

**VIRGINIA:**

**BEFORE THE BOARD OF NURSING**

**IN RE: CASSANDRA L. ARNOLD, L.P.N.  
License No.: 0002-084752**

**ORDER**

Pursuant to §§ 2.2-4020, 54.1-110 and 54.1-2400(11) of the Code of Virginia (1950), as amended ("Code"), a formal administrative hearing was held before a panel of the Board of Nursing ("Board") on March 26, 2015, in Henrico County, Virginia, to inquire into evidence that Cassandra L. Arnold, L.P.N., may have violated certain laws governing practical nursing practice in Virginia. The case was presented by Amanda E. M. Blount, Adjudication Specialist, Administrative Proceedings Division. Charis A. Mitchell, Assistant Attorney General, was present as legal counsel for the Board. Ms. Arnold was not present and was not represented by legal counsel. The proceedings were recorded by a certified court reporter.

Upon consideration of the evidence presented, the Board adopted the following Findings of Fact and Conclusions of Law.

**FINDINGS OF FACT**

1. Cassandra L. Arnold, L.P.N., was issued License No. 0002-084752 to practice as a practical nurse in the Commonwealth of Virginia on May 5, 2011. Said license expires on November 30, 2015. Her primary state of residence is Virginia.
2. Based on the representations of Amanda E. M. Blount, Adjudication Specialist, and Commonwealth's Exhibit #1, the Notice of Formal Hearing and Statement of Particulars, Allegation Summary Worksheet, and Affidavit of Mailing, the presiding officer ruled that adequate notice was provided to Ms. Arnold and the hearing proceeded in her absence.
3. Ms. Arnold suffers from mental illness and substance abuse, which require medication and treatment, and for which she was hospitalized pursuant to a temporary detention order on June 5, 2014. She

was discharged with diagnoses of bipolar disorder mixed phase with psychosis, treatment noncompliance, marijuana abuse, and tobacco dependency.

4. Ms. Arnold did not respond to contact attempts by an investigator for the Virginia Department of Health Professions.

### CONCLUSION OF LAW

Finding of Fact No. 3 constitutes a violation of § 54.1-3007(6) of the Code.

### ORDER

WHEREFORE, the Virginia Board of Nursing, effective upon entry of this Order, hereby ORDERS as follows:

1. License No. 0002-084752 issued to Cassandra L. Arnold, L.P.N., to practice practical nursing in the Commonwealth of Virginia is hereby INDEFINITELY SUSPENDED for a period of not less than two years.

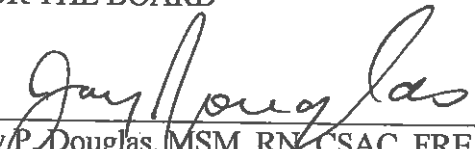
2. The license will be recorded as SUSPENDED and no longer current. Should Ms. Arnold seek reinstatement of her license consistent with this Order, she shall be responsible for any fees that may be required for the reinstatement of her license prior to issuance of her license to resume practice.

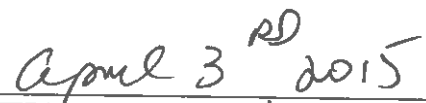
3. At such time as Ms. Arnold shall petition the Board for reinstatement of her license, an administrative proceeding will be convened to determine whether she is able to return to the safe and competent practice of practical nursing.

4. This Order shall be applicable to Ms. Arnold's multistate licensure privileges, if any, to practice practical nursing.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying on request.

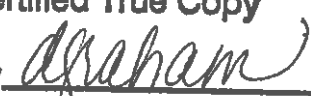
FOR THE BOARD

  
\_\_\_\_\_  
Jay P. Douglas, MSM, RN, CSAC, FRE  
Executive Director  
Virginia Board of Nursing

  
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ENTERED 1

**NOTICE OF RIGHT TO APPEAL**

As provided by Rule 2A:2 of the Supreme Court of Virginia, you have 30 days from the date you are served with this Order in which to appeal this decision by filing a Notice of Appeal with Jay P. Douglas, MSM, RN, CSAC, FRE, Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233. The service date shall be defined as the date you actually received this decision or the date it was mailed to you, whichever occurred first. In the event this decision is served upon you by mail, three days are added to that period.

Certified True Copy  
By   
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Virginia Board Of Nursing