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# COMMONWEALTH of VIRGINIA

## Department of Health Professions Board of Nursing

Nancy K. Durrett, R.N., M.S.N.  
Executive Director  
nursebd@dhp.state.va.us

April 1, 2002

6606 West Broad Street, Fourth Floor  
Richmond, Virginia 23230-1717  
(804) 662-9909  
Nurse Aide Registry (804) 662-7310  
FAX (804) 662-9512  
TDD (804) 662-7197

Kelly A. Peren, R.N.  
10411 Armistead Street  
Fairfax, Virginia 22030

**CERTIFIED MAIL**  
**71064575129435553307**

**RE: License No. 0001-144472**

Dear Ms. Peren:

This is official notification that an Informal Conference will be held, pursuant to § 2.2-4019, § 2.2-4021, § 54.1-2400(10) and § 54.1-3010 of the Code of Virginia (1950), as amended, on **April 30, 2002, at 1:00 p.m.**, in the offices of the Department of Health Professions, 6606 West Broad Street, Southern States Building, Fourth Floor, Richmond, Virginia. You may be represented by an attorney at the Informal Conference.

The Special Conference Committee, which is comprised of two or three members of the Virginia Board of Nursing, will inquire into allegations that you may have violated § 54.1-3007(2), (5) and (6) of the Code of Virginia (1950), as amended, and 18 VAC 90-20-300(A)(2)(a), (c), (e) and (f) of the Regulations of the Board of Nursing in that:

1. During the course of your employment with Northern Virginia Community Hospital, Arlington, Virginia, due to your medication administration charting discrepancies, and your exhibited drug seeking behavior to include your coming into work and requesting the narcotics keys when you were not scheduled to work, a review of the Controlled Drug Administration Records and Patient Medication Administration Records ("MARs") was conducted. The review of records revealed the following:
  - a. Regarding Patient A:
    1. On or about November 24, 2001, you signed out on the Controlled Drug Administration Record as removing one tablet of Demerol 75 mg (Meperidine), a Schedule II controlled substance; however, you failed to chart the administration of the medication on the MAR.

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2. On or about November 23, 2001, you signed out on the Controlled Drug Administration Record as removing one tablet of Demerol 75 mg; however, you failed to chart the administration of the medication on the MAR. The physician's order was for 50 mg of Demerol. Additionally, the MAR notes that the medication was discontinued from the original order to every 6 hours as needed for pain. It is unclear who made the change.
3. On or about November 20, 2001, you signed out on the Controlled Drug Administration Record as removing two (2) tablets of Demerol 75 mg; however, you failed to chart the administration of the medication on the MAR.
4. On or about November 19, 2001, you signed out on the Controlled Drug Administration Record as removing one tablet of Demerol 75 mg; however, you failed to chart the administration of the medication on the MAR.

b. Regarding Patient B:

1. On or about November 23, 2001 you signed out on the Controlled Drug Administration Record as removing two (2) tablets of Percocet (oxycodone), a Schedule II controlled substance; however, you failed to chart the administration of the medication on the MAR.
2. On or about November 21, 2001, you signed out on the Controlled Drug Administration Record as removing two (2) tablets of Percocet; however, you failed to chart the administration of the medication on the MAR.
3. On or about November 18, 2001, you signed out on the Controlled Drug Administration Record as removing one tablet of Percocet; however, you failed to chart the administration of the medication on the MAR.

c. Regarding Patient C:

1. On or about November 23, 2001, you signed out on the Controlled Drug Administration Record as removing one tubex of Dilaudid 4 mg (hydromorphone), a Schedule II controlled substance; however, you failed to chart the administration of Dilaudid on the MAR. Further, the patient reported that you did not administer the medication to her.
2. On or about November 21, 2001, you signed out on the Controlled Drug Administration Record as removing seven (7) tubexes of Dilaudid 4 mg, one tubex of Dilaudid 2 mg, and two (2) tablets of Ativan (Lorazepam), a Schedule IV controlled substance; however, you failed to chart the administration of Dilaudid removed at 1130, 1200 and 1830, and failed to

chart the administration of the Ativan on the MAR. Additionally, you documented twice on the Controlled Drug Administration Record as having removed Dilaudid at 1400.

3. On or about November 20, 2001, you signed out on the Controlled Drug Administration Record as removing six (6) tubexes of Dilaudid 4 mg and two (2) tubexes of Dilaudid 4 mg; however, you failed to chart the administration of Dilaudid removed at 1520 and 1600 on the MAR.
  4. On or about November 19, 2001, you signed out on the Controlled Drug Administration Record as removing four (4) tubexes of Dilaudid 2 mg and two (2) tubexes of Dilaudid 4 mg. In reviewing the MAR, it is unclear what you documented as having been administered to the patient.
- d. As a result of the above, your employment was suspended.
2. On or about November 26, 2001 and November 29, 2001, by your own admission to the investigator from the Department of Health Professions:
- a. You reported to the hospital to care for patients when you were not on the schedule. It was noted that you were working on the charts of patients at the unit when you had not received report from the outgoing nursing staff on the condition of the patients.
  - b. You have boundary violation issues in many areas of patient care. You reported that you have concern over the appropriateness of patients being hospitalized. You stated that you were aware that you became overly emotionally involved with patients when you provided direct care. You stated that in order to avoid direct patient care, you accepted a supervisor position at Northern Virginia Community Hospital. You further stated that you knew what you had done was regarding treating of your patients was wrong; but stated, "the entire system is wrong."
  - c. While employed in a hospital in Arizona, you routinely worked outside of your scope of practice.
  - d. You feel as though you have to properly care for some patients even though the patients did not have physicians' orders for some of the care you provided. You stated that the problem was not with your giving needed medications to the patients. You stated that the hospital had several ventilator patients who were not being treated appropriately. You stated that these patients had drug orders that were insufficient to meet their pain needs.

Since the allegations listed above involve impairment, please be advised of the availability of making application to the Health Practitioners' Intervention Program ("Program") that is available

to all health care practitioners licensed in Virginia. A brochure about the program is enclosed. Should you enter into a written agreement with the Program prior to your Informal Conference, the Committee will take that into consideration and could, among other options, decide to close your case with no disciplinary action.

Should you decide not to enter into a written agreement with the Program prior to your meeting with the Conference Committee, the Conference Committee is authorized, after meeting with you, to take one of the following actions:

1. If the Committee finds that there is insufficient evidence to warrant further action or that the charges are without foundation, the Committee shall notify you by mail that your record has been cleared of any charge which might affect your right to practice nursing in the Commonwealth;
2. The Committee may place your license on probation with such terms as it may deem appropriate;
3. The Committee may reprimand you;
4. The Committee may impose a monetary penalty pursuant to § 54.1-2401 of the Code; or
5. The Committee may refer the case to the Board of Nursing or a panel thereof for a formal hearing. If the Conference Committee is of the opinion that a suspension or revocation of your license may be justified, the Committee may offer you a consent order in lieu of a formal hearing.

If you fail to appear at the Informal Conference, the Conference Committee will proceed to hear the case in your absence, and may take any of the actions outlined above.

At least ten (10) days prior to the scheduled date of the conference, please inform this office of your telephone number and whether you intend to appear at the conference. This can be done by calling our offices at (804) 662- or by sending us a letter at the address listed above.

You have the right to information which will be relied upon by the Board in making a decision. Therefore, I have enclosed a copy of the documents which will be distributed to the members of the Committee and will be considered by the Committee when discussing the allegations with you and when deliberating upon your case. These documents are enclosed only with the original notice sent by certified mail, and must be claimed at the post office. Please bring these documents with you.

If you have any additional documents to be presented to the Conference Committee, please bring five (5) copies of each document with you.

Kelly A. Peren, R.N.

Page 5

Also, enclosed are copies of the relevant sections of the Administrative Process Act, which govern proceedings of this nature, as well as laws and regulations relating to the practice of nursing in Virginia that are cited in this notice.

Sincerely,



Jay P. Douglas, R.N., M.S.M., C.S.A.C.  
Assistant Executive Director

JPD/gem/dl

Enclosures

cc: Robert A. Nebiker, Director, Department of Health Professions  
James L. Banning, Director for Administrative Proceedings  
Addison Hurst, Investigator (Case No. 83877)  
Donna P. Whitney, L.P.N., C.S.A.C., Intervention Program Committee Coordinator  
Committee members  
Gayle E. Miller, Senior Adjudication Analyst