

**BEFORE THE VIRGINIA BOARD OF NURSING**

**IN RE:           SHERRY MARIE SPRADLIN, C.N.A.**  
**CertificateNumber: 1401-091545**  
**Case Number:        171532**

---

**ORDER**

---

**JURISDICTION AND PROCEDURAL HISTORY**

Pursuant to Virginia Code §§ 2.2-4020, 2.2-4024(F), and 54.1-2400(11), a panel of the Virginia Board of Nursing (“Board”) held a formal administrative hearing on January 26, 2017, in Henrico County, Virginia, to inquire into evidence that Sherry Spradlin, C.N.A., may have violated certain laws governing the practice of nurse aides in the Commonwealth of Virginia.

Sherry Marie Spradlin, C.N.A., did not appear at this proceeding and was not represented by legal counsel.

**NOTICE**

By letter dated January 5, 2017, the Board sent a Notice of Formal Hearing (“Notice”) to Ms. Spradlin notifying her that a formal administrative hearing would be held on January 26, 2017. The Notice was sent by certified and first class mail to the legal address of record on file with the Board. The receipt for the Notice sent via certified mail was signed by Ms. Spradlin and returned to the Board office on January 11, 2017. The Notice sent via first-class mail was not returned to the Board office. Accordingly, the panel Chair concluded that adequate notice was provided to Ms. Spradlin and the formal hearing proceeded in her absence.

Upon consideration of the evidence, the Board adopts the following Findings of Fact and Conclusions of Law and issues the Order contained herein.

## FINDINGS OF FACT

1. On April 6, 2002, the Board issued Certificate Number 1401-091545 to Sherry Marie Spradlin, C.N.A. to practice as a nurse aide in the Commonwealth of Virginia. Said certificate is scheduled to expire on April 30, 2017. At all times relevant hereto, said certificate was in full force and effect.
2. During an investigation into a complaint filed by Ms. Spradlin, the Department of Health Professions (“DHP”) identified evidence that Ms. Spradlin was unsafe to practice as a nurse aide due to mental illness. Ms. Spradlin has a diagnosis of delusional disorder and cluster A traits (paranoia vs. schizotypal) and has been noncompliant with prescribed medications and treatment providers’ recommendations.
3. The evidence obtained by the DHP investigator, Deputy Director of Enforcement Pam Twombly, includes Ms. Spradlin’s treatment records with the UVA Health System from July 2015 through December 2015. During a July 20, 2015, visit with a psychiatrist, Ms. Spradlin was diagnosed with delusional disorder. She was prescribed clonazepam 0.5 mg nightly, as needed and aripipazole 5mg for psychosis and underlying anxiety. She was seen again on August 5, 2015, complaining of side effects and was switched to perphenazine and clonazepam. She did not see this doctor again.
4. In a letter to the investigator dated December 21, 2015, the physician noted that Ms. Spradlin had been dismissed from several UVA clinics, including family medicine and internal medicine, due to repeated misbehavior with staff, including nurses and physicians.
5. In her 2013 application for reinstatement of her C.N.A. certificate, which had expired in 2006, Ms. Spradlin included an October 2012 mental health assessment reflecting a primary diagnosis of “schizophrenia, disorganized type,” and “paranoid personality disorder.”

6. In late 2015 and early 2016, Ms. Spradlin submitted a series of letters to the Board expressing concern about a variety of alleged conspiracies to make her ill, steal her mail and other belongings, and break into her home, for which she has provided no evidence.

### CONCLUSIONS OF LAW

1. Finding of Fact No. 2 constitutes a violation of Virginia Code § 54.1-3007(6).
2. Pursuant to Virginia Code § 54.1-2400.2(K), the Board considered whether to disclose or not disclose Ms. Spradlin's health records or health services.

### **ORDER**

Based on the foregoing Findings of Fact and Conclusions of Law, the Virginia Board of Nursing hereby ORDERS as follows:

1. The certificate issued to Sherry Marie Spradlin, C.N.A., to practice as a nurse aide in the Commonwealth of Virginia is INDEFINITELY SUSPENDED for a period of not less than two years from the date of entry of this Order.
2. The certificate of Sherry Marie Spradlin, C.N.A., will be recorded as SUSPENDED.
3. Should Sherry Marie Spradlin, C.N.A., seek reinstatement of her certificate, an administrative proceeding shall be convened to consider such application. At such time, the burden shall be on Ms. Spradlin to demonstrate that she is safe and competent to return to the practice of a nurse aide. Ms. Spradlin shall be responsible for any fees that may be required for the reinstatement and/or renewal of the certificate prior to issuance of the certificate to resume practice.

Pursuant to Virginia Code §§ 2.2-4023 and 54.1-2400.2, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

FOR THE BOARD

*Jay P. Douglas*  
for Jay Douglas, M.S.M., R.N., C.S.A.C., F.R.E.  
Executive Director  
Virginia Board of Nursing

ENTERED AND MAILED ON:

*February 17, 2017*

**NOTICE OF RIGHT TO APPEAL**

As provided by Rule 2A:2 of the Supreme Court of Virginia, you have 30 days from the date you are served with this Order in which to appeal this decision by filing a Notice of Appeal with Jay P. Douglas, M.S.M., R.N., C.S.A.C., F.R.E., Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233. The service date shall be defined as the date you actually received this decision or the date it was mailed to you, whichever occurred first. In the event this decision is served upon you by mail, three days are added to that period.

Certified True Copy

By *dspradlin*  
Virginia Board Of Nursing