

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE: CYNTHIA G. YOUNG, R.N.

CONSENT ORDER

The Virginia Board of Nursing ("Board") and Cynthia G. Young, R.N., enter into the following Consent Order affecting Ms. Young's license to practice as a professional nurse.

FINDINGS OF FACT

1. Cynthia G. Young, R.N., holds License No. 0001-107629, to practice as a professional nurse in the Commonwealth of Virginia.
2. During the course of her employment at Riverside Regional Medical Center, Newport News, Virginia, on divers occasions from on or about June, 1991, to October 14, 1991, Cynthia G. Young, R.N., diverted Demerol and Hydromorphone, Schedule II controlled substances, for her own personal and unauthorized use, and self-administered these narcotics while on duty as a Registered Nurse. During the course of this diversion, she falsified certain hospital and patient records, in that she signed out narcotics for patients, and documented the administration of narcotics to patients, to whom the drugs were not in fact administered.
3. During the course of the above diversion, on October 13, 1991, and October 14, 1991, Cynthia G. Young, R.N., adulterated the contents of three Hydromorphone 2mg/cc tubexes, and two Demerol 100mg/cc tubexes by removing the drug content from the tubexes and replacing the narcotic with saline and/or Vistaril, a Schedule VI controlled substance. She then returned the adulterated tubexes to the floor stock of Schedule II drugs.
4. On October 15, 1991, Cynthia G. Young, R.N., was admitted to Peninsula Hospital, Hampton Virginia, for inpatient substance abuse

treatment. On October 29, 1991, she began outpatient aftercare with Perspectives Health Program, Hampton, Virginia, for treatment of chemical dependency.

CONCLUSIONS OF LAW

The Board concluded that the above Findings of Fact constitute a violation of §§ 54.1-3007(2), (5) and (6) of the Code of Virginia (1950), as amended ("Code"), and §§ 4.1B(3) and (5) of the Regulations of the Board of Nursing.

CONSENT

Cynthia G. Young, R.N., by affixing her signature hereon, agrees to the following:

1. Ms. Young acknowledges that she has been specifically advised to seek advise of counsel prior to signing this document;
2. Ms. Young acknowledges that she is fully aware that without her consent, no legal action can be taken against her except pursuant to the Administrative Process Act, Section 9-6.14:1, et seq., of the Code;
3. Ms. Young acknowledges that she has the following rights among others: the right to a formal fact-finding hearing before the Board, to reasonable notice of said hearing, to representation by counsel and the right to cross-examine witness against her;
4. Ms. Young waives all such right to a formal hearing;
5. Ms. Young does not admit to the foregoing Findings of Fact; however she specifically waives her right to contest the foregoing Findings of Fact in any subsequent proceeding before the Board;
6. Ms. Young consents to the entry of the following Order affecting her license to practice as a professional nurse in the Commonwealth of Virginia.

ORDER

On the basis of the foregoing, the Board, effective upon entry of this Order, hereby ORDERS that License No. 0001-107629, issued to Cynthia G.

Young, R.N., to practice as a professional nurse in the Commonwealth of Virginia be, and hereby is, INDEFINITELY SUSPENDED. At such time as she shall petition the Board for reinstatement of her license, a formal hearing will be convened to receive evidence satisfactory to the Board that she is capable of resuming the safe and competent practice of nursing.

FOR THE BOARD

Corinne F. Dorsey
Corinne F. Dorsey, R.N.
Executive Director

ENTERED: January 2, 1992

SEEN AND AGREED TO:

Cynthia G. Young
Cynthia G. Young, R.N.

COMMONWEALTH OF VIRGINIA
CITY/COUNTY OF Hampton, to-wit:

Subscribed and sworn to before me, Gail D. Goodman,
a Notary Public, by Cynthia G. Young, R.N. this 18 day of
December, 1991.

My commission expires the 8th day of January, 1993

Gail D. Goodman
Notary Public

RECEIVED: January 2, 1992

BY: Bernard L. Henderson, Jr.
Bernard L. Henderson, Jr., Director
Department of Health Professions