

VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE:

SALLY RANDOLPH THOMPSON, R.N.

CONSENT ORDER

The Virginia Board of Nursing (the "Board") and Sally Randolph Thompson, R.N., enter into the following Consent Order affecting Ms. Thompson's license to practice professional nursing.

FINDINGS OF FACT

1. Sally Randolph Thompson, R.N., holds License No. 0001-142675, to practice professional nursing in the Commonwealth of Virginia.
2. During the course of Ms. Thompson's employment with Harbour Pointe Medical and Rehabilitation Centre, Norfolk, Virginia:
 - a. By her own admission, on an almost daily basis during October 1997, Ms. Thompson diverted approximately twenty (20) tablets of Vicodin (hydrocodone bitartrate and acetaminophen), a Schedule III controlled substance, from Patient A, and ten (10) tablets of Tylox (oxycodone), a Schedule II controlled substance, from Patient B, for her personal and unauthorized use. She accomplished this diversion by signing out the medication and charting it on the medication administration record as administered to the patients.
 - b. By her own admission, on an almost daily basis during October 1997, Ms. Thompson diverted approximately 25-30ml of morphine sulfate, a Schedule II controlled substance, from Patient C for her personal and unauthorized use on duty.

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She accomplished this diversion by signing out the medication and charting it on the medication administration record as administered to the patient when, in fact, it was not. She adulterated the medication by mixing it with tap water on two (2) occasions, and administered the adulterated medication to the patient on one (1) occasion.

- c. On October 22, 1997, Ms. Thompson was observed going into a medication room with a 30cc cup of water and subsequently having a 30cc cup of light-pink liquid on the desk near her; concurrently, Patient C's bottle of morphine sulfate was observed to be a lighter shade of pink than normal. By her own admission Ms. Thompson diverted adulterated morphine sulfate and ingested 5ml of the drug while on duty. Subsequently, Ms. Thompson was observed sitting on the floor in front of her medication cart; where, by her own admission, she had lost her balance and fallen from a squatting position. Ms. Thompson was also observed on this date to have an unsteady gait, puffy eyelids and glazed eyes. As a result, she was sent home.
 - d. On October 22, 1997, Ms. Thompson signed out one (1) tablet of Ativan for Patient A on the Controlled Drug Receipt / Record / Disposition Form, and failed to chart the administration of this medication on the MAR.
 - e. Ms. Thompson's employment was terminated on October 24, 1997.
3. By her own admission, Ms. Thompson is a substance abuser, and has abused alcohol since age twelve (12), marijuana since a teen-ager, and cocaine since age twenty (20). She has received the following treatment for poly-substance abuse:

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- a. Ms. Thompson reported that in 1985, she received treatment for poly-substance abuse from The Life Center, Wilmington, North Carolina.
- b. On or about October 22, 1995, following a relapse on Ritalin, alcohol, Dexedrine and Soma, Ms. Thompson was admitted by Michael Bohan, M.D., for detoxification at The Recovery Place, Virginia Beach Psychiatric Center ("VBPC"), Virginia Beach, Virginia. Ms. Thompson's discharge prognosis was "fair."
- c. On October 27, 1995, Ms. Thompson was admitted by Michael Bohan, M.D., to the partial hospitalization program at VBPC, to continue residential substance abuse treatment. Ms. Thompson was discharged from treatment with a "fair to poor" prognosis. Upon discharge, Ms. Thompson failed to continue with prescribed medications.
- d. On or about November 14, 1996, Ms. Thompson was re-admitted to VBPC, by Michael Bohan, M.D., for detoxification and the treatment of chemical dependency, with noted abuse of Ritalin, cocaine, marijuana, alcohol and heroin. During this period, Ms. Thompson began individual therapy with Chris Sawyer, L.C.S.W. On November 22, 1996, with an extremely guarded prognosis, Ms. Thompson was discharged to be admitted to the Addictive Disorders day partial hospitalization program at VBPC, on November 25, 1996, for continued treatment. Records indicate Ms. Thompson reported a history of treatment at Peninsula Psychiatric Hospital.
- e. On or about December 25, 1996, Ms. Thompson was re-admitted to VBPC, by Michael Bohan, M.D., for the treatment of polysubstance dependence, probable

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borderline personality disorder and depression, with a recent suicide attempt by overdose and the comment upon presenting for treatment, "I tried to kill myself with drugs." Upon discharge, Ms. Thompson failed to continue with prescribed medications.

- f. On or about January 25, 1997, Ms. Thompson was re-admitted to VBPC, by Michael Bohan, M.D., with a blood alcohol content of 0.25 upon admission; and recent abuse of cocaine, marijuana, and Ritalin, with her drug of choice noted to be heroin. Ms. Thompson submitted to a drug screen on January 27, 1997, which was positive for benzodiazepines and cocaine. Upon her discharge on January 28, 1997, Ms. Thompson's prognosis was noted as "poor."
- g. On or about August 7, 1997, Ms. Thompson was re-admitted to VBPC, by Michael Bohan, M.D., with some suicidal ideation, having used approximately \$200 (two hundred dollars) worth of cocaine within the 24 hours preceding her admission, abused up to six (6) bags of heroin a day since February 1997, consumed up to a case of beer a day, and abused prescription Vicodin and Valium when available. Ms. Thompson was transferred to Virginia Beach Detoxification Center on August 8, 1997.
4. Since February 15, 1993, Ms. Thompson has received treatment from David W. Reid, M.D., Adult, Child & Adolescent Psychiatry, Virginia Beach, Virginia, to include prescriptions for Ritalin and Valium, for the treatment of depression and attention deficit hyperactivity disorder ("ADHD"). Between December 1993 and October 1995, a 660-day period, Ms. Thompson requested and received approximately 5,225 tablets of Ritalin,

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or 7.9 tablets per day, from prescriptions from Dr. Reid. Further, Dr. Reid's notes for October 20, 1995, indicate Ms. Thompson acknowledged self-administering Ritalin prescribed to her children, and his notes for October 20, 1995, March 18, 1994, and July 12, 1993, indicate that he suspected Ms. Thompson's inappropriate use of the medication based on "the multiple times she had 'lost prescriptions' or had 'bottles stolen'."

5. Since 1994, Ms. Thompson has received treatment from her primary care physician, Stuart Shephard, M.D., Ghent Medical Associates, Norfolk, Virginia, to include prescriptions for Ritalin, for treatment of ADHD. Between April 1994 and July 1996, an 830-day period, Ms. Thompson requested and received approximately 2,520 tablets of Ritalin, or 3 tablets per day, from prescriptions from Dr. Shephard. Dr. Shephard's notes for February 8, 1996, indicate she "suspected over-utilization of that medication for a period of time."
6. Between April 7, 1994, and October 1995, by her own admission, Ms. Thompson obtained numerous prescriptions for Ritalin from Drs. Shephard and Reid concurrently, neither of whom was aware of the other's prescribing. Further, Ms. Thompson received prescriptions for approximately 410 tablets of Ritalin during this period from two (2) other physicians, Drs. Sanderson and Lubin.
7. Ms. Thompson submitted to a urine drug screen on October 24, 1997, which yielded positive results for cocaine and opiates, specifically Morphine. By her own admission, Ms. Thompson had consumed the following:
 - a. five (5) to six (6) beers the night of October 23, 1997,
 - b. two (2) Valium on October 23, 1997,

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- c. 5ml of morphine sulfate at work on October 22, 1997,
 - d. two (2) Vicodin on October 22, 1997, and
 - e. two (2) Tylox on October 21, 1997.
8. During the course of Ms. Thompson's employment with Thornton Hall, Norfolk, Virginia, on June 10, 1997, and on July 26, 1997, Ms. Thompson was a no-call no-show. As a result, Ms. Thompson's resignation from her employment was accepted on July 28, 1997.

CONCLUSIONS OF LAW

The Board concludes that Findings of Fact 2 through 8 constitute a violation of § 54.1-3007(2), (5) and (6) of the Code of Virginia (1950), as amended, and 18 VAC 90-20-300(A)(2)(c) and (e) [formerly § 4.1(A)(2)(c) and (e)] of the Board of Nursing Regulations.

CONSENT

Sally Randolph Thompson, R.N., by affixing her signature hereon, agrees to the following:

1. She acknowledges that she has been specifically advised to seek advice of counsel prior to signing this document;
2. She acknowledges that she is fully aware that without her consent, no legal action can be taken against her license except pursuant to the Virginia Administrative Process Act, § 9-6.14:1, et seq., of the Code of Virginia (1950), as amended;
3. She acknowledges that she has the following rights among others: the right to a formal fact finding hearing before the Board, to reasonable notice of said hearing, to representation by counsel and the right to cross-examine witnesses against her;
4. She waives all such right to a formal hearing;

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5. She waives her right to contest the foregoing Findings of Fact in any subsequent proceeding before the Board;
6. She consents to the entry of the following Order affecting her license to practice professional nursing in the Commonwealth of Virginia.

ORDER

On the basis of the foregoing, the Virginia Board of Nursing, effective upon entry of this Order, hereby ORDERS that License No. 0001-142675 issued to Sally Randolph Thompson, R.N., to practice professional nursing in the Commonwealth of Virginia, be and hereby is INDEFINITELY SUSPENDED. At such time as she shall petition the Board for reinstatement of her license, a hearing will be convened to receive evidence satisfactory to the Board that she is capable of resuming the safe and competent practice of nursing.

Pursuant to § 9-6.14:14 of the Code of Virginia (1950), as amended, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspections or copying on request.

FOR THE BOARD

Nancy K. Durrett
Nancy K. Durrett, R.N., M.S.N.
Executive Director

ENTERED *December 8, 1997*

SALLY RANDOLPH THOMPSON, R.N.

SEEN AND AGREED TO:

Sally Randolph Thompson, RN
Sally Randolph Thompson, R.N.

COMMONWEALTH OF VIRGINIA

CITY/COUNTY OF Norfolk, to-wit:

Subscribed and sworn to before me, Donna Marie CINGEMPEL,
a Notary Public, by
Sally Randolph Thompson, R.N., this 3 day of December, 1997.

My commission expires the 31 day of March, ~~19~~²⁰⁰⁰.

Donna Marie Cingempel