VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE:

PAMELA H. ALLISON, L.P.N.

License No.: 0002-056982

ORDER

Pursuant to §§ 2.2-4020, 54.1-110 and 54.1-2400(11) of the Code of Virginia (1950), as amended ("Code"), a formal administrative hearing was held before a panel of the Board of Nursing ("Board") on November 19, 2015, in Henrico County, Virginia, to inquire into evidence that Pamela H. Allison, L.P.N. may have violated certain laws and regulations governing nursing practice in Virginia and certain terms and conditions imposed on her, as set forth in the Order of the Board entered on December 18, 2012. The case was presented by Amy Weiss, Adjudication Specialist, Administrative Proceedings Division. Charis A. Mitchell, Assistant Attorney General, was present as legal counsel for the Board. Ms. Allison was present and was not represented by legal counsel. The proceedings were recorded by a certified court reporter.

Upon consideration of the evidence presented, the Board adopted the following Findings of Fact and Conclusions of Law.

FINDINGS OF FACT

- 1. Pamela H. Allison, L.P.N. was issued License No. 0002-056982 to practice practical nursing by the Virginia Board of Nursing on September 29, 1998. Said license expired on February 28, 2015. Ms. Allison's primary state of residence is Virginia.
- 2. By Order of the Board of Nursing entered December 18, 2012 ("Board's Order"), the Board took no action against Ms. Allison's license contingent upon her entry into and compliance with the Health Practitioners' Monitoring Program ("HPMP"). The Board's Order was based on findings of falsification of documentation and impairment.
- 3. Ms. Allison entered into the HPMP on January 22, 2014. She was dismissed from the HPMP on May 16, 2014 for noncompliance, including failure to enter and complete treatment as recommended.

- 4. Ms. Allison has a history of using a large number of controlled medications. Her Prescription Monitoring Program report for the period of May 19, 2012 through May 19, 2014 revealed prescriptions for numerous controlled medications, including 105 prescriptions for narcotics and benzodiazepines, from 37 prescribers, which she filled at 14 pharmacies.
 - 5. To date, Ms. Allison has not re-enrolled in the HPMP
- 6. At the hearing, Ms. Allison told the Board that if she saw her prescription history, she "would run."
- 7. Ms. Allison testified that she is unwilling to fight for a license that may have, or will have, restrictions on it. She told the Board that she does not believe she needs residential treatment, as recommended by HPMP, since the medications she was prescribed were due to her medical conditions, not an addiction. She told the Board that residential treatment will not solve her health issues so such treatment will not help her. Ms. Allison further testified that she would be willing to explore and look into any options the Board would offer to her, but it has been financially impossible to seek treatment. However, she told the Board that she has not followed through with the community services board or with her employee assistance program. She finally told the Board she has not pursued these avenues because she does not believe she has a problem.
- 8. Evidence revealed that Ms. Allison has been diagnosed with opioid dependence and benzodiazepine dependence. She told the Board that the evidence in front of the Board was history and not current, and that she does not have a substance abuse problem. She did not offer the Board evidence to demonstrate that things have changed.
- 9. At the hearing, Ms. Allison testified that she has not taken a benzodiazepine in two years, but evidence revealed that she received a prescription for lorazepam on June 26, 2014, and diazepam on July 14, 2014.
 - 10. Ms. Allison testified that she is not sure she can practice nursing on a full-time basis due to

her physical issues. She stated that she would be interested in part-time nursing, such as phone nursing, and not providing direct care.

CONCLUSIONS OF LAW

The Board concludes that:

- 1. Finding of Fact No. 3 constitutes a violation of Term No. 1 of the Board's Order entered December 18, 2012.
 - 2. Finding of Fact No. 4 constitutes a violation of § 54.1-3007(6) of the Code.

<u>ORDER</u>

WHEREFORE, the Virginia Board of Nursing, effective upon entry of this Order, hereby ORDERS as follows:

- 1. The right of Pamela H. Allison, L.P.N. to renew License No. 0002-056982 to practice practical nursing in the Commonwealth of Virginia is hereby INDEFINITELY SUSPENDED for a period of not less than two years.
- 2. The license of Pamela H. Allison, L.P.N. will be recorded as SUSPENDED. Should Ms. Allison seek reinstatement her license consistent with this Order, she shall be responsible for any fees that may be required for the reinstatement of her license prior to issuance of her license to resume practice.
- 3. At such time as Ms. Allison shall petition the Board for reinstatement of her license, an administrative proceeding will be convened to determine whether she is able to return to the safe and competent practice of practical nursing.
- 4. This Order shall be applicable to Ms. Allison's multistate licensure privileges, if any, to practice practical nursing.
 - 5. Pamela H. Allison, L.P.N. is hereby REPRIMANDED.

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Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying on request.

FOR THE BOARD

lay P. Douglas, MSM, RN, CSAC, FRE

Executive Director

Virginia Board of Nursing

NOTICE OF RIGHT TO APPEAL

As provided by Rule 2A:2 of the Supreme Court of Virginia, you have 30 days from the date you are served with this Order in which to appeal this decision by filing a Notice of Appeal with Jay P. Douglas, MSM, RN, CSAC, FRE, Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233. The service date shall be defined as the date you actually received this decision or the date it was mailed to you, whichever occurred first. In the event this decision is served upon you by mail, three days are added to that period.

Certified True Copy

Virginia Board Of Nursing