findings of Fact and Conclusions of Law contained herein and waives her right to contest such Findings of Fact and Conclusions of Law in any subsequent proceeding before the Board;
6. Ms. Helmandollar consents to the entry of the following Order affecting her right to practice as a practical nurse in Virginia.

ORDER

WHEREFORE, on the basis of the foregoing, the Virginia Board of Nursing, effective upon entry of this Order, and in lieu of further proceedings, hereby ORDERS as follows:

1. Karen Helmandollar, L.P.N., is hereby REPRIMANDED.


2. Ms. Helmandollar shall pay a MONETARY PENALTY of ONE HUNDRED DOLLARS (\$100.00) to the Board within 30 days of the entry of this Order.

3. Ms. Helmandollar shall maintain a course of conduct in her capacity as a practical nurse commensurate with the requirements of § 54.1-3000 *et seq.* of the Code and the Regulations.

4. Any violation of the terms and conditions of this Order or of any law or regulation affecting the practice of nursing in the Commonwealth of Virginia shall constitute grounds for the suspension or revocation of the license of Karen Helmandollar, L.P.N., and an administrative proceeding shall be convened to determine whether such license shall be suspended or revoked.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying upon request.

FOR THE BOARD



Jay P. Douglas, R.N., M.S.M., C.S.A.C.
Executive Director
Virginia Board of Nursing

ENTERED: September 21st 2012

SEEN AND AGREED TO:

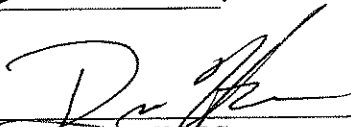

Karen Helmandollar, L.P.N.

COMMONWEALTH OF VIRGINIA,
COUNTY/CITY OF Tazewell, TO WIT:

Subscribed and sworn to before me, Ricky Honaker, a Notary Public, this 31 day of December, 2014.

My commission expires December 31, 2014.

Registration Number 7306452.


NOTARY PUBLIC