

**VIRGINIA:**

**BEFORE THE BOARD OF NURSING**

**IN RE:**

**LISA M. TRUSLER, R.N.**

**ORDER**

Pursuant to § 9-6.14:11 and § 54.1-3010 of the Code of Virginia (1950), as amended (the "Code"), a Special Conference Committee of the Board of Nursing met on April 22, 1997, in Henrico County, Virginia, to receive and act upon the petition of Lisa M. Trusler, R.N., for termination of probation, and to receive and act upon evidence that Ms. Trusler may have violated certain laws and regulations governing the practice of nursing in Virginia. Ms. Trusler was present and was not represented by counsel. Upon consideration of the evidence presented, the Board adopted the following Findings of Fact and Conclusions of Law.

**FINDINGS OF FACT**

1. Lisa M. Trusler, R.N., holds License No. 0001-111949 issued by the Virginia Board of Nursing.
2. By Consent Order entered January 30, 1991, Ms. Trusler's license was placed on indefinite probation, with terms and conditions, for violations involving incomplete charting, medication administration problems, diversion and unauthorized use of medication.
3. By Order entered November 17, 1994, Ms. Trusler's license was continued on indefinite probation, with terms and conditions, for violations involving the submittal of required reports, failure to submit to random drug screens and medication administration problems.
4. During the period of Ms. Trusler's probation, she failed to comply with various terms of her probation, pursuant to the Order entered November 17, 1994, in that:
  - a) She failed to complete a refresher course or tutorial in the administration of medications, as required by Term No. 6.
  - b) She failed to provide a written report from the prescribing physician within ten (10) days of the date prescribed, as required by Term No. 9, for the following prescriptions for mood altering drugs:
    - i. Vicodin 500mg tablets (hydrocodone w/ apap, Schedule III) prescribed by Richard L. Morris, M.D., on or about March 24, and March 27, 1996; and

- ii. Prozac 20mg capsules (Schedule VI) prescribed by Peggy G. Ebinger, M.D., on or about March 17, 1996, May 17, 1996, June 7, 1996 and August 5, 1996.
  - c) She submitted the following quarterly self-reports, and answered "no" to the question, "Are you currently taking any medication?" when, in fact, she had received the above (and other) prescriptions:
    - i. September 17, 1996 - for the period June 30, 1996 - September 30, 1996;
    - ii. June 20, 1996 - for the period March 31, 1996 - June 30, 1996; and
    - iii. March 21, 1996 - for the period December 31, 1995 - March 31, 1996.
  - d) From on or about March 17, 1996, through on or about August 5, 1996, Ms. Trusler received treatment from psychiatrist Peggy Ebinger, M.D. However, on the following quarterly self-reports, she answered "no" to the question, "Individual Therapy":
    - i. September 17, 1996 - for the period June 30, 1996 - September 30, 1996;
    - ii. June 20, 1996 - for the period March 31, 1996 - June 30, 1996; and
    - iii. March 21, 1996 - for the period December 31, 1995 - March 31, 1996.
5. Ms. Trusler currently receives outpatient psychotherapy once a month from C. Douglas Finney, L.C.S.W., for treatment of depressive symptoms.

### **CONCLUSIONS OF LAW**

Based upon the foregoing Findings of Fact, the Board concludes that Lisa M. Trusler, R.N., has violated Term Nos. 6, 9 and 10 of the Order entered November 17, 1994.

### **ORDER**

On the basis of the foregoing, the Virginia Board of Nursing, effective upon entry of this Order, hereby ORDERS that Lisa M. Trusler, R.N., be, and hereby is, CONTINUED on INDEFINITE PROBATION subject to the terms and conditions of the Order entered November 17, 1994.

Pursuant to § 9-6.14:14 of the Code of Virginia (1950), as amended, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspections or copying on request.

If Ms. Trusler does not consent to the committee's decision and desires a hearing before the Board or a panel thereof, she shall notify, in writing, Nancy K. Durrett, R.N., M.S.N., Executive Director, Board of Nursing, 6606 W. Broad Street, Fourth Floor, Richmond, Virginia 23230-1717 within thirty-three (33) days from the date of entry of this Order. This Order shall become final upon the expiration of the thirty-three-day period unless a written request for a formal hearing is received within such time. Upon receiving timely request for a hearing, the Board or panel thereof shall then proceed with a hearing as provided in §9-6.14:12 of the Code of Virginia (1950), as amended.

FOR THE BOARD

Nancy K. Durrett  
Nancy K. Durrett, R.N., M.S.N.  
Executive Director, Board of Nursing

May 8, 1997  
ENTERED

Certificate of Service

I hereby certify that a certified true copy of the foregoing Order was mailed on this day to Lisa M. Trusler, R.N., at 1781 Chase Point Circle, Apt. 324, Virginia Beach, Virginia 23454.

Nancy K. Durrett  
Nancy K. Durrett, R.N., M.S.N.  
Executive Director for the  
Board of Nursing

May 8, 1997  
Date