

**VIRGINIA:**

**BEFORE THE BOARD OF NURSING**

**IN RE: MEGHAN COGLIO, L.P.N.**  
**License No.: 0002-086425**

**ORDER**

In accordance with §§ 2.2-4019, 2.2-4021 and 54.1-2400(10) of the Code of Virginia (1950), as amended ("Code"), an informal conference was conducted on behalf of the Board of Nursing ("Board") on July 21, 2015 in Henrico County, Virginia. Meghan Coglio, L.P.N. was present and was not represented by legal counsel. Allison Gregory, M.S., R.N., F.N.P.-B.C., serving as Agency Subordinate for the Board, submitted a Recommended Decision for consideration.

On September 16, 2015, a quorum of the Board met to receive and act upon the Recommended Decision of the Agency Subordinate. Ms. Coglio was not present nor was she represented by legal counsel.

Based upon its review of the Recommended Decision of the Agency Subordinate, the Board makes the following Findings of Fact and Conclusions of Law and issues the following Order.

**FINDINGS OF FACT**

1. Meghan Coglio, L.P.N. was issued License No. 0002-086425 to practice practical nursing in Virginia on January 19, 2012. The license is scheduled to expire on May 31, 2016. She also holds an expired license to practice practical nursing in the State of Colorado and a license to practice practical nursing in the State of Florida, which expired on July 31, 2015. Her primary state of residence is Virginia.

2. By letter dated June 19, 2015, the Board of Nursing sent a Notice of Informal Conference ("Notice") to Ms. Coglio notifying her that an informal conference would be held on July 21, 2015. The

Notice was sent by certified and first class mail to 3 Hillard Circle, Newport News, Virginia 23602, the address of record on file with the Board of Nursing.

3. Between August 2013 and August 2014, Ms. Coglio was hospitalized six times for treatment of mental illness. She was hospitalized for six days beginning on August 12, 2014, following an attempted suicide by overdose of Vicodin (hydrocodone, C-II) and alcohol. Her diagnoses included recurrent major depression with borderline personality disorder. She was hospitalized again in late August for treatment of depression. Her diagnoses included severe recurrent major depression, borderline personality disorder, and personality disorder. A neurological evaluation conducted in September 2014 included diagnostic impressions of mood disorder, Tourette's disorder, personality disorder and a Global Assessment of Functioning ("GAF") of 58. On October 30, 2014, Ms. Coglio's treating therapist indicated that she was not able to balance the stress of working as a nurse with her personal triggers.

4. On October 19, 2014, Ms. Coglio signed a Participation Contract, and on December 15, 2014, she signed a Recovery Monitoring Contract with the Health Practitioners' Monitoring Program ("HPMP") in which she acknowledged that she may suffer from mental illness and/or physical illness that impairs her ability to practice nursing safely. She was dismissed from the HPMP on May 15, 2015, due to noncompliance with the HPMP, including failure to submit monthly reports and failure to maintain communication with the HPMP. At the time of dismissal, her diagnoses included major depressive disorder, ruled out bipolar disorder, ruled out nonverbal learning disorder, and borderline personality disorder, with a GAF of 55.

5. Ms. Coglio stated at the informal conference that she was again hospitalized for depression in June 2015. She receives medication management from a psychiatrist and a psychiatric nurse practitioner in the same practice. She does not currently see a therapist.

6. Between October 2012 and September 2013 Ms. Coglio worked for a home health agency with assignments in Colorado and Florida. She was unemployed until April 2014, when she began working for Continuum Home Health. She stopped working in nursing in October 2014, when she entered the HPMP. She has worked at a pet supply store and at the Hampton Airport since that time.

7. Ms. Coglio stated that she was currently prescribed Brintellix (vortioxetine) for depression and Lamictal (lamotrigine) for bipolar disorder.

8. Ms. Coglio stated at the informal conference that she resigned from the HPMP because of financial issues and because she had difficulty getting away from work for drug testing. Her request to resign was not granted because she was on final warning status with the HPMP at the time she submitted it. Ms. Coglio further stated that she did not feel she was suited to the program because she did not have a substance abuse problem and she could manage treatment on her own. However, she later stated that she wanted to return to nursing and felt she could cooperate with HPMP now.

#### CONCLUSIONS OF LAW

Findings of Fact Nos. 3 and 4 constitute a violation of § 54.1-3007(6) of the Code.

#### ORDER

WHEREFORE, it is hereby ORDERED as follows:

1. License No. 0002-086425 of Meghan Coglio, L.P.N. is INDEFINITELY SUSPENDED.
2. The license will be recorded as suspended and no longer current.
3. At such time as Ms. Coglio shall petition the Board for reinstatement of her license, an administrative proceeding will be convened to determine whether she is capable of resuming the safe and competent practice of practical nursing. Ms. Coglio shall be responsible for any fees that may be required for the reinstatement and renewal of the license prior to issuance of the license to resume

practice.

4. This suspension applies to any multistate privilege to practice practical nursing.

5. This suspension shall be STAYED upon proof of Ms. Coglio's re-entry into the HPMP.

At such time, the indefinite suspension shall be STAYED and the following terms and conditions shall apply:

a. Ms. Coglio shall comply with all terms and conditions for the period specified by the HPMP.

b. Any violation of the terms and conditions stated in this Order shall be reason for summarily rescinding the stay of indefinite suspension of the license of Ms. Coglio, and an administrative proceeding shall be held to determine whether her license shall be revoked. The stay of indefinite suspension may be summarily rescinded at such time the Board is notified that:

i. Ms. Coglio is not in compliance with the terms and conditions specified by the HPMP;

ii. Ms. Coglio's participation in the HPMP has been terminated;

iii. There is a pending investigation or unresolved allegation against Ms.

Coglio involving a violation of law, regulation, or any term or condition of this order.

6. Upon receipt of evidence of Ms. Coglio's participation and successful completion of the HPMP, the Board, at its discretion, may waive Ms. Coglio's appearance before a Committee and conduct an administrative review of this matter, at which time she may be issued an unrestricted license.

7. This Order is applicable to Ms. Coglio's multistate licensure privileges, if any, to practice practical nursing. For the duration of this Order, Ms. Coglio shall not work outside of the Commonwealth of Virginia pursuant to a multistate licensure privilege without the written permission

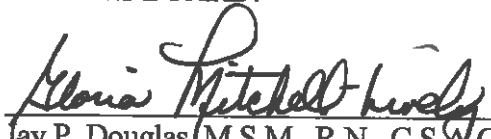
of the Virginia Board of Nursing and the Board of Nursing in the party state where she wishes to work. Any requests for out of state employment should be directed, in writing, to the Executive Director of the Board.

8. Ms. Coglio shall maintain a course of conduct in her capacity as a practical nurse commensurate with the requirements of § 54.1-3000 *et seq.* of the Code and the Board of Nursing Regulations.

Pursuant to § 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

Pursuant to Section 54.1-2400(10) of the Code, Ms. Coglio may, not later than 5:00 p.m., on November 10, 2015, notify Jay P. Douglas, M.S.M., R.N., C.S.A.C., F.R.E., Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that he/she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

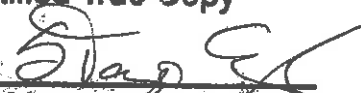
FOR THE BOARD:

*for*   
Jay P. Douglas, M.S.M., R.N., C.S.A.C., F.R.E.  
Executive Director  
Virginia Board of Nursing

ENTERED: October 8, 2015

This Order shall become final on November 10, 2015, unless a request for a formal administrative hearing is received as described above.

Certified True Copy

By   
Virginia Board of Nursing