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VIRGINIA:

BEFORE THE BOARD OF NURSING

VA BD OF NURSING

IN RE: **HEATHER ELIZABETH TRAMMELL, R.N.**
License No.: 0001-243015

CONSENT ORDER

The Virginia Board of Nursing ("Board") and Heather E. Trammell, R.N., as evidenced by her signature hereto, enter into the following Consent Order affecting Ms. Trammell's license to practice professional nursing in Virginia.

The Board adopts the following Findings of Fact and Conclusions of Law.

FINDINGS OF FACT

1. Heather E. Trammell, R.N., was issued License No. 0001-243015 to practice professional nursing by the Virginia Board of Nursing on February 15, 2013. Said license is inactive and is set to expire on December 31, 2016. Ms. Trammell also holds License No. R074086 to practice professional nursing in the State of Arkansas, which expired on February 15, 2013. Her primary state of residence is Virginia.
2. On July 7, August 15 and November 10, 2015, Ms. Trammell was hospitalized for major depressive disorder. On August 15, 2015, Ms. Trammell attempted suicide by ingesting a product containing ethylene glycol and methanol. Ms. Trammell was also hospitalized for depression in March 2012 and April 2013, in Arkansas.
3. Ms. Trammell has chronic pain issues due to multiple medical problems including reflex sympathetic dystrophy. Her prescribed medications include morphine ER and fentanyl patches (both C-II).
4. In January 2015, Ms. Trammell initiated substance abuse treatment at Blue Ridge Behavioral Healthcare to assist her with tapering from prescribed opiates; however, she left the program against medical advice.

5. In December 2015, during interviews with the Department of Health Professions investigator, Ms. Trammell's counselor and psychiatrist at the Piedmont Community Services Board reported that she is unable to safely practice professional nursing at this time.

6. By letter dated January 5, 2016, Ms. Trammell reported that she had resumed electroconvulsive (ECT) therapy and voluntarily surrendered her license to practice professional nursing.

7. Ms. Trammell was employed at Gentiva Home Health, Roanoke, Virginia, from September 16, 2013 to July 11, 2014. Prior to that she was employed at Conway Regional Medical Center, Conway, Arkansas, from September 22, 2009 to May 6, 2012.

CONCLUSIONS OF LAW

Findings of Fact Nos. 3-6 constitute a violation of § 54.1-3007(6) of the Code of Virginia (1950), as amended ("Code").

CONSENT

Heather E. Trammell, R.N., by affixing her signature hereon, agrees to the following:

1. She has been advised to seek advice of counsel prior to signing this document;
2. She acknowledges that without her consent, no legal action can be taken against her except pursuant to the Virginia Administrative Process Act, § 2.2-4000(A) *et seq.* of the Code;
3. She acknowledges that she has the following rights, among others: the right to an informal fact finding conference before the Board, the right to reasonable notice of said hearing, the right to representation by counsel, and the right to cross-examine witnesses against her;
4. She waives all such right to an informal conference;
5. She admits to the Findings of Fact and Conclusions of Law contained herein and waives her right to contest such Findings of Fact and Conclusions of Law in any subsequent proceeding before the Board;

6. She consents to the entry of the following Order affecting her right to practice professional nursing in Virginia.


ORDER

WHEREFORE, on the basis of the foregoing, the Virginia Board of Nursing, effective upon entry of this Order, and in lieu of further proceedings, hereby ORDERS as follows:

1. The Board ACCEPTS the VOLUNTARY SURRENDER for INDEFINITE SUSPENSION of the license of Heather E. Trammell, R.N., to practice professional nursing in the Commonwealth of Virginia.
2. The license will be recorded as suspended and no longer current.
3. At such time as Ms. Trammell shall petition the Board for reinstatement of her license, an administrative proceeding will be convened to determine whether she is capable of resuming the safe and competent practice of professional nursing. Ms. Trammell shall be responsible for any fees that may be required for the reinstatement and renewal of the license prior to issuance of the license to resume practice.
4. This suspension applies to any multistate privilege to practice professional nursing.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in the custody of the Department of Health Professions as public record and shall be made available for public inspection or copying upon request.

FOR THE BOARD



Joyce A. Hahn, PhD, RN, NEA-BC, FNAP
President, Virginia Board of Nursing

ENTERED: 5/17/16

SEEN AND AGREED TO:

Heather E. Trammell, R.N.
Heather E. Trammell, R.N.

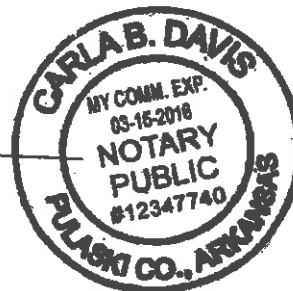
~~COMMONWEALTH OF VIRGINIA, CON~~
STATE of ARKANSAS
COUNTY/CITY OF PULASKI, TO WIT:

Subscribed and sworn to before me, Carla B. Davis, a Notary Public, this 14th day of March, 2016.

My commission expires March 15, 2016.

Registration Number 1234770

Carla B. Davis
NOTARY PUBLIC



Certified True Copy

By [Signature]
Virginia Board of Nursing