VIRGINIA:

BEFORE THE COMMITTEE OF THE JOINT BOARDS OF NURSING AND MEDICINE

IN RE:

MARY ELLEN COTELLESE, L.N.P. LICENSE NO.: 0024-090106

CONSENT ORDER

The Virginia Committee of the Joint Boards of Nursing and Medicine ("Committee of the Joint Boards") and Mary Ellen Cotellese, L.N.P., as evidenced by her signature hereto, enter into the following Consent Order affecting Ms. Cotellese's license to practice as a nurse practitioner in Virginia.

The Committee of the Joint Boards adopts the following Findings of Fact and Conclusions of Law.

FINDINGS OF FACT

- 1. Mary Ellen Cotellese, L.N.P., was issued License No. 0024-090106 to practice as a nurse practitioner by the Virginia Committee of the Joint Boards of Nursing and Medicine on November 28, 1994. Said license is set to expire on August 31, 2013.
- 2. Ms. Cotellese is unable to safely practice as a nurse practitioner due to substance abuse and/or mental illness, as evidenced by the following:
- a. On August 31, 2011, in the General District Court of Patrick County, Virginia, Ms. Cotellese was convicted of two counts of driving under the influence of drugs for offenses that occurred on December 1, 2010, and April 6, 2011. Ms. Cotellese states that on April 6, 2011, she ingested prescription narcotic medications as well as Benadryl before driving to work. Ms. Cotellese also was convicted of improper driving in October 2010 and reckless driving in June 2011.
- b. Ms. Cotellese entered into a Participation Contract with the Health Practitioners' Monitoring Program ("HPMP") on May 3, 2011. She signed the first of several Recovery Monitoring

Contracts on August 17, 2011. In the Recovery Monitoring Contracts, she acknowledged that her substance abuse disorder and/or mental illness may impair her ability to practice her health profession safely. According to the HPMP, her current diagnoses are opiate dependence, Ambien dependence, and depressive disorder. She also suffers from physical ailments that require treatment and medication.

- 3. Ms. Cotellese was granted a stay of disciplinary action in October 2011 with the understanding that she would comply with all requirements of the HPMP. The stay was vacated on November 28, 2011, due to her failure to enter and complete treatment as recommended and her continued use of Ambien.
- 4. As of this time, Ms. Cotellese is in compliance with the HPMP. She attends group therapy with the New River Valley Community Services Board twice weekly and AA meetings three times a week.

CONCLUSIONS OF LAW

Finding of Fact No. 2 constitutes a violation of § 54.1-3007(6) of the Code of Virginia (1950), as amended ("Code").

CONSENT

Mary Ellen Cotellese, L.N.P., by affixing her signature hereon, agrees to the following:

- 1. She has been advised to seek advice of counsel prior to signing this document;
- 2. She acknowledges that without her consent, no legal action can be taken against her except pursuant to the Virginia Administrative Process Act, § 2.2-4000(A) et seq. of the Code;
- 3. She acknowledges that she has the following rights, among others: the right to an informal fact finding conference before the Committee of the Joint Boards, the right to reasonable notice of said hearing, the right to representation by counsel, and the right to cross-examine witnesses against her;
 - 4. She waives all such right to an informal conference;

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- 5. She admits to the Findings of Fact and Conclusions of Law contained herein and waives her right to contest such Findings of Fact and Conclusions of Law in any subsequent proceeding before the Committee of the Joint Boards;
- 6. She consents to the entry of the following Order affecting her right to practice as a nurse practitioner in Virginia.

ORDER

WHEREFORE, on the basis of the foregoing, the Virginia Committee of the Joint Board of Nursing and Medicine, effective upon entry of this Order, and in lieu of further proceedings, hereby ORDERS as follows:

- 1. License No. 0024-090106 of Mary Ellen Cotellese, L.N.P., is INDEFINITELY SUSPENDED.
 - 2. The license will be recorded as suspended and no longer current.
- 3. At such time as Ms. Cotellese shall petition the Committee of the Joint Boards for reinstatement of her license, an administrative proceeding will be convened to determine whether she is capable of resuming the safe and competent nurse practitioner practice. Ms. Cotellese shall be responsible for any fees that may be required for the reinstatement and renewal of the license privilege prior to issuance of the license to resume practice.
- 4. This suspension shall be STAYED upon Ms. Cotellese's continued compliance with the HPMP. At such time, the indefinite suspension shall be STAYED and the following terms and conditions shall apply:
- a. Ms. Cotellese shall comply with all terms and conditions for the period specified by the HPMP.

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Any violation of the terms and conditions stated in this Order shall be reason for b.

summarily rescinding the stay of indefinite suspension of the license of Ms. Cotellese, and an administrative

proceeding shall be held to determine whether her license shall be revoked. The stay of indefinite

suspension may be summarily rescinded at such time the Committee of the Joint Boards is notified that:

i. She is not in compliance with the terms and conditions specified by the HPMP;

ii. Her participation in the HPMP has been terminated;

There is a pending investigation or unresolved allegation against her involving iii.

a violation of law, regulation, or any term or condition of this order.

5. Ms. Cotellese shall maintain a course of conduct in her capacity as a nurse practitioner

commensurate with the requirements of §§ 54.1-2957 et seg. and 54.1-3000 et seg. of the Code and the

Regulations Governing the Licensure of Nurse Practitioners.

Upon receipt of evidence of Ms. Cotellese's participation in and compliance with the HPMP, 6.

the Committee of the Joint Boards, at its discretion, may waive her appearance before the Committee of the

Joint Boards and conduct an administrative review of this matter, at which time Ms. Cotellese may be issued

an unrestricted license to practice as a nurse practitioner.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in

the custody of the Department of Health Professions as public record and shall be made available for public

inspection or copying upon request.

FOR THE COMMITTEE OF THE JOINT BOARDS OF

NURSING AND MEDICINE

Patricia M. Selig, R.N., F.N.P., Ph.D.

President, Virginia Board of Nursing

ENTERED:

SEEN AND AGREED TO:
Mary Ellen Cotellese, L.N.P.
COMMONWEALTH OF VIRGINIA, COUNTY/CITY OF Montgomery, TO WIT:
Subscribed and sworn to before me, Shannun R. Lilley, a Notary Public, this 29° day of June, 2012.
My commission expires
Registration Number 75/0938
NOTARY PUBLIC

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SHANNON R. LILLEY
NOTARY PUBLIC 7510938
COMMONWEALTH OF VIRGINIA
MY COMMISSION EXPIRES 09-30-2015