

**VIRGINIA:**

**BEFORE THE BOARD OF NURSING**

**IN RE: CYNTHIA CARROLL-HANSBROUGH, L.P.N.**  
**License No.: 0002-069616**

**ORDER**

Pursuant to §§ 2.2-4019, 2.2-4021, and 54.1-2400(10) of the Code of Virginia (1950), as amended (“Code”), a Special Conference Committee (“Committee”) of the Virginia Board of Nursing (“Board”) met on February 11, 2014, in Henrico County, Virginia, to inquire into evidence that Cynthia Carroll-Hansbrough, L.P.N., may have violated certain laws and regulations governing practical nursing practice in Virginia. Ms. Carroll-Hansbrough was present and was not represented by counsel.

Upon consideration of the evidence, the Committee adopts the following Findings of Fact and Conclusions of Law.

**FINDINGS OF FACT**

1. Cynthia Carroll-Hansbrough, L.P.N., was issued License No. 0002-069616 to practice practical nursing in the Commonwealth of Virginia on August 27, 2004. Said license expires on November 30, 2015. Ms. Carroll-Hansbrough’s primary state of residence is Virginia.
2. By letter dated January 16, 2014, the Board of Nursing sent a Notice of Informal Conference (“Notice”) to Ms. Carroll-Hansbrough notifying her that an informal conference would be held on February 11, 2014. The Notice was sent by certified and first class mail to 301 Arch Avenue, Waynesboro, Virginia, 22980, the address of record on file with the Board of Nursing. The Notice was also sent to 79 Family Lane, Mount Sidney, Virginia, 24467, a secondary address.
3. During the course of her employment with Waynesboro Primary Care, Waynesboro, Virginia, on December 28, 2012, Ms. Carroll-Hansbrough called in a prescription for clonazepam (Schedule IV) for herself under the name of her employing physician without authorization.

4. A review of Ms. Carroll-Hansbrough's Prescription Monitoring Report showed three prescriptions for clonazepam from this same physician dated May 14, 2012, September 17, 2012, and November 8, 2012. Ms. Carroll-Hansbrough confirmed at the informal conference that this physician had never prescribed her clonazepam. The physician stated in an interview with the Department of Health Professions investigator that he had never prescribed Ms. Carroll-Hansbrough this medication.

5. Ms. Carroll-Hansbrough stated at the informal conference that she has taken clonazepam and Zoloft for years as prescribed by her primary care physician. She stated that did not know why she called in the fraudulent prescription and did not remember doing so. She continues to take Zoloft but has not taken clonazepam since September 2013.

6. The prescription fraud was not discovered until May 2013 when Ms. Carroll-Hansbrough attempted to refill her fraudulently-obtained prescription.

7. Ms. Carroll-Hansbrough stated at the informal conference that the prescription fraud occurred during a period of marital strife and child custody issues with her spouse. She stated to the investigator that at the time of the fraud, she was "getting ready to lose [her] mind." Further, Ms. Carroll-Hansbrough has a diagnosis of bipolar disorder that is not currently being treated.

8. Ms. Carroll-Hansbrough stated that she signed a Participation Contract with the Health Practitioners' Monitoring Program in October 2013. She reported that an initial assessment in January 2014 showed no chemical dependency but required treatment for mental health issues, including depression, anxiety and trauma. Ms. Carroll-Hansbrough reported that she was scheduled to meet with a therapist on the afternoon of February 11, 2014.

9. Ms. Carroll-Hansbrough stated that she is currently not working. She identified a life group through her church and regular church attendance as her primary support system.

### CONCLUSIONS OF LAW

1. Finding of Fact No. 3 constitutes a violation of § 54.1-3007(2), (5), and (6) of the Code and 18 VAC 90-20-300(A)(2)(c) of the Regulations Governing the Practice of Nursing.
2. Finding of Fact No. 7 constitutes a violation of § 54.1-3007(6) of the Code.
3. Based on the above Findings of Fact, the Committee concludes that Ms. Carroll-Hansbrough is properly enrolled in the Health Practitioners' Monitoring Program ("HPMP").

### ORDER

On the basis of the foregoing, the Committee hereby ORDERS as follows:


1. Cynthia Carroll-Hansbrough, L.P.N. is hereby REPRIMANDED.
2. Ms. Carroll-Hansbrough shall continue to comply with all terms and conditions of the Health Practitioners' Monitoring Program for the period specified by the HPMP.
3. This order shall be applicable to Ms. Carroll-Hansbrough's multistate licensure privilege, if any, to practice practical nursing. For the duration of this Order, Ms. Carroll-Hansbrough shall not work outside the Commonwealth of Virginia pursuant to a multistate licensure privilege without the written permission of the Virginia Board of Nursing and the Board of Nursing in the party state where Ms. Carroll-Hansbrough wishes to work. Any request for out of state employment shall be directed, in writing, to the Executive Director of the Board.
4. Ms. Carroll-Hansbrough shall maintain a course of conduct in her capacity as a Ms. Carroll-Hansbrough commensurate with the requirements of § 54.1-3000 *et seq.* of the Code and the Board of Nursing Regulations.
5. Any violation of the terms and conditions of this Order or of any law or regulation affecting the practice of nursing in the Commonwealth of Virginia shall constitute grounds for the suspension or revocation

of the license of Ms. Carroll-Hansbrough and an administrative proceeding shall be convened to determine whether such license shall be suspended or revoked.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying on request.

Pursuant to Section 54.1-2400(10) of the Code, Ms. Carroll-Hansbrough may, not later than 5:00 p.m., on April 8, 2014, notify Jay P. Douglas, Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

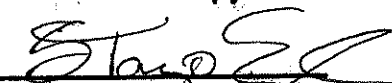
FOR THE COMMITTEE:

  
for Jay P. Douglas, R.N., M.S.M., C.S.A.C.  
Executive Director, Virginia Board of Nursing

ENTERED: March 6, 2014

This Order shall become final on April 8, 2014, unless a request for a formal administrative hearing is received as described above.

**Certified True Copy**

By   
**Virginia Board of Nursing**