VIRGINIA:

## BEFORE THE BOARD OF NURSING

IN RE:

MECCA WASHINGTON, R.M.A.

Registration No.: 0031-006277

<u>ORDER</u>

Pursuant to §§ 2.2-4020, 54.1-110 and 54.1-2400(11) of the Code of Virginia (1950), as amended ("Code"), a formal administrative hearing was held before a panel of the Board of Nursing ("Board") on January 28, 2015, in Henrico County, Virginia, to inquire into evidence that Mecca Washington, R.M.A., may have violated certain laws and regulations governing practice as a medication aide in Virginia. The case was presented by Wendy Deaner, Adjudication Specialist, Administrative Proceedings Division. James Rutkowski, Assistant Attorney General, was present as legal counsel for the Board. Ms. Washington was present and was not represented by legal counsel. The proceedings were recorded by a certified court reporter.

Upon consideration of the evidence presented, the Board adopted the following Findings of Fact and Conclusions of Law.

## FINDINGS OF FACT

- Mecca Washington, R.M.A., was issued Registration No. 0031-006277 to practice as a medication aide in the Commonwealth of Virginia on October 25, 2012.
- 2. On October 30, 2013, Ms. Washington was admitted to Bon Secours, Richmond Community Hospital, Richmond, Virginia, for mental health concerns. Ms. Washington reported feeling "rage" and she reported experiencing auditory and visual hallucinations. During her admission, Ms. Washington tested positive for cocaine and marijuana (THC). At discharge, Ms. Washington was diagnosed with polysubstance dependency, post-traumatic stress disorder and personality disorder with borderline versus antisocial features. The physician indicated that Ms. Washington's prognosis was solely dependent on her ability to follow through with drug and alcohol rehabilitation programming and her ability to remain

abstinent. At the formal hearing, Ms. Washington testified that the documents pertaining to rage and hallucinations were not true.

- 3. Ms. Washington was unable to tell the Board her exact sobriety date but stated she has not used drugs since the date of her hospitalization. She testified she sees her primary care doctor every month for treatment of Graves disease. Ms. Washington testified that her psychiatrist removed the diagnosis of bipolar disorder from her medical history and is no longer prescribing her psychiatric medications.
- 4. Ms. Washington was accompanied at the formal hearing by her case manager from Ultimate Outcomes Therapeutic Services, with whom she has been working since November 27, 2012. The case manager testified that she has seen an improvement in Ms. Washington's coping skills. She testified that to her knowledge Ms. Washington has not been abusing drugs since her hospitalization.
  - 5. Ms. Washington is currently employed at Always Best Care as a client companion.

## CONCLUSIONS OF LAW

The Board concludes that Finding of Fact No. 2 constitutes a violation of §54.1-3007(6) of the Code.

## **ORDER**

WHEREFORE, the Virginia Board of Nursing, effective upon entry of this Order, hereby ORDERS as follows:

- 1. At this time the Board shall TAKE NO ACTION against the registration of Mecca Washington, R.M.A.
- 2. Ms. Washington shall maintain a course of conduct in her capacity as a medication aide commensurate with the requirements of § 54.1-3000 et seq. of the Code and the Board of Nursing Regulations.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying on request.

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FOR THE BOARD

Jay P. Douglas, MSM, RN, CSAC, FI

Executive Director

Virginia Board of Nursing

NOTICE OF RIGHT TO APPEAL

As provided by Rule 2A:2 of the Supreme Court of Virginia, you have 30 days from the date you are served with this Order in which to appeal this decision by filing a Notice of Appeal with Jay P. Douglas, MSM, RN, CSAC, FRE, Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233. The service date shall be defined as the date you actually received this decision or the date it was mailed to you, whichever occurred first. In the event this decision is served upon you by mail, three days are added to that period.

Certified True Copy

Virginia Board Of Nursing