VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE:

KARYN NAUGLE, R.N.

License No.: 0001-156509

<u>ORDER</u>

In accordance with §§ 2.2-4019, 2.2-4021 and 54.1-2400(10) of the Code of Virginia (1950), as amended ("Code"), an informal conference was conducted on behalf of the Board of Nursing ("Board")

on November 4, 2014 in Henrico County, Virginia. Ms. Naugle was present and was not represented by

legal counsel. Judith Piersall, R.N., B.S.N., serving as Agency Subordinate for the Board, submitted a

Recommended Decision for consideration.

On January 28, 2015, a quorum of the Board met to receive and act upon the Recommended Decision of the Agency Subordinate. Ms. Naugle was not present nor was she represented by legal counsel.

Based upon its review of the Recommended Decision of the Agency Subordinate, the Board makes the following Findings of Fact and Conclusions of Law and issues the following Order.

FINDINGS OF FACT

1. Karyn Naugle, R.N., was issued License No. 0001-156509 to practice professional nursing in Virginia on October 17, 1997. The license is set to expire on May 31, 2016. Ms. Naugle's primary state of residence is Virginia.

2. By letter dated October 14, 2014, the Board of Nursing sent a Notice of Informal

Conference ("Notice") to Ms. Naugle notifying her that an informal conference would be held on

November 4, 2014. The Notice was sent by certified and first class mail to 249 South Plaza Trail,

Virginia Beach, Virginia, 23452, the address of record on file with the Board of Nursing.

- 3. Ms. Naugle was hospitalized from September 2008 to July 2014 approximately seven times for mental health concerns, mostly suicide attempts or suicidal ideations.
- 4. Ms. Naugle has a current diagnosis of major depression, severe without psychotic features, post traumatic stress disorder and borderline personality disorder. She has received treatment from Virginia Beach Psychiatric Center, Virginia Beach, Virginia and/or Hampton Roads Behavioral Health, Norfolk, Virginia, since September 2008. She currently sees her psychiatrist once a month for medication management and she sees her counselor once a week.
- 5. Ms. Naugle has been receiving electroconvulsive therapy ("ECT") since November 2013. She previously received ECT three times a week and the ECT has caused her to experience difficulties with her memory. She currently receives ECT once every two weeks. Ms. Naugle acknowledges that she has problems with her memory but she feels her memory is slowly improving.
- 6. Ms. Naugle participated in the Health Practitioners' Monitoring Program ("HPMP") for a period of five years. On May 14, 2014, the HPMP submitted a report indicating Ms. Naugle had completed the program and that she had received the maximum benefit of monitoring. The report indicated that she was still in need of ongoing intensive mental health treatment and indicated she was not able to return to practice.
- 7. Ms. Naugle is prescribed Topamax, Cymbalta, Klonopin and Trazadone. She denies any use of alcohol of illegal drugs.
- 8. At this time her psychologist does not support her return to practice but she is compliant with all of her treatment. Ms. Naugle agrees that she is not currently able to return to practice but she believes she will be able to return to nursing in the future, and that is her ultimate goal.

CONCLUSIONS OF LAW

Findings of Fact Nos. 3, 4, 5 and 6 constitute a violation of § 54.1-3007(6) of the Code.

<u>ORDER</u>

WHEREFORE, it is hereby ORDERED as follows:

- 1. License No. 0001-156509 of Karyn Naugle, R.N. is INDEFINITELY SUSPENDED.
- 2. The license will be recorded as suspended and no longer current.
- 3. At such time as Ms. Naugle shall petition the Board for reinstatement of her license, an administrative proceeding will be convened to determine whether she is capable of resuming the safe and competent practice of nursing. Ms. Naugle shall be responsible for any fees that may be required for the reinstatement and renewal of the license prior to issuance of the license to resume practice.
 - 4. This suspension applies to any multistate privilege to practice professional nursing.

Pursuant to § 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

Pursuant to Section 54.1-2400(10) of the Code, Ms. Naugle may, not later than 5:00 p.m., on March 17, 2015, notify Jay P. Douglas, M.S.M., R.N., C.S.A.C., F.R.E., Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

FOR THE BOARD:

Jay P. Douglas, M.S.M., R.N., C.S.A.C., F.R.E.

Executive Director

Virginia Board of Nursing

ENTERED: February 12, 2015

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This Order shall become final on March 17, 2015, unless a request for a formal administrative hearing is received as described above.

Certified True Copy

By U Robinson - Howard Virginia Board of Nursing