BEFORE THE VIRGINIA BOARD OF NURSING

IN RE:

JANE LOUISE READY, R.N.

License Number:

0001-107319

Case Number:

172072

ORDER

JURISDICTION AND PROCEDURAL HISTORY

Pursuant to Virginia Code §§ 2.2-4019 and 54.1-2400(10), a Special Conference Committee of the Virginia Board of Nursing ("Board") held an informal conference on April 6, 2017, in Henrico County, Virginia, to inquire into evidence that Jane Ready, R.N., may have violated certain laws and regulations governing the practice of professional nursing in the Commonwealth of Virginia.

Jane Louise Ready, R.N. appeared at this proceeding and was not represented by legal counsel.

NOTICE

By letter dated December 30, 2016, the Board sent a Notice of Informal Conference ("Notice") to Ms. Ready notifying her that an informal conference would be held on February 2, 2017. The Notice was sent by certified and first class mail to the legal address of record on file with the Board. Following a continuance, the informal conference was rescheduled for April 6, 2017.

Upon consideration of the evidence, the Committee adopts the following Findings of Fact and Conclusions of Law and issues the Order contained herein.

FINDINGS OF FACT AND CONCLUSIONS OF LAW

1. Jane Louise Ready, R.N., was issued License Number 0001-107319 to practice professional nursing on August 17, 1987, which expired on February 17, 2016. At all times relevant to the findings contained herein, said license was current and active. She was issued License No. R218475 to practice professional nursing in the State of Maryland on September 1, 2015, which is scheduled to expire on February 28, 2019. Her primary state of residence is Maryland.

- 2. Ms. Ready violated Virginia Code § 54.1-3007(5) and (6) in that during the course of her employment with INOVA Fairfax Medical Center, Falls Church, Virginia, on January 27, 2016, Ms. Ready was observed by coworkers to have slurred speech, difficulty standing, and nodding off. A reasonable suspicion drug screen administered by INOVA Fairfax was positive for clonazepam and tramadol. Ms. Ready had a prescription for Tylenol with codeine. She stated that she had taken one clonazepam, for which she did not have a prescription, about seven to ten days before the drug screen to deal with anxiety. She stated that she had inadvertently taken her pet's tramadol, which she had confused with her Ambien, for which she had a prescription.
- 3. Ms. Ready stated at the informal conference that she was sent home after the incident at work, where she recuperated for several days. Her employment with INOVA was terminated.
- 4. On February 2, 2016, Ms. Ready sought medical treatment at the emergency department after the symptoms were observed again at a family event on January 31, 2016. Ms. Ready stated that she was told at the hospital that she had experienced a neurological event. However, her treatment records indicated a finding of hypertension and headache.
- 5. Ms. Ready is currently seeing a psychiatrist and a neurologist. She stated that the neurologist told her she may have experienced at least one transient ischemic attack. She stated that she began seeing the psychiatrist after becoming concerned that she had taken another person's clonazepam. She stated that she contacted the HPMP but was not eligible because she had been licensed in Maryland since September 2015.
 - 6. Ms. Ready is not currently employed.
- 7. Pursuant to Virginia Code § 54.1-2400.2(K), the Board considered whether to disclose or not disclose Ms. Ready's health records or health services.

ORDER

Based on the foregoing Findings of Fact and Conclusions of Law, the Virginia Board of Nursing hereby ORDERS as follows:

- 1. Jane Ready, R.N., shall have an evaluation by a chemical dependency specialist satisfactory to the Board and shall have a written report of the evaluation, including a diagnosis, a recommended course of therapy, and a prognosis sent to the Board within 90 days from the date this Order is entered. This provision of this Order is not subject to appeal.
- 2. Ms. Ready shall have a shall have a physical evaluation by a neurologist satisfactory to the Board and shall have a written report of the evaluation, including a diagnosis, a recommended course of therapy, and a prognosis sent to the Board within 90 days from the date this Order is entered. This provision of this Order is not subject to appeal.
- 3. Ms. Ready shall have a psychiatric and psychological evaluation by a specialist satisfactory to the Board and shall have a written report of the evaluation, including a diagnosis, a recommended course of therapy, and a prognosis sent to the Board within 90 days from the date this Order is entered. This provision of this Order is not subject to appeal.
- 4. Ms. Ready shall provide proof to the Board that she has provided the specialist(s) with a complete copy of this Order. Ms. Ready shall execute all releases necessary for unrestricted communication between the specialist(s), and the Board and she shall bear all costs associated with the evaluation(s). Upon receipt of the required reports, the Board shall conduct a review of this matter and may either schedule an additional administrative proceeding to consider the evaluations and make a final disposition of the matter or close the matter without a further proceeding.
- 5. Ms. Ready shall sign all required medical releases and authorization forms within 90 days of the date of entry of this Order allowing for unrestricted communication between and among the Board and her current and future treating healthcare providers.

- 6. Ms. Ready shall comply with all laws and regulations governing the practice of professional nursing in the Commonwealth of Virginia.
- 7. Any violation of the foregoing terms and conditions of this Order or any statute or regulation governing the practice of professional nursing shall constitute grounds for further disciplinary action.

Pursuant to Virginia Code §§ 2.2-4023 and 54.1-2400.2, the signed original of this Order shall remain in the custody of the Department of Health Professions as a public record, and shall be made available for public inspection and copying upon request.

FOR THE BOARD

Jay Douglas, M.S.M., R.N., C.S.A.C., F.R.E

Executive Director

Virginia Board of Nursing

ENTERED AND MAILED:

NOTICE OF RIGHT TO APPEAL

Pursuant to Virginia Code § 54.1-2400(10), Ms. Ready may, not later than 5:00 p.m., on July 17, 2017, notify Jay P. Douglas, M.S.M., R.N., C.S.A.C., F.R.E., Executive Director, Board of Nursing, 9960 Mayland Drive, Suite 300, Henrico, Virginia 23233, in writing that she desires a formal administrative hearing before the Board. Upon the filing with the Executive Director of a request for the hearing, this Order shall be vacated. This Order shall become final on July 17, 2017, unless a request for a formal administrative hearing is received as described above.

Certified True Copy

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