BEFORE THE VIRGINIA BOARD OF NURSING

IN RE:

CATRINA ROGERS BROWN, L.P.N.

License Number: 0002-055023

Case Number: 175376

RATIFICATION AND ORDER

On July 19, 2017, a panel of the Board met to receive and act upon the Recommended Decision of the

Agency Subordinate. Catrina Rogers Brown, L.P.N., was not present nor was she represented by legal counsel.

The Board of Nursing ACCEPTS the attached Recommended Findings of Fact and Conclusions of Law

of the Agency Subordinate and ADOPTS the Recommended Order in its entirety.

Pursuant to Virginia Code § 54.1-2400.2, the signed original of this Order shall remain in the custody of

the Department of Health Professions as a public record, and shall be made available for public inspection and

copying upon request.

Pursuant to Virginia Code § 54.1-2400.2(K), the Board considered whether to disclose or not disclose

Ms. Brown's health records or health services.

Since Ms. Brown failed to appear at the informal conference, this Order shall be considered final. Ms.

Brown has the right to appeal this Order directly to the appropriate Virginia circuit court. As provided by Rule

2A:2 of the Supreme Court of Virginia, Ms. Brown has thirty days from the date of service (the date she actually

received this decision or the date it was mailed to her, whichever occurred first) within which to appeal this

decision by filing a Notice of Appeal with Jay Douglas, M.S.M, R.N., C.S.A.C., F.R.E., Executive Director,

Board of Nursing, at Perimeter Center, 9960 Mayland Drive, Suite 300, Richmond, Virginia 23233. In the event

that this decision is served by mail, three days are added to that period.

FOR THE BUARD

Jay Douglas, M.S.M, R.N., C.S.A.C., F.R.E.

Executive Director

Virginia Board of Nursing

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IN RE:

CATRINA ROGERS BROWN, L.P.N.

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REPORT AND RECOMMENDATION OF AGENCY SUBORDINATE

Jurisdiction and Procedural History

Pursuant to Virginia Code §§ 2.2-4019 and 54.1-2400(10), Allison Gregory, M.S., R.N, F.N.P.-

B.C., serving as Agency Subordinate of the Virginia Board of Nursing ("Board"), held an informal

conference on May 25, 2017 in Henrico County, Virginia, to inquire into evidence that Catrina Rogers

Brown, L.P.N., may have violated certain laws and regulations governing the practice of practical

nursing in the Commonwealth of Virginia.

Ms. Brown did not appear at this proceeding and was not represented by legal counsel.

Upon consideration of the evidence, the Agency Subordinate makes the following Findings of

Fact and Conclusions of Law and recommends that the Board adopt the following Order.

Notice

By letter dated April 26, 2017, the Board sent a Notice of Informal Conference ("Notice") to

Ms. Brown notifying her that an informal conference would be held on May 25, 2017. The Notice was

sent by certified and first class mail to the legal address of record on file with the Board. The Notice

sent by certified mail was returned to the Board marked "attempted, not known/unable to forward."

The Notice sent by first class mail was not returned to the Board office. Accordingly, the Agency

Subordinate concluded that adequate notice was provided to Ms. Brown and the informal conference

proceeded in her absence.

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Recommended Findings of Fact and Conclusions of Law

- 1. Catrina Rogers Brown, L.P.N., was issued License Number 0002-055023 to practice practical nursing on July 30, 1997, which is scheduled to expire on February 28, 2018. At all times relevant to the findings herein, said license was in full force and effect. Her primary state of residence is Virginia.
- 2. Ms. Brown violated Virginia Code § 54.1-3007(6) in that she is unsafe to practice as a practical nurse due to substance abuse and mental illness, as evidenced by the following:
- a. In a November 28, 2016 interview with an investigator for the Department of Health Professions ("DHP"), Ms. Brown stated that she uses cocaine approximately once per week. In a November 30, 2016 interview with an investigator, Ms. Brown's substance abuse counselor stated that four out of five of Ms. Brown's drug screens were positive for cocaine. The counselor expressed concerns regarding Ms. Brown's continued cocaine use.
- b. From August 13, 2013 through October 2, 2013, and July 27, 2016 through September 26, 2016, Ms. Brown received substance abuse treatment for polysubstance dependence at Blue Ridge Behavioral Healthcare, Roanoke, Virginia, where she was most recently diagnosed with cocaine use disorder, severe, and major depressive disorder, recurrent. Ms. Brown admitted to the DHP investigator she continued to use cocaine while participating in treatment at Blue Ridge Behavioral Healthcare, verified by four positive urine drug screens during treatment.
- c. On July 25, 2016, Ms. Brown presented to the emergency department at Carilion Roanoke Community Hospital, Roanoke, Virginia, with symptoms of depression and suicidal ideation. A drug screen performed at the emergency department was positive for cocaine and cannabis. On July 26, 2016, she was voluntarily admitted to the Carilion Clinic Psychiatric Rehab Hospital, Roanoke, Virginia ("CCPRH"), where she was diagnosed with major depressive disorder, recurrent, severe,

without psychosis and cocaine use disorder, moderate to severe. She was discharged on July 28, 2016, with a recommendation to follow up with Blue Ridge Behavioral Healthcare, Roanoke, Virginia.

- d. On August 10, 2013, Ms. Brown was voluntarily admitted to CCPRH subsequent to suicidal ideations. She was treated and discharged on August 13, 2013 with diagnoses of major depressive disorder, recurrent episode, severe, without mention of psychotic behavior and cannabis and cocaine abuse.
- 5. Ms. Brown violated Virginia Code § 54.1-3007(5) and (8) in that during the course of her employment with Camden Place Health and Rehab Center, Greensboro, North Carolina ("Camden Place"):
- a. On January 20, 2015, she documented the removal and administration of two tablets of Ativan (lorazepam, C-IV) on Patient A's controlled substance count sheet but failed to document administration of the medication in the patient's medication administration report.
- b. On January 19, 2015, during Ms. Brown's 3-11 shift, multiple residents under her care reported not receiving their medications.
- 6. Ms. Brown's employment with Camden Place was suspended on January 21, 2015 pending an investigation. On January 26, 2015, Ms. Brown's employment with Camden Place was terminated due to resident complaints of medication not received and medication discrepancies.
- 7. In her November 16, 2016 interview with a DHP investigator, Ms. Brown denied diverting Ativan or any medications from Camden Place. She stated that her urine drug screen at that time was negative. However, in correspondence with an investigator dated November 18, 2016, Camden Place stated that they requested that Ms. Brown submit to a drug screen, but that she failed to submit to said screen.

- 8. Ms. Brown violated Virginia Code § 54.1-3007(2) and 18 VAC 90-20-300(A)(2)(e) of the Regulations Governing the Practice of Nursing (currently found at 18 VAC 90-20-230(A)(2)(e) effective February 24, 2017) in that on her application for employment with Blue Ridge Rehab Center, Martinsville, Virginia, dated February 2, 2015, she failed to disclose her employment with Camden Place, where her employment was terminated on January 26, 2015.
- 9. Ms. Brown stated to the investigator on November 16, 2016, that she has been employed with Brookdale Salem Assisted Living, Salem, Virginia, since May, 2016 and that things are going well at her job. However, in a December 5, 2016 interview with the DHP investigator, her employer revealed that Ms. Brown has received several disciplinary actions for her attendance, tardiness and attitude and was on final warning status.
 - 10. Ms. Brown has not entered the Virginia Health Practitioners Monitoring Program.
- 11. Pursuant to Virginia Code § 54.1-2400.2(K), the Board considered whether to disclose or not disclose Ms. Brown's health records or health services.

Recommended Order

Based on the foregoing Findings of Fact and Conclusions of Law, the Agency Subordinate recommends that the Board issue an Order as follows:

- 1. The license issued to Catrina Rogers Brown, L.P.N., to practice practical nursing in the Commonwealth of Virginia is INDEFINITELY SUSPENDED.
 - 2. The license of Catrina Rogers Brown, L.P.N., will be recorded as SUSPENDED.
 - This suspension applies to any multistate privilege to practice practical nursing.
- 4. Should Catrina Rogers Brown, L.P.N., seek reinstatement of her license, an administrative proceeding shall be convened to consider such application. At such time, the burden shall be on Ms. Brown to demonstrate that she is safe and competent to return to the practice of

Catrina Rogers Brown, L.P.N. Page 5 of 5

practical nursing. Ms. Brown shall be responsible for any fees that may be required for the reinstatement and/or renewal of the license prior to issuance of the license to resume practice.

Reviewed and approved on June 2, 2017 By Allison Gregory, M.S., R.N, F.N.P.-B.C. Agency Subordinate

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Virginia Board Of Nursing