

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE: SARAH CRESSELL, R.N.
License No.: 0001-224476

CONSENT ORDER

The Virginia Board of Nursing ("Board") and Sarah Cressell, R.N., as evidenced by her signature hereto, enter into the following Consent Order affecting Ms. Cressell's license to practice professional nursing in Virginia.

The Board adopts the following Findings of Fact and Conclusions of Law.

FINDINGS OF FACT

1. Sarah Cressell, R.N., was issued License No. 0001-224476 to practice professional nursing by the Virginia Board of Nursing on June 3, 2010. Said license is set to expire on February 28, 2015. Her primary state of residence is Virginia.
2. During the course of her employment with Wythe County Community Hospital, Wytheville, Virginia, between April and September 2013, Ms. Cressell diverted Demerol PCA (meperidine, Schedule II) from hospital supplies for her personal and unauthorized use. She accomplished this diversion by withdrawing the drug from PCA bags and replacing it with saline solution. Further, she diverted Demerol from wasted portions of administered doses. She self-injected the medication both on- and off-duty.
3. Ms. Cressell's employment with Wythe County Community Hospital was terminated on September 19, 2013, as a result of her drug diversion.
4. Ms. Cressell entered a Participation Contract with the Health Practitioners' Monitoring Program ("HPMP") on September 30, 2013. She entered into a Recovery Monitoring Contract on October

21, 2013. As of February 24, 2014, she was considered to be in compliance with the requirements of her HPMP contract.

CONCLUSIONS OF LAW

Finding of Fact No. 2 constitutes a violation of § 54.1-3007(2), (5), and (6) of the Code of Virginia (1950), as amended ("Code"), and 18 VAC 90-20-300(A)(2)(c) of the Regulations Governing the Practice of Nursing.

CONSENT

Sarah Cressell, R.N., by affixing her signature hereon, agrees to the following:

1. She has been advised to seek advice of counsel prior to signing this document;
2. She acknowledges that without her consent, no legal action can be taken against her except pursuant to the Virginia Administrative Process Act, § 2.2-4000(A) *et seq.* of the Code;
3. She acknowledges that she has the following rights, among others: the right to an informal fact finding conference before the Board, the right to reasonable notice of said hearing, the right to representation by counsel, and the right to cross-examine witnesses against her;
4. She waives all such right to an informal conference;
5. She admits to the Findings of Fact and Conclusions of Law contained herein and waives her right to contest such Findings of Fact and Conclusions of Law in any subsequent proceeding before the Board;
6. She consents to the entry of the following Order affecting her right to practice professional nursing in Virginia.

ORDER

WHEREFORE, on the basis of the foregoing, the Virginia Board of Nursing, effective upon entry of this Order, and in lieu of further proceedings, hereby ORDERS as follows:


1. License No. 0001-224476 of Sarah Cressell, R.N. is INDEFINITELY SUSPENDED.
2. The license will be recorded as suspended and no longer current.
3. At such time as Ms. Cressell shall petition the Board for reinstatement of her license, an administrative proceeding will be convened to determine whether she is capable of resuming the safe and competent practice of professional nursing. Ms. Cressell shall be responsible for any fees that may be required for the reinstatement and renewal of the license prior to issuance of the license to resume practice.
4. This suspension applies to any multistate privilege to practice professional nursing.
5. This suspension shall be STAYED contingent upon Ms. Cressell's continued compliance with the Health Practitioners' Monitoring Program, and the following terms and conditions shall apply:
 - a. Ms. Cressell shall comply with all terms and conditions for the period specified by the HPMP.
 - b. Any violation of the terms and conditions stated in this Order shall be reason for summarily rescinding the stay of indefinite suspension of the license of Ms. Cressell, and an administrative proceeding shall be held to determine whether her license shall be revoked. The stay of indefinite suspension may be summarily rescinded at such time the Board is notified that:
 - i. Ms. Cressell is not in compliance with the terms and conditions specified by the HPMP;
 - ii. Her participation in the HPMP has been terminated;
 - iii. There is a pending investigation or unresolved allegation against Her involving a violation of law, regulation, or any term or condition of this order.
6. Upon receipt of evidence of Ms. Cressell's participation in and compliance with the HPMP, the Board, at its discretion, may waive Ms. Cressell's appearance before the Board and conduct an administrative review of this matter.

7. This Order is applicable to Ms. Cressell's multistate licensure privileges, if any, to practice professional nursing. For the duration of this Order, Ms. Cressell shall not work outside of the Commonwealth of Virginia pursuant to a multistate licensure privilege without the written permission of the Virginia Board of Nursing and the Board of Nursing in the party state where she wishes to work. Any requests for out of state employment should be directed, in writing, to the Executive Director of the Board.

8. Ms. Cressell shall maintain a course of conduct in her capacity as a professional nurse commensurate with the requirements of § 54.1-3000 *et seq.* of the Code and the Board of Nursing Regulations.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying upon request.

FOR THE BOARD



Jane Ingalls, R.N., Ph.D.
President, Virginia Board of Nursing

ENTERED: March 18, 2014

SEEN AND AGREED TO:

Sarah Cressell
Sarah Cressell, R.N.



COMMONWEALTH OF VIRGINIA,
COUNTY/CITY OF Wythe, TO WIT:

Subscribed and sworn to before me, Misty Pack, a Notary Public, this 6 day of March, 2014.

My commission expires 11/30/2014.

Registration Number 7375813.

Misty Pack
NOTARY PUBLIC