

**VIRGINIA:**

**BEFORE THE BOARD OF NURSING**

**IN RE:       CHRISTEL A. RODEN, R.N.  
              License No.: 0001-245161**

**CONSENT ORDER**

The Virginia Board of Nursing (“Board”) and Christel A. Roden, R.N., as evidenced by her signature hereto, enter into the following Consent Order affecting Ms. Roden’s license to practice professional nursing in Virginia.

The Board adopts the following Findings of Fact and Conclusions of Law.

**FINDINGS OF FACT**

1. Christel A. Roden, R.N. was issued License No. 0001-245161 to practice professional nursing by the Virginia Board of Nursing on June 25, 2013. Said license is set to expire on October 31, 2016. Her primary state of residence is Virginia.
2. On May 1, 2014, Ms. Roden was admitted to Riverside Walter Reed Hospital, Gloucester, Virginia, with possible substance-induced delirium. She was discharged on May 2, 2014, with a diagnosis of altered mental state.
3. Ms. Roden admitted to the Department of Health Professions’ Investigator that she has a problem with alcohol.
4. Ms. Roden entered into a Participation Contract with the Health Practitioners’ Monitoring Program (“HPMP”) on June 30, 2014, and her first Recovery Monitoring Contract (“RMC”) on July 28, 2014. Her latest RMC was entered on May 26, 2015. Her diagnosis includes alcohol dependence, in remission, and generalized anxiety disorder with panic attacks.

5. Ms. Roden was granted a stay of disciplinary action on January 26, 2015, with the understanding that she would comply with the HPMP.

6. Ms. Roden's stay of disciplinary action was vacated on May 7, 2015, due to missed calls in October and December 2014, a missed screen in March 2015, a diluted urine sample on September 9, 2014, a positive urine drug screen for alcohol on August 22, 2014, and for butalbital (C-VI) on February 9, 2015. Mr. Roden's therapist reported continued progress and spoke of Ms. Roden's sincere engagement in her 12-step program.

7. Ms. Roden's date of sobriety is April 3, 2015.

### CONCLUSIONS OF LAW

The Board concludes that:

1. Finding of Fact Nos. 2 and 6 constitute a violation of § 54.1-3007(2), (5), and (6) of the Code of Virginia (1950), as amended ("Code"), and 18 VAC 90-20-300(A)(2)(c) of the Regulations Governing the Practice of Nursing.

2. Finding of Fact No. 3 constitutes a violation of § 54.1-3007(5) and (6) of the Code.

### CONSENT

Christel A. Roden, R.N., by affixing her signature hereon, agrees to the following:

1. She has been advised to seek advice of counsel prior to signing this document;
2. She acknowledges that without her consent, no legal action can be taken against her except pursuant to the Virginia Administrative Process Act, § 2.2-4000(A) *et seq.* of the Code;

3. She acknowledges that she has the following rights, among others: the right to an informal fact finding conference before the Board, the right to reasonable notice of said hearing, the right to representation by counsel, and the right to cross-examine witnesses against her;

4. She waives all such right to an informal conference;

5. She admits to the Findings of Fact and Conclusions of Law contained herein and waives her right to contest such Findings of Fact and Conclusions of Law in any subsequent proceeding before the Board;

6. She consents to the entry of the following Order affecting her right to practice professional nursing in Virginia.

### **ORDER**

WHEREFORE, on the basis of the foregoing, the Virginia Board of Nursing, effective upon entry of this Order, and in lieu of further proceedings, hereby ORDERS as follows:

1. The Board shall TAKE NO ACTION at this time contingent on the following conditions:

a. Christel A. Roden, R.N. shall comply with all terms and conditions of her contracts with the HPMP for the period specified by the HPMP.

b. Any violation of the terms and conditions stated in this Order shall be reason for revoking the license of Ms. Roden, and an administrative proceeding shall be held to determine whether her license shall be revoked. Ms. Roden shall be noticed to appear before the Board at such time as the Board is notified that:

i. Ms. Roden is not in compliance with the terms and conditions specified by the HPMP;

ii. Ms. Roden's participation in the HPMP has been terminated;

iii. There is a pending investigation or unresolved allegation against Ms. Roden involving a violation of law, regulation, or any term or condition of this order.


iv. Ms. Roden has successfully completed the above-referenced period of participation in the HPMP. However, upon receipt of evidence of Ms. Roden's participation in and compliance with the HPMP, the Board, at its discretion, may waive Ms. Roden's appearance before the Board and conduct an administrative review of this matter.

2. This Order is applicable to Ms. Roden's multistate licensure privileges, if any, to practice professional nursing. For the duration of this Order, Ms. Roden shall not work outside of the Commonwealth of Virginia pursuant to a multistate licensure privilege without the written permission of the Virginia Board of Nursing and the Board of Nursing in the party state where Ms. Roden wishes to work. Any requests for out of state employment should be directed, in writing, to the Executive Director of the Board.

3. Ms. Roden shall maintain a course of conduct in her capacity as a professional nurse commensurate with the requirements of § 54.1-3000 *et seq.* of the Code and the Board of Nursing Regulations.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying upon request.

FOR THE BOARD

*for*   
Jay P. Douglas, M.S.M., R.N., C.S.A.C., F.R.E.  
Executive Director, Virginia Board of Nursing

ENTERED: November 13, 2015

SEEN AND AGREED TO:

Christel Roden RN  
Christel A. Roden, R.N.

COMMONWEALTH OF VIRGINIA,  
COUNTY/CITY OF Gloucester, TO WIT:

Subscribed and sworn to before me, Jessica Cox, a Notary Public, this 3 day of November, 2015.

My commission expires 9/30/18.

Registration Number 7618 392

Jessica Cox  
NOTARY PUBLIC



Certified True Copy

By [Signature]  
Virginia Board of Nursing