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By 
Virginia Board Of Nursing



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COMMONWEALTH of VIRGINIA

VA BD OF NURSING

David E. Brown, D.C.
Director

Department of Health Professions
Perimeter Center
9960 Mayland Drive, Suite 300
Henrico, Virginia 23233-1463

www.dhp.virginia.gov
TEL (804) 367-4400
FAX (804) 527-4475

April 3, 2017

Maia Singhmor, R.N.
537 N Cobb St.
Palmer, AK 99645

DUPLICATE COPY
VIA FIRST CLASS MAIL

DATE 4/3/17

RE: License Number: 0001-260782
Case Number: 179241

Dear Ms. Singhmor:

Pursuant to Virginia Code § 54.1-2409, you are hereby given notice that your license to practice professional nursing in the Commonwealth of Virginia has been mandatorily suspended by the enclosed Order entered March 31, 2017. You are hereby advised that you may not practice professional nursing or hold yourself out as a licensed professional nurse unless and until the Board of Nursing has notified you in writing that your license has been reinstated. Please return your license to Jay P. Douglas, Executive Director of the Virginia Board of Nursing ("Board"), at the above address, immediately upon receipt of this letter.

You may apply to the Board for reinstatement of your license, and you shall be entitled to a formal administrative hearing not later than the next regular meeting of the Board after the expiration of 60 days from the Board's receipt of your reinstatement application. The reinstatement of your license shall require the affirmative vote of three-fourths of the members of the Board present at the hearing. The reinstatement application can be found at www.dhp.virginia.gov/Nursing.

If you have any questions about this matter, you can contact me at (804) 367-4474 or anne.joseph@dhp.virginia.gov.

Sincerely,



Anne Joseph, Deputy Director
Administrative Proceedings Division

cc: Jay P. Douglas, Executive Director, Board of Nursing
Enclosures

BEFORE THE VIRGINIA DEPARTMENT OF HEALTH PROFESSIONS

IN RE: MAIA SINGHMOR, R.N.
License Number: 0001-260782
Case Number: 179241

ORDER OF MANDATORY SUSPENSION


In accordance with Virginia Code § 54.1-2409, I, David E. Brown, D.C., Director of the Virginia Department of Health Professions, received and acted upon evidence that Maia Singhmor, R.N., consented to the suspension of her license to practice as a registered nurse in the State of Alaska. A certified copy of the Order of the Alaska Board of Nursing is attached hereto as Commonwealth's Exhibit 1.

WHEREUPON, by the authority vested in the Director of the Department of Health Professions pursuant to Virginia Code § 54.1-2409, it is hereby ORDERED that the license of Maia Singhmor, R.N., to practice professional nursing in the Commonwealth of Virginia is hereby SUSPENDED.

Upon entry of this Order, the license of Maia Singhmor, R.N., will be recorded as suspended and no longer current and valid. Should Maia Singhmor, R.N., seek reinstatement of her license pursuant to Virginia Code § 54.1-2409, she shall be responsible for any fees that may be required for the reinstatement of the license prior to issuance of the license to resume practice.

This Order shall be applicable to Ms. Singhmor's multistate licensure privilege, if any, to practice professional nursing in the Commonwealth of Virginia.

Pursuant to Virginia Code § 2.2-4023 and § 54.1-2400.2, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record and shall be made available for public inspection or copying on request.




David E. Brown, D.C., Director
Virginia Department of Health Professions

ENTERED:

3/31/17

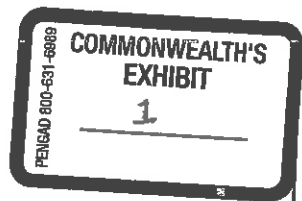
CERTIFICATION OF DUPLICATE RECORDS

I, David E. Brown, D.C., Director of the Department of Health Professions, hereby certify that the attached Order entered February 28, 2017, regarding Maia Singhmor, R.N., is a true copy of the records received from the Alaska Board of Nursing.



David E. Brown, D.C.

Date: 3/31/17



STATE OF ALASKA
DEPARTMENT OF COMMERCE, COMMUNITY AND ECONOMIC DEVELOPMENT
DIVISION OF CORPORATIONS, BUSINESS AND PROFESSIONAL LICENSING
BEFORE THE BOARD OF NURSING

In the Matter of:)
Maia Singhmor)
Respondent)
Case No. 2016-001140)

ORDER

The Board of Nursing for the State of Alaska, having examined the Consent Agreement and Proposed Decision and Order, Case No. 2016-001140, Maia Singhmor, Registered Nurse lapsed license number NURR37107, adopts the Consent Agreement and Decision and Order in this matter.

This Consent Agreement takes effect immediately upon signature of this Order in accordance with the approval of the Board of Nursing.

The Division may enforce the Consent Agreement by immediately suspending Respondent's license, without an additional order from the Board of Nursing or without a prior hearing, for a violation of the Consent Agreement.

DATED this 28 day of Feb, 2017, at Anchorage, Alaska.

Board of Nursing

By: [Signature]
Chairperson

State of Alaska
Department of Commerce, Community and Economic Development
Division of Corporations, Business and Professional Licensing
550 West 7th Avenue, Suite 1500
Anchorage, Alaska 99501-3567
Telephone 907-269-8160 Fax 907-269-8195

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1 STATE OF ALASKA
2 DEPARTMENT OF COMMERCE, COMMUNITY AND ECONOMIC DEVELOPMENT
3 DIVISION OF CORPORATIONS, BUSINESS AND PROFESSIONAL LICENSING
4 BEFORE THE BOARD ON NURSING
5

6 In the Matter of:)
7)
8 Maia Singhmor)
9)
10 Respondent)
11 Case No. 2016-001140

12 CONSENT AGREEMENT
13

14 IT IS HEREBY AGREED by the Department of Commerce, Community and Economic
15 Development, Division of Corporations, Business and Professional Licensing (Division) and
16 Maia Singhmor (Respondent) as follows:

- 17 1) **Licensure.** Respondent is currently licensed as a Registered Nurse (RN) in the State of
18 Alaska and holds lapsed Registered Nurse license number NURR37107. This license was
19 first issued on March 25, 2014 and lapsed November 30, 2016.
- 20 2) **Admission/Jurisdiction.** Respondent admits and agrees that the Board of Nursing (Board)
21 has jurisdiction over the subject matter of her license in Alaska, and over this Consent
22 Agreement.
- 23 3) **Admission/Facts.** Respondent admits to the following facts:
24 a) On August 30, 2016, the Division received notification from Catholic Community Service
25 the Respondent was charged with Driving Under the Influence (DUI) for the second time
26 in one year. Respondent's first DUI charge occurred on May 31, 2016; she was convicted
27 on August 22, 2016. Respondent's second DUI charge occurred on August 16, 2016; she
28 was convicted on August 22, 2016.
- 29 b) On August 16, 2016, Catholic Community Services terminated the Respondent's
30 employment. Catholic Community Services affirmed the Respondent never reported for
31 work under the influence.
- 32 c) On November 3, 2016, the Respondent received a Behavioral Health Assessment (Bio-
33 Psycho-Social Assessment).

- 1 d) On November 29, 2016, the Division received a copy of the Respondent's Bio-Psycho-
2 Social Assessment. The Respondent was diagnosed with an Alcohol Use Disorder of
3 Alcohol Dependence, in early remission.
- 4 e) Respondent admits to having alcohol dependence and is currently enrolled in and
5 attending a rehabilitative program.
- 6 f) Respondent admits that as a result of the above facts, grounds exist for possible
7 suspension, revocation, or other disciplinary sanctions of her license pursuant to AS
8 08.01.075 and AS 08.68.270(3).
- 9 **4) Formal Hearing Process.** It is the intent of the parties to this Consent Agreement to provide
10 for the compromise and settlement of all issues addressed in Paragraph 3 (above) that could be
11 raised by an Accusation to revoke, suspend, or impose disciplinary sanctions against
12 Respondent's license through a formal hearing process.
- 13 **5) Waiver of Rights.** Respondent understands she has the right to consult with an attorney of
14 her own choosing and has a right to an administrative hearing on the facts in this case.
15 Respondent understands and agrees that by signing this Consent Agreement, Respondent is
16 waiving her rights to counsel and to a hearing. Further, Respondent understands and agrees
17 that she is relieving the Division of any burden it has of proving the facts admitted above.
18 Respondent further understands and agrees that by signing this Consent Agreement she is
19 voluntarily and knowingly giving up her right to present oral and documentary evidence, to
20 present rebuttal evidence, to cross-examine witnesses against Respondent, and to appeal the
21 Board's decision to Superior Court.
- 22 **6) Effect of Non-Acceptance of Consent Agreement.** Respondent and the Division agree that
23 this Consent Agreement is subject to the approval of the Board. They agree that, if the Board
24 rejects this Consent Agreement, it will be void, and an Accusation may be filed. If this
25 Consent Agreement is rejected by the Board, it will not constitute a waiver of Respondent's
26 right to a hearing on the matters alleged in an Accusation and the admissions contained herein
27 will have no effect. Respondent agrees that, if the Board rejects this Consent Agreement, the
28 Board may decide the matter after a hearing, and its consideration of this Consent Agreement
29 shall not alone be grounds for claiming that the Board is biased against Respondent, that it
30 cannot fairly decide the case, or that it has received ex parte communication.

1 7) **Consent Agreement, Decision, and Order.** Respondent agrees that the Board has the
2 authority to enter into this Consent Agreement and to issue the following Decision and Order.

3 **PROPOSED DECISION AND ORDER**

4
5 IT IS HEREBY ORDERED that any Nursing license issued to Respondent is under probation.
6 This license shall be subject to the following terms and conditions of license probation:

7 **A. Suspension of License**

8 Respondent's license shall be automatically suspended for one year (with a year of the
9 suspension stayed), effective the date this agreement is adopted by the Board. Respondent shall
10 remain compliant with the entire Consent Agreement, or the stayed portion of suspension shall be
11 immediately lifted and in effect. Respondent will continue to be responsible for all license
12 requirements pursuant to AS 08.68.

13 **B. Duration of Probation**

14 Respondent's license shall be on probation for five (5) years from the effective date of this
15 Order. If Respondent fully complies with all of the terms and conditions of this license probation,
16 the probationary period will end as conditioned under this Order. The five (5) year probationary
17 period will not be reduced by the following periods:

- 18 (1) any absence from the state in excess of 30 continuous days.
- 19 (2) any absence from the state in excess of 60 aggregate days in a single year.
- 20 (3) any period during which Respondent is not a resident of the State of Alaska.
- 21 (4) any period in which Respondent does not hold an active license in Alaska.
- 22 (5) any period in which Respondent's license is suspended due to non-
23 compliance of this Consent Agreement.

24 It will be Respondent's duty to inform the Probation Monitor in writing in advance of any
25 absence from Alaska and/or any move from Alaska to another licensing jurisdiction.

26 **C. Violation of Agreement**

27 If Respondent fails to comply with any term or condition of this Consent Agreement, the
28 Division may enforce this agreement by immediately suspending Respondent's license, without
29 an additional order from the Board or without a prior hearing, for a violation of this agreement.

30 If Respondent's license is suspended under this paragraph, as provided above, she will be
31 entitled to a hearing, on an expedited basis, regarding the issue of the suspension. If

1 Respondent's license is suspended, she will continue to be responsible for all license requirements
2 pursuant to AS 08.68.

3 **D. Respondent Address**

4 It is the responsibility of the Respondent to keep the Probation Monitor advised, in
5 writing, at all times of her current mailing address, physical address, email address, telephone
6 number, current employment and any change in employment.

7 Failure to provide notice of any changes within 10 calendar days will constitute grounds
8 for suspension of her license in accordance with paragraph 'C' above.

9 **E. Authorization**

10 Within 10 calendar days of a request by the Probation Monitor, Respondent will sign all
11 authorizations necessary for the release of information required by this Consent Agreement.

12 **F. Noncooperation by Reporting Persons**

13 If any of the persons required by this Order to report to the Board, fails or refuses to do so,
14 and after adequate notice to Respondent to correct the problem, the Board may terminate
15 probation and invoke other sanctions as it determines appropriate.

16 All costs are the responsibility of the Respondent.

17 **G. Good Faith**

18 All parties agree to act in good faith in carrying out the stated intentions of this Consent
19 Agreement.

20 **H. Compliance with Laws**

21 Respondent shall obey all federal, state and local laws, governing her license.

22 **I. Address of the Board**

23 All required reports or other communication concerning compliance with this Consent
24 Agreement shall be addressed to:

25 Probation Monitor for Board of Nursing
26 Division of Corporations, Business and Professional Licensing
27 550 West 7th Avenue, Suite 1500
28 Anchorage, Alaska 99501-3567
29 Phone (907) 269-8437; Fax (907) 269-8195

1 **J. Absence from Community of Residence**

2 While under license probation, Respondent shall notify the Probation Monitor in writing
3 in advance of each and every expected absence from community of residence in excess of seven
4 (7) days. Absences from the State of Alaska must be reported pursuant to Paragraph 'B'.

5 **K. Periodic Interview with the Board**

6 While under license probation and upon the request of the Board, its Executive
7 Administrator, or Probation Monitor, Respondent shall report in person to the Board, Board of
8 Nursing's Executive Administrator, or Probation Monitor to allow a review of her compliance
9 with this probation. Respondent shall be excused from attending any interview only at the
10 discretion of the person requesting the interview.

11 **L. Rehabilitative Counseling**

12 While under license probation, Respondent shall participate in an ongoing program of
13 drug rehabilitative counseling with Set Free in Palmer, Alaska, or with a rehabilitative counselor
14 approved by the Board or its Executive Administrator.

15 Upon receipt of a written statement from Respondent's counselor, that her rehabilitation
16 has progressed to the point that continued counseling is no longer important to help Respondent
17 maintain a drug-free and/or alcohol-free lifestyle, the Board or its Executive Administrator may
18 consider releasing Respondent from the counseling requirement. The Board, or its Executive
19 Administrator, will not do so, however, unless satisfied that releasing Respondent from the
20 requirement is consistent with the public interest. *Respondent will continue with rehabilitative*
21 *counseling until the Board, or its Executive Administrator, officially releases the Respondent from*
22 *her counseling requirement in writing.*

23 All costs are the responsibility of the Respondent.

24 **M. Counselor/Therapist Reports**

25 Respondent's drug rehabilitation counselor/therapist shall report to the Probation Monitor
26 in writing regarding Respondent's rehabilitation or lack thereof. Reports shall be provided
27 quarterly, as specified in paragraph 'N', or as otherwise requested by the Board or its Executive
28 Administrator.

29 Respondent's rehabilitation counselor or psychotherapy therapist shall immediately report
30 to the Probation Monitor if the Respondent fails to present herself for treatment or otherwise fails

1 to comply with the conditions of the treatment program, or if in the counselor's opinion, the
2 Respondent has become a danger to herself or others.

3 All costs are the responsibility of the Respondent.

4 **N. Quarterly Reports**

5 Quarterly reports are due for each year of probation and the entire length of probation as
6 follows:

<u>Period Covered</u>	<u>Due Date(s)</u>
January 1 - March 31	between April 1 and April 7
April 1 - June 30	between July 1 and July 7
July 1 - September 30	between October 1 and October 7
October 1 - December 31	between January 1 and January 7

12 Failure to submit complete and timely reports shall constitute a violation of probation.

13 **O. Consume No Alcohol**

14 While under license probation, Respondent shall consume no alcohol, whatsoever,
15 including foods, medicines, and other substances containing alcohol. However, if Respondent is
16 hospitalized and receiving inpatient care, or is receiving outpatient care for a medical/dental
17 condition that cannot be adequately treated without medicines containing alcohol, Respondent
18 must inform her treating health care provider of her history of substance abuse. Respondent may
19 then take drugs on her health care provider's written prescription in the prescribed dosage for the
20 prescribed duration and for the prescribed purpose.

21 *Respondent shall notify the Probation Monitor of any prescription issued as soon as the*
22 *Respondent receives it, and send a copy of the prescription to the Probation Monitor. Further,*
23 *Respondent shall not self-medicate with any other prescription drug. If a condition exists which*
24 *requires the use of such a drug, it must be prescribed by Respondent's health care provider.*

25 **P. AA, NA, or Impaired Nurse Group Meetings**

26 While under license probation, Respondent shall attend at least three (3) Narcotics
27 Anonymous (NA), Alcoholics Anonymous (AA), or impaired nurse group meetings per week.
28 Respondent shall keep a calendar or other record indicating the dates of attendance at such
29 meetings and {shall obtain the signature or initials of the leader of each meeting verifying
30 Respondent's attendance at the meetings (AA/NA only)}.

1 Such records shall be presented by Respondent to the Probation Monitor upon request.
2 Respondent must also obtain a sponsor and within 10 calendar days disclose the sponsor's name
3 to the Probation Monitor.

4 **Q. Self-Evaluation Report**

5 While under license probation, Respondent shall submit quarterly reports, as specified in
6 paragraph 'N', to the Probation Monitor regarding her method(s) of handling stress, mental and
7 physical health, professional responsibilities and activities, and personal activities.

8 **R. Drug Tests**

9 While under license probation, Respondent shall submit to random substance testing (i.e.,
10 urinalysis, blood, or breath), as may be ordered by the Board or its agent. All urinalysis shall be
11 provided in a controlled (witnessed) setting, and shall be subjected to a comprehensive screening
12 for drugs and/or alcohol. The test method is at the discretion of the Division, based upon the
13 Respondent's historical substance abuse pattern.

14 Respondent must complete the substance testing no later than two (2) hours after being
15 instructed to do so. Failure to respond as instructed is a violation of this Consent Agreement. If
16 Respondent is not able to provide the relevant sample within the two (2) hours, Respondent will
17 immediately notify the Probation Monitor, and has the burden of showing why compliance was
18 not possible. If Respondent is unable to provide a urine specimen, a blood specimen must be
19 provided.

20 Respondent shall also submit to a urinalysis or blood test within 24 hours of Respondent's
21 return to the community of residence after any absence in excess of seven (7) days. Respondent
22 shall arrange for the results of each test to be provided directly to the Probation Monitor.

23 All costs are the responsibility of the Respondent.

24 **S. Personal Health Care Provider**

25 While under license probation, Respondent shall be under the care of a health care
26 provider licensed in Alaska, identified to, and approved by the Board or its Executive
27 Administrator. The health care provider shall be provided with a copy of this Consent
28 Agreement. Within 10 calendar days, Respondent shall advise the Probation Monitor in writing
29 of any change of Respondent's health care providers. Respondent may not receive medical care
30 from her spouse, significant other, family members and relatives, or associates.

1 Respondent will also obtain a primary pharmacist, who must be licensed and practicing in
2 the State of Alaska, and subject to prior approval by the Board or its Executive Administrator.

3 Respondent shall have all prescriptions filled by her primary pharmacist with the
4 exception of emergencies, which will promptly be reported to the Probation Monitor.

5 All costs are the responsibility of the Respondent.

6 **T. Restriction on Remote Employment**

7 While under license probation, Respondent shall work only in communities that have
8 adequate facilities for Respondent to comply with the drug testing and other requirements, as set
9 forth in this Consent Agreement.

10 Respondent shall give the Probation Monitor prior written notice of each change of
11 employment or residence within 10 calendar days of occurrence.

12 **U. Employer Reports**

13 While employed in her licensed profession, within 10 calendar days of the effective date
14 of this Consent Agreement, and for the duration of probation, Respondent must provide her
15 employer with a copy of the Consent Agreement and understands that the Probation Monitor will
16 be free to discuss with Respondent's employer the subject matter of this Consent Agreement.

17 Respondent's nursing supervisor shall report quarterly to the Probation Monitor as to
18 Respondent's employment performance and attendance (as specified in Paragraph 'N' above).
19 The report shall include a statement of whether Respondent is suspected of violating any
20 condition of this license probation.

21 **V. Employment Must Be Supervised**

22 While under license probation and while working within a nursing field, Respondent may
23 not be employed in her licensed profession unless supervised by a physician, physician's
24 assistant, advanced nurse practitioner, or registered nurse licensed in the State of Alaska. The
25 supervisor shall be provided a copy of the Consent Agreement within 10 calendar days of the
26 effective date of this Consent Agreement. This does not require that Respondent be under
27 constant, direct observation by her supervisor.

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1 IT IS FURTHER ORDERED that this Adopted Decision and Order shall take effect
2 immediately upon its adoption by the Board and is a public record of the Board and the State of
3 Alaska. The State of Alaska may provide a copy of it to any person or entity, professional
4 licensing board, federal, state, or local government, or other entity making a relevant inquiry.

5 The action taken by the Board in this Consent Agreement will be reported to the National
6 Practitioner Data Bank, and National Council of State Boards of Nursing (NCSBN/NURSYS), as
7 required by law.

8
9 DATED this 11th day of JANUARY, 2017 at Anchorage, Alaska.

10
11 CHRIS HLADICK, COMMISSIONER

12
13
14 By: [Signature]
15 Angela Birt, Chief Investigator for
16 Janey Hovenden, Director
17 Division of Corporations, Business and
18 Professional Licensing

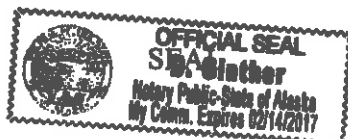
19
20 [Signature]
21 AMK

22 I, Maia Singhmor, have read the Consent Agreement, understand it, and agree to be bound
23 by its terms and conditions.

24 DATED: 1/19/17

25 [Signature]
26 Maia Singhmor

27 SUBSCRIBED AND SWORN TO before me this 19th day of
January, 2017, at Palmer, Alaska.



[Signature]
Notary Public in and for Alaska.

D.G. Ginter
Notary Printed Name

My commission expires: 2.14.17