

**BEFORE THE VIRGINIA BOARD OF NURSING**

**IN RE: LAUREN N. BARRETT, R.N.**  
**License Number: 0001-256524**  
**Case Number: 172049**

**RATIFICATION AND ORDER**


On January 25, 2017, a panel of the Board met to receive and act upon the Recommended Decision of the Agency Subordinate. Lauren N. Barrett, R.N., submitted written comments.

In consideration whereof, the Board of Nursing ACCEPTS the attached Recommended Findings of Fact and Conclusions of Law of the Agency Subordinate and ADOPTS the Recommended Order in its entirety.

Pursuant to Virginia Code § 54.1-2400.2, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

Pursuant to Virginia Code § 54.1-2400(10), Ms. Barrett may, not later than 5:00 p.m., on **March 7, 2017**, notify Jay P. Douglas, MSM, RN, CSAC, FRE, Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

**Certified True Copy**  
By   
**Virginia Board Of Nursing**

FOR THE BOARD  
  
Jay Douglas, M.S.M., R.N., C.S.A.C., F.R.E.  
Executive Director  
Virginia Board of Nursing

ENTERED AND MAILED ON:  
February 2<sup>nd</sup>, 2017

This Order shall become final on March 7, 2017, unless a request for a formal administrative hearing is received as described above.

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**REPORT AND RECOMMENDATION OF AGENCY SUBORDINATE**

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**Jurisdiction and Procedural History**

Pursuant to Virginia Code §§ 2.2-4019 and 54.1-2400(10), Judith Piersall, R.N., M.S.N., serving as Agency Subordinate of the Virginia Board of Nursing (“Board”), held an informal conference on November 1, 2016 in Henrico County, Virginia, to inquire into evidence that Lauren N. Barrett, R.N., may have violated certain laws and regulations governing the practice of professional nursing in the Commonwealth of Virginia.

Ms. Barrett appeared at this proceeding and was represented by Robert Allen, Esquire.

Upon consideration of the evidence, the Agency Subordinate makes the following Findings of Fact and Conclusions of Law and recommends that the Board adopt the following Order.

**Notice**

By letter dated October 4, 2016, the Board sent a Notice of Informal Conference (“Notice”) to Ms. Barrett notifying her that an informal conference would be held on November 1, 2016. The Notice was sent by certified and first class mail to the legal address of record on file with the Board.

**Recommended Findings of Fact and Conclusions of Law**

1.     Lauren N. Barrett, R.N., was issued License Number 0001-256524 to practice professional nursing on February 6, 2015, which is scheduled to expire on December 31, 2018. At all times relevant to the findings herein, said license was in full force and effect. Her primary state of residence is Virginia.

2. Ms. Barrett violated Virginia Code § 54.1-3007(2), (5) and (8) and 18 VAC 90-20-300(2)(f) of the Regulations Governing the Practice of Nursing in that, during the course of her employment with Mary Washington Hospital, on July 22, 2015, Ms. Barrett committed the following medication errors:

a. Ms. Barrett administered Heparin IV push to a patient, when the order called for Heparin subcutaneous. At the informal conference Ms. Barrett testified that she misread the route of administration.

b. Ms. Barrett failed to scan a patient's armband prior to administering six or seven medications that were ordered for a different patient. She scanned the armband after handing the medications to the patient. Ms. Barrett retrieved the medications from the patient's mouth before the patient swallowed them. There was no patient harm.

3. During the informal conference Ms. Barrett acknowledged that she had made these medication errors and that these were serious mistakes.

4. Ms. Barrett was allowed to resign from her position with Mary Washington Hospital in lieu of termination.

5. Ms. Barrett is now working at Ambulatory Care at Bon Secours in Richmond, Virginia.

#### **Recommended Order**

Based on the foregoing Findings of Fact and Conclusions of Law, the Agency Subordinate recommends that the Board issue an Order as follows:

1. Within 60 days from the date of entry of this Order, Lauren N Barrett, R.N., shall provide written proof satisfactory to the Board of successful completion of the following NCSBN course(s):

a. Disciplinary Actions: What Every Nurse Should Know,

- b. Medication Errors: Causes & Prevention,
- c. Professional Accountability & Legal Liability for Nurses.

Continuing education obtained through compliance with this term shall not be used toward licensure renewal.

2. Lauren N. Barrett, R.N., shall comply with all laws and regulations governing the practice of professional nursing in the Commonwealth of Virginia.

3. Failure to comply with the terms and conditions of this Order shall constitute grounds for an administrative proceeding before the Board.

Reviewed and approved on December 1, 2016  
By Judith Piersall, R.N., B.S.N.  
Agency Subordinate