VIRGINIA:

#### BEFORE THE BOARD OF NURSING

IN RE:

LISA M. TRUSLER, R.N.

### CONSENT ORDER

After a Special Conference held on December 11, 1990, pursuant to §§ 54.1-110 and 54.1-3010 of the Code of Virginia (1950), as amended, which conference was properly noticed and attended by the parties hereto, the Virginia Board of Nursing, (herein "the Board"), and Lisa M. Trusler, R.N., enter into the following Consent Order.

# FINDINGS OF FACT

The Board makes the following Findings of Fact:

- 1. Lisa M. Trusler, R.N., holds License No. 0001-111949, issued by the Virginia Board of Nursing  $_{1}QQQ$
- 2. On or about December 14, 1990, Ms. Trusler failed to complete charting for several patients, she incorrectly administered an intravenous infusion, and incorrectly dressed a patient's wound.
- 3. Ms. Trusler diverted Benadryl and one (1) Xanax tablet, a Schedule IV controlled substance, for her own personal and unauthorized use, resulting in a three (3) day suspension of her employment at Sentara Norfolk General Hospital, Norfolk, Virginia, from December 24, 1989, to December 26, 1989. The three (3) day suspension was followed by a thirty (30) day medical leave of absence due to a history of inconsistent performance, stress in her personal life and unauthorized use of medication.

- 4. On or about January 25, 1990, by mutual agreement, Ms. Trusler resigned from Sentara Norfolk General Hospital due to noncompliance with agreed upon goals.
- 5. From on or about January 9, 1990, to July 1990, Ms. Trusler received counselling for depression and borderline personality disorder after being referred by the Employee Assistance Program at Sentara Norfolk General Hospital.
- 6. From on or about February 1990, to December 1990, she was employed at Leigh Memorial Hospital (flexi-pool), Kimberly Quality Care and Analytical Medical Enterprises, all located in Norfolk, Virginia. Due to the part-time nature of the employment there were no performance evaluations.
- 7. On or about November 14, 1990, Ms. Trusler began employment with Portsmouth Naval Hospital, Portsmouth, Virginia.

## CONCLUSIONS OF LAW

Based upon the foregoing Findings of Fact, the Board concludes that Lisa M. Trusler, R.N., violated § 54.1-3007(2) and (5) of the Code of Virginia (1950), as amended and § 4.1B(3) of the Board of Nursing Regulations.

#### CONSENT

- 1. She acknowledges that she has been specifically advised to seek advice of counsel prior to signing this document;
- 2. She acknowledges that she is fully aware that without her consent, no legal action can be taken against her, except pursuant to the Virginia Administrative Process Act, § 9-6.14:1 et seq. of the Code of Virginia (1950), as amended;

- 3. She acknowledges that she has the following rights, among others: the right to a formal fact finding hearing before the Board, to reasonable notice of said hearing, to representation by counsel, and the right to cross examine witnesses against her.
  - 4. She waives all such rights to a formal hearing;
- 5. She consents to the entry of the following Order affecting her license to practice nursing in the Commonwealth of Virginia.

### ORDER

On the basis of the foregoing, the Virginia Board of Nursing, effective upon entry of this Consent Order, hereby ORDERS that License No. 0001-111949, issued to Lisa M. Trusler, R.N., be placed on PROBATION with the following terms and conditions:

- 1. The probationary period shall commence on the date of entry of this Order and will continue indefinitely. Ms. Trusler may petition the Board for termination of her probation after not less than two (2) years of employment as a registered nurse.
- 2. Ms. Trusler shall practice nursing only in a structured, supervised employment setting acceptable to the Board.
- 3. Ms. Trusler shall inform the Board in writing of any change of employment including the name and address of the new employer as well as the date she began employment. Ms. Trusler shall inform the Board of any interruption in nursing practice.
- 4. Ms. Trusler shall inform her nursing employer and any prospective nursing employer that the Board has placed her

license on probation. The Board may provide her employer with a copy of this Order and may communicate with her employer.

- 5. Ms. Trusler shall direct her nursing employer to submit a nursing performance evaluation to the Board every three months, the first evaluation to be submitted the third month following the date of entry of this Order and continuing every three months until the cessation of probation.
- 6. Ms. Trusler shall direct any and all therapists seen from December 1, 1989, to December 1, 1990, to submit discharge summaries to the Board within thirty (30) days from entry of this Order.
- 7. Ms. Trusler shall submit to supervised random drug screens and have all results sent to the Board quarterly. The first result shall be submitted to the Board the third month following the date of entry of this Order. Positive results shall be submitted immediately.
- Ms. Trusler shall abstain from the use of alcohol all other mood altering chemicals except as prescribed physician with whom she has established a bona fide physician/patient relationship and for accepted medicinal therapeutic purposes. Should she be prescribed any controlled substances, a written report from the prescribing physician shall be submitted to the Board within ten (10) days of the prescribing thereof.
- 9. Quarterly reports shall be submitted by Ms. Trusler which will include her current address and current employment, if any. This report is due on the third month following the date of

L. Trusler

entry of this Order, and each quarter thereafter during her period of nursing probation.

10. Ms. Trusler shall return all copies of her current license to practice professional nursing to the Board office within then (10) days of the date of entry of this Order. Upon receipt of the old license and a \$10.00 fee, the Board shall issue a new license marked PROBATION WITH TERMS.

11. Ms. Trusler shall maintain a course of conduct in her capacity as a Registered Nurse commensurate with the requirements of Title 54.1, Chapter 30 of the Code of Virginia (1950), as amended, and the Regulations of the Board of Nursing.

Any violation of the terms and conditions hereof shall constitute grounds for the revocation of the license of Lisa M. Trusler, R.N., and a hearing shall be convened to determine whether her license shall be revoked.

Pursuant to § 9-6.14:14 of the Code of Virginia (1950), as amended, the signed original of this Consent Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying on request.

FOR THE BOARD

Patricia W. Williams, R.N.

President

ENTERED: 0 149 1

Seen and Agreed to:

Lisa M. Trusler, R.N.

Subscribed and sworn to before me Sandra K. Smith

, a Notary Public in and for the City/County of Va Rack

Commonwealth of Virginia, by Lisa M. Trusler,

R.N., this 12 day of Jan , 1991.

My Commission Expires / June , 1993

RECEIVED: February 4, 1991

By. Received: Howard T.

Bernard L. Henderson, Jr. Director Department of Health Professions