

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE:

SALLY RANDOLPH THOMPSON, R.N.

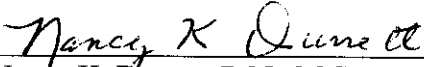
ORDER OF SUMMARY SUSPENSION

Pursuant to § 54.1-110 of the Code of Virginia (1950), as amended, a quorum of the Board of Nursing (hereinafter "the Board") met on November 19, 1997. The purpose of the meeting was to receive and act upon certain information indicating that Sally Randolph Thompson, R.N., may have violated certain laws and regulations relating to the practice of professional nursing in the Commonwealth of Virginia, as more fully set forth in the attached "NOTICE OF HEARING and STATEMENT OF PARTICULARS" which is attached hereto and incorporated by reference herein.

WHEREUPON, pursuant to its authority under § 54.1-3009 of the Code of Virginia (1950), as amended, the Board concludes that a substantial danger to public health or safety warrants this action and ORDERS that the license of Sally Randolph Thompson, R.N., to practice professional nursing in the Commonwealth of Virginia be, and hereby is, SUSPENDED. It is further ORDERED that a hearing be convened forthwith to receive and act upon evidence in this cause and that the Executive Director of the Board shall be authorized to execute this Order and all other documents, notices and orders on behalf of the Board necessary to bring this matter to hearing.

Pursuant to §9-6.14:14 of the Code of Virginia (1950), as amended, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying on request.

FOR THE BOARD



Nancy K. Durrett, R.N., M.S.N.
Executive Director

Entered: November 25, 1997

Certificate of Service

I hereby certify that a certified true copy of the foregoing Order was mailed on this day to Sally Randolph Thompson, R.N., at 7340 Hampton Blvd. #B4 Norfolk, Virginia 23505.

Nancy K. Duffett
Nancy K. Duffett, R.N., M.S.N.
Executive Director for the
Board of Nursing

November 25, 1997
DATE

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE:

SALLY RANDOLPH THOMPSON, R.N.

NOTICE OF HEARING

Pursuant to § 9-6.14:12, § 54.1-110 and § 54.1-2400(11) of the Code of Virginia (1950), as amended, Sally Randolph Thompson, R.N., is hereby given notice that, pursuant to § 9-6.14:14.1.F, a formal administrative hearing will be held in the presence of a panel of the Board of Nursing ("the Board"). The hearing will be held on January 26, 1998 at 1:30 p.m., at the offices of the Department of Health Professions, (Southern States Building), 6606 West Broad Street, Fourth Floor, Richmond, Virginia, at which time Ms. Thompson will be afforded the opportunity to be heard in person or by counsel.

At the hearing Ms. Thompson has the following rights, among others: the right to representation by counsel, the right to have witnesses subpoenaed and to present witnesses on her behalf, the right to present documentary evidence and the right to cross-examine adverse witnesses. If Ms. Thompson desires any witnesses to appear on her behalf, she must notify the Director of Administrative Proceedings, 6606 West Broad Street, Richmond, Virginia 23230-1717, giving the names and address of the witnesses, at least fifteen (15) days prior to the date of the hearing in order that subpoenas may be issued.

The purpose of the hearing is to receive and act upon evidence that Ms. Thompson may have violated certain laws and regulations governing the practice of nursing in Virginia, as more fully set forth in the Statement of Particulars below.

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STATEMENT OF PARTICULARS

The Board alleges that Sally Randolph Thompson, R.N., may have violated § 54.1-3007(2), (5) and (6) of the Code of Virginia (1950), as amended, and 18 VAC 90-20-300(A)(2)(c) and (e) [formerly § 4.1(A)(2)(c) and (e)] of the Board of Nursing Regulations, in that:

1. During the course of Ms. Thompson's employment with Harbour Pointe Medical and Rehabilitation Centre, Norfolk, Virginia:
 - a) By her own admission, on an almost daily basis during October 1997, Ms. Thompson diverted approximately twenty (20) tablets of Vicodin (hydrocodone bitartrate and acetaminophen), a Schedule III controlled substance, from Patient A, and ten (10) tablets of Tylox (oxycodone), a Schedule II controlled substance, from Patient B, for her personal and unauthorized use. She accomplished this diversion by signing out the medication and charting it on the medication administration record as administered to the patients.
 - b) By her own admission, on an almost daily basis during October 1997, Ms. Thompson diverted approximately 25-30ml of morphine sulfate, a Schedule II controlled substance, from Patient C for her personal and unauthorized use on duty. She accomplished this diversion by signing out the medication and charting it on the medication administration record as administered to the patient when, in fact, it was not. She adulterated the medication by mixing it with tap water on two (2) occasions, and administered the adulterated medication to the patient on one (1) occasion.
 - c) On October 22, 1997, Ms. Thompson was observed going into a medication room with a 30cc cup of water and subsequently having a 30cc cup of light-pink liquid on

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the desk near her; concurrently, Patient C's bottle of morphine sulfate was observed to be a lighter shade of pink than normal. By her own admission Ms. Thompson diverted adulterated morphine sulfate and ingested 5ml of the drug while on duty. Subsequently, Ms. Thompson was observed sitting on the floor in front of her medication cart; where, by her own admission, she had lost her balance and fallen from a squatting position. Ms. Thompson was also observed on this date to have an unsteady gait, puffy eyelids and glazed eyes. As a result, she was sent home.

- d) On October 22, 1997, Ms. Thompson signed out one (1) tablet of Ativan for Patient A on the Controlled Drug Receipt / Record / Disposition Form, and failed to chart the administration of this medication on the MAR.
 - e) Ms. Thompson's employment was terminated on October 24, 1997.
2. By her own admission, Ms. Thompson is a substance abuser, and has abused alcohol since age twelve (12), marijuana since a teen-ager, and cocaine since age twenty (20). She has received the following treatment for poly-substance abuse:
- a) Ms. Thompson reported that in 1985, she received treatment for poly-substance abuse from The Life Center, Wilmington, North Carolina.
 - b) On or about October 22, 1995, following a relapse on Ritalin, alcohol, Dexedrine and Soma, Ms. Thompson was admitted by Michael Bohan, M.D., for detoxification at The Recovery Place, Virginia Beach Psychiatric Center ("VBPC"), Virginia Beach, Virginia. Ms. Thompson's discharge prognosis was "fair."
 - c) On October 27, 1995, Ms. Thompson was admitted by Michael Bohan, M.D., to the partial hospitalization program at VBPC, to continue residential substance abuse treatment. Ms. Thompson was discharged from treatment with a "fair to poor"

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prognosis. Upon discharge, Ms. Thompson failed to continue with prescribed medications.

- d) On or about November 14, 1996, Ms. Thompson was re-admitted to VBPC, by Michael Bohan, M.D., for detoxification and the treatment of chemical dependency, with noted abuse of Ritalin, cocaine, marijuana, alcohol and heroin. During this period, Ms. Thompson began individual therapy with Chris Sawyer, L.C.S.W. On November 22, 1996, with an extremely guarded prognosis, Ms. Thompson was discharged to be admitted to the Addictive Disorders day partial hospitalization program at VBPC, on November 25, 1996, for continued treatment. Records indicate Ms. Thompson reported a history of treatment at Peninsula Psychiatric Hospital.
- e) On or about December 25, 1996, Ms. Thompson was re-admitted to VBPC, by Michael Bohan, M.D., for the treatment of polysubstance dependence, probable borderline personality disorder and depression, with a recent suicide attempt by overdose and the comment upon presenting for treatment, "I tried to kill myself with drugs." Upon discharge, Ms. Thompson failed to continue with prescribed medications.
- f) On or about January 25, 1997, Ms. Thompson was re-admitted to VBPC, by Michael Bohan, M.D., with a blood alcohol content of 0.25 upon admission; and recent abuse of cocaine, marijuana, and Ritalin, with her drug of choice noted to be heroin. Ms. Thompson submitted to a drug screen on January 27, 1997, which was positive for benzodiazepines and cocaine. Upon her discharge on January 28, 1997, Ms. Thompson's prognosis was noted as "poor."

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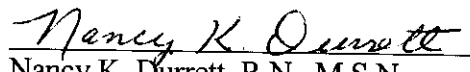
- g) On or about August 7, 1997, Ms. Thompson was re-admitted to VBPC, by Michael Bohan, M.D., with some suicidal ideation, having used approximately \$200 (two hundred dollars) worth of cocaine within the 24 hours preceding her admission, abused up to six (6) bags of heroin a day since February 1997, consumed up to a case of beer a day, and abused prescription Vicodin and Valium when available. Ms. Thompson was transferred to Virginia Beach Detoxification Center on August 8, 1997.
3. Since February 15, 1993, Ms. Thompson has received treatment from David W. Reid, M.D., Adult, Child & Adolescent Psychiatry, Virginia Beach, Virginia, to include prescriptions for Ritalin and Valium, for the treatment of depression and attention deficit hyperactivity disorder ("ADHD"). Between December 1993 and October 1995, a 660-day period, Ms. Thompson requested and received approximately 5,225 tablets of Ritalin, or 7.9 tablets per day, from prescriptions from Dr. Reid. Further, Dr. Reid's notes for October 20, 1995, indicate Ms. Thompson acknowledged self-administering Ritalin prescribed to her children, and his notes for October 20, 1995, March 18, 1994, and July 12, 1993, indicate that he suspected Ms. Thompson's inappropriate use of the medication based on "the multiple times she had 'lost prescriptions' or had 'bottles stolen'."
4. Since 1994, Ms. Thompson has received treatment from her primary care physician, Stuart Shephard, M.D., Ghent Medical Associates, Norfolk, Virginia, to include prescriptions for Ritalin, for treatment of ADHD. Between April 1994 and July 1996, an 830-day period, Ms. Thompson requested and received approximately 2,520 tablets of Ritalin, or 3 tablets per day, from prescriptions from Dr. Shephard. Dr. Shephard's notes for February 8, 1996, indicate she "suspected over-utilization of that medication for

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a period of time.”

5. Between April 7, 1994, and October 1995, by her own admission, Ms. Thompson obtained numerous prescriptions for Ritalin from Drs. Shepherd and Reid concurrently, neither of whom was aware of the other’s prescribing. Further, Ms. Thompson received prescriptions for approximately 410 tablets of Ritalin during this period from two (2) other physicians, Drs. Sanderson and Lubin.
6. Ms. Thompson submitted to a urine drug screen on October 24, 1997, which yielded positive results for cocaine and opiates, specifically Morphine. By her own admission, Ms. Thompson had consumed the following:
 - a) five (5) to six (6) beers the night of October 23, 1997,
 - b) two (2) Valium on October 23, 1997,
 - c) 5ml of morphine sulfate at work on October 22, 1997,
 - d) two (2) Vicodin on October 22, 1997, and
 - e) two (2) Tylox on October 21, 1997.
7. During the course of Ms. Thompson’s employment with Thornton Hall, Norfolk, Virginia, on June 10, 1997, and on July 26, 1997, Ms. Thompson was a no-call no-show. As a result, Ms. Thompson’s resignation from her employment was accepted on July 28, 1997.

FOR THE BOARD


Nancy K. Durrett, R.N., M.S.N.
Executive Director

ENTERED: November 25, 1997

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In order to protect the privacy of the individuals referred to in this case, they have been referred to by letters and are identified as follows:

Patient A: James Roady

Patient B: Seth Haywood

Patient C: Mary Copeland