

**BEFORE THE VIRGINIA BOARD OF NURSING**

**IN RE: SARAH LYN BOWMAN**  
**L.P.N. REINSTATEMENT APPLICANT**  
a.k.a. Sarah Bowman Goins  
**License Number: 0002-071830**  
**Case Number: 173590**

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**ORDER**

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**JURISDICTION AND PROCEDURAL HISTORY**

Pursuant to Virginia Code §§ 2.2-4019 and 54.1-2400(10), a Special Conference Committee of the Virginia Board of Nursing (“Board”) held an informal conference on August 17, 2016, in Henrico County, Virginia, to receive and act upon Sarah Lyn Bowman’s application for reinstatement of her license to practice practical nursing in the Commonwealth of Virginia.

Sarah Lyn Bowman appeared at this proceeding and was not represented by legal counsel.

**NOTICE**

By letter dated July 22, 2016, the Board of Nursing sent a Notice of Informal Conference (“Notice”) to Ms. Bowman notifying her that an informal conference would be held on August 17, 2016. The Notice was sent by certified and first class mail to the legal address of record on file with the Board of Nursing.

Upon consideration of the evidence, the Committee adopts the following Findings of Fact and Conclusions of Law and issues the Order contained herein.

**FINDINGS OF FACT AND CONCLUSIONS OF LAW**

1. Sarah Lyn Bowman was issued License Number 0002-071830 to practice practical nursing on August 8, 2005. Her primary state of residence is Virginia.

2. By Order entered December 18, 2012, the Virginia Board of Nursing (“Board”) indefinitely suspended Ms. Bowman’s license for not less than two years based on findings that, during the course of her employment with Pioneer Community Hospital, Patrick County, Virginia, she obtained prescriptions fraudulently.

3. On June 15, 2015, Ms. Bowman submitted an application for reinstatement of her license with the Board. By Order entered December 23, 2015, the Board deferred disposition and ordered Ms. Bowman to undergo a mental health/chemical dependency evaluation. Upon receipt of the evaluation, Ms. Bowman was to be noticed to appear before a Special Conference Committee in order to consider the evaluation and make a final disposition of the matter.

4. On March 10, 2016, Ms. Bowman’s substance abuse evaluation revealed no impairment. No substance abuse treatment was recommended.

5. On May 4, 2016, Ms. Bowman’s mental health evaluation revealed no evidence of mental illness. No mental health treatment was recommended.

6. Sarah Bowman has demonstrated satisfactory evidence that she is prepared to resume practice in a safe and competent manner.

### **ORDER**

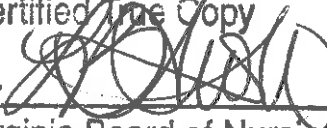
Based on the foregoing Findings of Fact and Conclusions of Law, the Virginia Board of Nursing hereby ORDERS as follows:

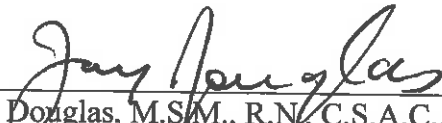
The application of Sarah Lyn Bowman for reinstatement of her license to practice practical nursing is APPROVED without restriction.

Pursuant to Virginia Code §§ 2.2-4023 and 54.1-2400.2, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

Pursuant to Virginia Code § 54.1-2400.2(K), the Board considered whether to disclose or not disclose Ms. Bowman's health records or health services.

FOR THE BOARD

Certified True Copy  
By:   
Virginia Board of Nursing

  
Jay Douglas, M.S.M., R.N., C.S.A.C., F.R.E.  
Executive Director  
Virginia Board of Nursing

ENTERED AND MAILED: August 31<sup>st</sup>, 2016

**NOTICE OF RIGHT TO APPEAL**

Pursuant to Virginia Code § 54.1-2400(10), Ms. Bowman may, not later than 5:00 p.m., on October 3, 2016, notify Jay Douglas, M.S.M., R.N., C.S.A.C., F.R.E., Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated. This Order shall become final on October 3, 2016, unless a request for a formal administrative hearing is received as described above.