BEFORE THE VIRGINIA COMMITTEE OF THE JOINT BOARDS OF NURSING AND MEDICINE

IN RE:

LEE CASWELL HUGHES, L.N.P.

a.k.a Lee McNamee

License Numbers: 0024-169677, 0017-140240

Case Number: 164231

RATIFICATION AND ORDER

On February 8, 2017, a quorum of the Committee met to receive and act upon the Recommended

Decision of the Agency Subordinate. Lee Caswell Hughes, L.N.P., was not present nor was she represented by

legal counsel.

In consideration whereof, the Committee of the Joint Boards of Nursing and Medicine ACCEPTS the

attached Recommended Findings of Fact and Conclusions of Law of the Agency Subordinate and ADOPTS the

Recommended Order in its entirety.

Pursuant to Virginia Code § 54.1-2400.2, the signed original of this Order shall remain in the custody of

the Department of Health Professions as a public record, and shall be made available for public inspection and

copying upon request.

Pursuant to Virginia Code § 54.1-2400(10), Ms. Hughes may, not later than 5:00 p.m., on April 1, 2017,

notify Jay Douglas, M.S.M, R.N., C.S.A.C., F.R.E, Executive Director, Board of Nursing, 9960 Mayland Drive,

Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the

Committee. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated.

FOR THE COMMITTEE

ay Douglas, M.S.M, R.N. C.S.A.C., F.R.E

Executive Director

Virginia Board of Nursing

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This Order shall become final on April 1, 2017, unless a request for a formal administrative hearing is received as described above.

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REPORT AND RECOMMENDATION OF AGENCY SUBORDINATE

Jurisdiction and Procedural History

Pursuant to Virginia Code §§ 2.2-4019 and 54.1-2400(10), Allison Gregory, M.S., R.N, F.N.P.-B.C., serving as Agency Subordinate of the Virginia Committee of the Joint Boards of Nursing and Medicine ("Committee"), held an informal conference on December 15, 2016 in Henrico County, Virginia, to inquire into evidence that Lee Caswell Hughes, L.N.P., may have violated certain laws and regulations governing nurse practitioner practice in the Commonwealth of Virginia.

Ms. Hughes appeared at this proceeding and was represented by Bevin Alexander, Jr., Esquire.

Upon consideration of the evidence, the Agency Subordinate makes the following Findings of Fact and Conclusions of Law and recommends that the Committee adopt the following Order.

Notice

By letter dated November 10, 2016, the Board of Nursing ("Board") sent a Notice of Informal Conference ("Notice") to Ms. Hughes notifying her that an informal conference would be held on December 15, 2016. The Notice was sent by certified and first class mail to the legal address of record on file with the Board.

Recommended Findings of Fact and Conclusions of Law

1. Lee Caswell Hughes, L.N.P., was issued License Number 0024-169677 to practice as a nurse practitioner and License Number 0017-140240 for prescriptive authority on September 29, 2011,

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which are scheduled to expire on June 30, 2017. At all times relevant to the findings herein, said licenses were in full force and effect. Her primary state of residence is Virginia.

- 2. Ms. Hughes violated Virginia Code §§ 54.1-3007(2) and (5), 54.1-3303(A), and 54.1-3408(A), 18 VAC 90-30-220(3), (4) and (6) of the Regulations Governing the Licensure of Nurse Practitioners, 18 VAC 90-40-130(A)(1) of the Regulations for Prescriptive Authority for Nurse Practitioners, and 18 VAC 90-20-300(A)(2)(c) of the Regulations Governing the Practice of Nursing in that:
- a. On August 31, 2012 and October 1, 2012, Ms. Hughes fraudulently phoned in prescriptions to CVS pharmacy for diethylpropion HCL (C-IV), using the name of a physician friend as the prescriber, and filled them for her own personal use.
- b. On January 17, 2013, Ms. Hughes, by her own admission, fraudulently phoned in a prescription for her significant other, for phentermine HCL (C-IV), and filled it for her own personal use. She refilled the medication on February 18, 2013 for her own personal use.
- c. On March 12, 2013, Ms. Hughes, by her own admission, fraudulently phoned in a prescription for her significant other, for phendimetrazine tartrate (C-IV), and filled it for her own personal use.
- d. On May 10, 2013, Ms. Hughes, by her own admission, fraudulently wrote a prescription to a fictitious patient for phentermine HCL, and filled it for her own personal use.
- e. On June 5, 2013, Ms. Hughes, by her own admission, fraudulently wrote a prescription to a fictitious patient for diethylpropion HCL, and filled it for her own personal use.
- 3. At the informal conference, Ms. Hughes refused to comment as to Allegations 2(d) and (e) on the advice of her counsel. Ms. Hughes acknowledged that she overused amphetamines.

- 4. Ms. Hughes violated Virginia Code §§ 54.1-2957.01(B), 54.1-3007(2) and (5), and 54.1-3303(A) and 18 VAC 90-40-121(A) and (C) of the Regulations for Prescriptive Authority for Nurse Practitioners in that:
- a. On October 1, 2012, Ms. Hughes wrote a prescription to a friend for phentermine HCL, with two refills, for which there was no bona fide practitioner-patient relationship. Further, no medical history was obtained, no examination was conducted, and no patient record was documented.
- b. On May 1, 2013, Ms. Hughes wrote a prescription for Fortesta (C-III) to her significant other, with whom there was no bona fide practitioner-patient relationship. Further, no medical history was obtained, no examination was conducted, and no patient record was documented.
- 5. On December 9, 2016, Ms. Hughes submitted to the Agency Subordinate two letters of reference from her current and former employers speaking to her ethics, character and professionalism. She is currently employed at Lynchburg Pulmonary Associates Sleep Center since 2015.
- 6. At the hearing, Ms. Hughes was remorseful for her actions. Ms. Hughes admitted a distant history of alcoholism and stated that she has remained active in AA for many years. She denied addiction to diet pills and stated that the improper prescribing was the result of poor judgement during a stressful time in her life.

Recommended Order

Based on the foregoing Findings of Fact and Conclusions of Law, the Agency Subordinate recommends that the Committee issue an Order as follows:

- 1. Lee Caswell Hughes, L.N.P., is REPRIMANDED.
- 2. Ms. Hughes is assessed a MONETARY PENALTY of \$500.00. This penalty shall be paid to the Board of Nursing by certified check or money order made payable to the Treasurer of Virginia within 90 days from the date of entry of this Order. Failure to pay the full monetary penalty

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by the due date may cause the matter to be sent for collection and constitutes grounds for an

administrative proceeding and further discipline. Payment of said monetary penalty shall satisfy the

monetary penalty imposed by the Board of Nursing in Case Number 177231.

3. Finding probable cause that Lee Caswell Hughes, L.N.P., may be unable to practice

with reasonable skill and safety to patients because of excessive use of alcohol or drugs, it is

ORDERED that pursuant to Virginia Code § 54.1-2400(15), Ms. Hughes shall undergo a chemical

dependency evaluation conducted by a Committee-approved specialist who holds an unrestricted

license, and have a written report of the evaluation, including a diagnosis, recommended course of

therapy, prognosis, and any other recommendations sent to the Committee, within 90 days of the entry

of this Order. Ms. Hughes shall provide proof to the Committee that she has provided the specialist

with a complete copy of this Order. Ms. Hughes shall execute all releases necessary for unrestricted

communication between the specialist and the Committee and shall bear all costs associated with the

evaluation. Upon receipt of the required report, the Committee shall conduct a review of this matter

and may either schedule an additional administrative proceeding to consider the evaluation and make a

final disposition of the matter or close the matter without a further proceeding. This provision of this

Order is not subject to appeal.

4. Ms. Hughes shall comply with all laws and regulations governing nurse practitioner

practice in the Commonwealth of Virginia.

5. Any violation of the foregoing terms and conditions of this Order or any statute or

regulation governing nurse practitioner practice shall constitute grounds for further disciplinary action.

Reviewed and approved on January 10, 2017

By Allison Gregory, M.S., R.N, F.N.P.-B.C.

Agency Subordinate

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