

BEFORE THE VIRGINIA BOARD OF NURSING

IN RE: **Sheryl Moser Trail, R.N.**
License Number: **0001-122595**
Expiration Date: **September 30, 2017**
Case Number: **169346**

**NOTICE OF INFORMAL CONFERENCE BEFORE AN AGENCY SUBORDINATE
AND STATEMENT OF ALLEGATIONS**

You are hereby notified that an informal conference has been scheduled before an Agency Subordinate of the Board of Nursing (“Board”) regarding your license to practice professional nursing in the Commonwealth of Virginia.

TYPE OF PROCEEDING:	This is an informal conference before an Agency Subordinate of the Board of Nursing.
DATE AND TIME:	May 26, 2016 at 9:00 a.m.
PLACE:	Virginia Department of Health Professions Perimeter Center - 9960 Mayland Drive 2 nd Floor - Virginia Conference Center Henrico, Virginia 23233

LEGAL AUTHORITY AND JURISDICTION:

1. This informal conference is being held pursuant to Virginia Code §§ 2.2-4019 and 54.1-2400(10). This proceeding will be convened as a public meeting pursuant to Virginia Code § 2.2-3700.

2. After consideration of all information, the Agency Subordinate is authorized to take any of the following actions:

- If the Agency Subordinate finds that there is insufficient evidence to warrant further action or that the charges are without foundation, notify you by mail that your record has been cleared of any charge which might affect your right to practice professional nursing in the Commonwealth;

- Recommend findings of fact, conclusions of law and a sanction, to include a reprimand, placing you on probation with terms, suspension or revocation of your license, or imposing a monetary penalty pursuant to § 54.1-2401 of the Code.

Further, the Agency Subordinate may refer this matter for a formal administrative proceeding pursuant to Virginia Code § 2.2-4020.

Board’s Review of Agency Subordinate’s Recommended Decision

If you **appear in person or by counsel at the informal conference**, the recommendation of the Agency Subordinate will be presented to a quorum of the Board. The Board may accept or modify the recommendation, or reject the recommendation and refer the case to a formal hearing. If you do not agree with the decision of the Board, you have the right to a formal administrative hearing before the Board.

If you **fail to appear in person or by counsel at the informal conference**, the recommendation of the Agency Subordinate will be presented to a quorum of the Board. The Board may accept or modify the recommendation, or reject the recommendation and refer the case to a formal hearing. The Board's decision regarding the agency subordinate's recommendation is a final order that can only be appealed to circuit court as provided by Rule 2A:2 of the Supreme Court of Virginia.

DEFAULT:

If you fail to appear at the informal conference, the Agency Subordinate may proceed to hear this matter in your absence and may take any of the actions outlined above.

RESPONDENT'S LEGAL RIGHTS:

You have the right to the information on which the Agency Subordinate will rely in making a decision, to be represented by counsel at this proceeding, to subpoena witnesses and/or documents, and to present relevant evidence on your behalf.

COMMONWEALTH'S EXHIBIT:

Enclosed is a copy of the documents that will be considered by the Agency Subordinate when discussing any allegations with you and when deliberating on your case. **These documents are enclosed only with the notice sent by certified mail, which you may be required to claim at the post office. Please bring these documents with you to the informal conference.**

FILING DEADLINES:

1. Deadline for filing exhibits: May 19, 2016. Submit five copies of all documents you want the Board to consider to Sylvia Tamayo-Suijk, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233. Exhibits may not be sent by facsimile or e-mail.
2. Deadline for filing motions, including requests for continuance or objections to exhibits, in writing, to Sylvia Tamayo-Suijk at the above address: May 19, 2016. NOTE: the failure to object to exhibits does not deprive you of the right to contest their contents at the proceeding.

STATEMENT OF ALLEGATIONS

The Board of Nursing alleges that:

1. At all times relevant hereto, Sheryl Moser Trail, R.N. was licensed to practice professional nursing in the Commonwealth of Virginia.

2. Ms. Trail violated Virginia Code § 54.1-3007(6) in that Ms. Trail is unsafe to practice as a professional nurse due to chemical dependency and mental and physical illness, as evidenced by the following:

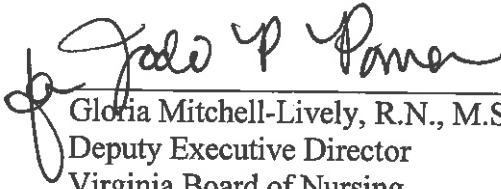
a. On or about August 11, 2005, Ms. Trail was admitted to John Randolph Medical Center, Hopewell, Virginia, following a suicide attempt. On or about August 9, 2006, she was re-admitted to John Randolph and was diagnosed with major depressive disorder, recurrent, severe without psychotic features.

b. On or about August 6, 2008, Ms. Trail was admitted to CJW Medical Center Chippenham Medical Center (“Chippenham”), Richmond, Virginia, for suicidal ideations. Ms. Trail was diagnosed with major depression, recurrent.

c. On or about May 14, 2014, Ms. Trail began treatment with a pain and spine specialist who prescribes her opioids, spinal injections and radiofrequency ablation for pain management. On or about November 18, 2015, in an interview with the investigator for the Department of Health Professions, the specialist opined that Ms. Trail is not safe to practice.

d. On or about August 17, 2015, Ms. Trail was admitted to Chippenham, and then was transferred to Tucker Pavilion on or about August 20, 2015, following an unintentional overdose. Ms. Trail was diagnosed with recurrent major depression, opiate and benzodiazepine dependence.

e. On or about November 18, 2015, Ms. Trail's therapist, who has treated her since October 2008, stated to the investigator that he would not suggest that Ms. Trail return to practice at that time.



Gloria Mitchell-Lively, R.N., M.S.N., M.B.A.
Deputy Executive Director
Virginia Board of Nursing

May 3, 2016
Date