BEFORE THE VIRGINIA BOARD OF NURSING

IN RE: CARMEN BREVO PARRISH, R.M.A.

Registration Number: 0031-004104

Case Number: 170486

RATIFICATION AND ORDER

On January 25, 2017, a panel of the Board met to receive and act upon the Recommended Decision of

the Agency Subordinate. Carmen Brevo Parrish, R.M.A., was not present nor was she represented by legal

counsel.

In consideration whereof, the Board of Nursing ACCEPTS the attached Recommended Findings of Fact

and Conclusions of Law of the Agency Subordinate and ADOPTS the Recommended Order in its entirety.

Pursuant to Virginia Code § 54.1-2400.2, the signed original of this Order shall remain in the custody of

the Department of Health Professions as a public record, and shall be made available for public inspection and

copying upon request.

Pursuant to Virginia Code § 54.1-2400(10), Ms. Parrish may, not later than 5:00 p.m., on March 13,

2017, notify Jay Douglas, M.S.M., R.N., C.S.A.C., F.R.E., Executive Director, Board of Nursing, 9960 Mayland

Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the

Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

Certified True Copy

Virginia Board Of Nursing

FOR THE BOARI

Jay Douglas, M.S.M, R.N., C.S.A.C., F.R.J.

**Executive Director** 

Virginia Board of Nursing

ENTERED AND MAILED ON:

This Order shall become final on March 13, 2017, unless a request for a formal administrative hearing is

received as described above.

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IN RE:

CARMEN BREVO PARRISH, R.M.A.

Registration Number: 0031-004104

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REPORT AND RECOMMENDATION OF AGENCY SUBORDINATE

**Jurisdiction and Procedural History** 

Pursuant to Virginia Code §§ 2.2-4019 and 54.1-2400(10), Nancy K. Durrett, R.N., M.S.,

serving as Agency Subordinate of the Virginia Board of Nursing ("Board"), held an informal

conference on December 13, 2016 in Henrico County, Virginia, to inquire into evidence that Carmen

Brevo Parrish, R.M.A., may have violated certain laws and regulations governing the practice of

medication aides in the Commonwealth of Virginia.

Ms. Parrish appeared at this proceeding and was not represented by legal counsel.

Upon consideration of the evidence, the Agency Subordinate makes the following Findings of

Fact and Conclusions of Law and recommends that the Board adopt the following Order.

**Notice** 

By letter dated November 17, 2016, the Board sent a Notice of Informal Conference ("Notice")

to Ms. Parrish notifying her that an informal conference would be held on December 13, 2016. The

Notice was sent by certified and first class mail to the legal address of record on file with the Board.

Recommended Findings of Fact and Conclusions of Law

1. Carmen Brevo Parrish, R.M.A., was issued Registration Number 0031-004104 to

practice as a medication aide on May 10, 2010, which is scheduled to expire on October 31, 2017. At

all times relevant to the findings herein, said registration was in full force and effect.

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- 2. Ms. Parrish violated Virginia Code § 54.1-3007(2), (5), (6) and (8) and 18 VAC 90-60-120(2)(c) and (d) of the Regulations Governing the Registration of Medication Aides in that during the course of her employment at Campbell Rest Home, Bedford, Virginia, from August 22, 2015 to October, 2015, by her own admission, Ms. Parrish diverted Lortab (hydrocodone, C-II) from Resident A for her personal and unauthorized use and ingested the medication while on duty. She accomplished the diversion by withdrawing the medication and falsely documenting that it was administered or wasted. Ms. Parrish also wrote over dates and times in the controlled drug record to keep the count and time allotment for administration correct.
- 3. Resident A was interviewed by the Bedford Police and stated that she had only asked for her pain medication one time in the recent months.
- 4. Ms. Parrish was disciplined by Campbell Rest Home on April 12, 2012 and June 18, 2012, for failing to document narcotics.
- 5. Ms. Parrish is still employed part-time at Campbell Rest Home and has not had any additional problems. She was working on the medication cart until the week prior to the informal conference.
  - 6. Ms. Parrish is also employed full-time at Heritage Green Assisted Living Facility.
- 7. At the informal conference, Ms. Parrish denied addiction to any medication, but reported diverting the Lortab due to hip pain.

## Recommended Order

Based on the foregoing Findings of Fact and Conclusions of Law, the Agency Subordinate recommends that the Board issue an Order as follows:

1. Carmen Brevo Parrish, R.M.A., is REPRIMANDED.

Carmen Brevo Parrish, R.M.A. Page 3 of 3

2. Carmen Brevo Parrish, R.M.A., shall undergo a chemical dependency evaluation

conducted by a Board-approved specialist who holds an unrestricted license, and have a written report

of the evaluation, including a diagnosis, recommended course of therapy, prognosis, and any other

recommendations sent to the Board, within 90 days of the entry of this Order. Ms. Parrish shall

provide proof to the Board that she has provided the specialist with a complete copy of this Order. Ms.

Parrish shall execute all releases necessary for unrestricted communication between the specialist and

the Board and shall bear all costs associated with the evaluation. Upon receipt of the required report,

the Board shall conduct a review of this matter and may either schedule an additional administrative

proceeding to consider the evaluation and make a final disposition of the matter or close the matter

without a further proceeding.

3. Carmen Brevo Parrish, R.M.A., shall comply with all laws and regulations governing

the practice of medication aides in the Commonwealth of Virginia.

4. Any violation of the foregoing terms and conditions of this Order or any statute or

regulation governing the practice of medication aides shall constitute grounds for further disciplinary

action.

Reviewed and approved on January 3, 2017

By Nancy K. Durrett, R.N., M.S.

Agency Subordinate