

**VIRGINIA:**

**BEFORE THE BOARD OF NURSING**

**IN RE: LINDA THURBY-HAY, R.N., C.N.S.**  
**License No.: 0001-080940**  
**Registration No.: 0015-000433**

**AMENDED NOTICE OF HEARING**

Pursuant to §§ 2.2-4020, 2.2-4024(F), and 54.1-2400(11) of the Code of Virginia (1950), as amended (“Code”), Linda Thurby-Hay, R.N., C.N.S., who holds License No. 0001-080940 to practice professional nursing in Virginia and Registration No. 0015-000433 to practice as a clinical nurse specialist, is hereby given notice that a formal administrative hearing will be held in the presence of a panel of the Board of Nursing. The hearing will be held on November 18, 2015, at 2:00 p.m., at the offices of the Department of Health Professions, Board of Nursing, Perimeter Center, 9960 Mayland Drive, Suite 201, Henrico, Virginia 23233, at which time Ms. Thurby-Hay will be afforded the opportunity to be heard in person or by counsel.

At the hearing, Ms. Thurby-Hay has the following rights, among others: the right to representation by counsel; the right to have witnesses subpoenaed and to present witnesses on her behalf; the right to present documentary evidence; and the right to cross-examine adverse witnesses. If Ms. Thurby-Hay desires any witnesses to appear on her behalf, she must notify the Director of Administrative Proceedings, Department of Health Professions, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in accordance with the Instructions for Requesting Subpoenas.

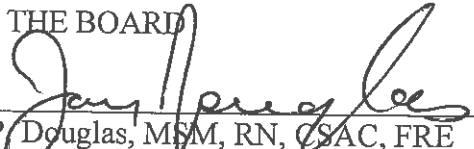
The purpose of the hearing is to inquire into evidence that Linda Thurby-Hay, R.N., C.N.S., may have violated certain laws and regulations governing professional nursing practice in Virginia, as more fully set forth in the Statement of Particulars below.

STATEMENT OF PARTICULARS

The Board alleges that Linda Thurby-Hay, R.N., C.N.S., may have violated § 54.1-3007(2), (5), and (8) of the Code and 18 VAC 90-20-290 and 18 VAC 90-20-300(A)(2)(a) and (g) of the Regulations Governing the Practice of Nursing in that during the course of her employment with MCV Hospitals of the VCU Health System, Richmond, Virginia:

1. On or about May 21, 2014, Ms. Thurby-Hay decreased the dose of Metformin (Schedule VI) prescribed to Patient A without consulting the physician in advance or obtaining a verbal order.
2. On or about June 4, 2014, Ms. Thurby-Hay instructed Patient B to adjust her insulin pump setting/dosage without consulting the prescribing physician in advance, or notifying the physician, and without documenting the change in the medical record.
3. On or about June 4, 2014, Ms. Thurby-Hay saw Patient C independently and failed to complete and document a thorough and accurate medication reconciliation. Specifically, she failed to include the medication Lantus (insulin) and its dosage, yet advised in the treatment plan that it be continued at the current dose, and she failed to list the dosage of levothyroxine (Schedule VI) that was prescribed. She also documented that the patient was still receiving Lisinopril 50mg (Schedule VI), when the dosage was previously reduced to 10mg by the prescribing physician. Further she recommended increasing the meal time dose of insulin (Humalog) after the patient reported reducing it, without providing specific instructions on how to do so based on carbohydrate intake.

FOR THE BOARD

  
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Jay P. Douglas, MSM, RN, CSAC, FRE  
Executive Director for the  
Board of Nursing

ENTERED: October 21<sup>ST</sup> 2015