VIRGINIA:

BEFORE THE BOARD OF NURSING

IN RE:

ROBIN D. BIDOT, L.P.N., R.N.

ORDER

Pursuant to §§ 2.2-4019, 2.2-4021, and 54.1-2400(10) of the Code of Virginia (1950), as amended ("Code"), a Special Conference Committee ("Committee") of the Virginia Board of Nursing ("Board") met on April 23, 2009, in Henrico County, Virginia, to inquire into evidence that Robin D. Bidot, L.P.N., R.N., may have violated certain laws and regulations governing nursing practice in Virginia. Ms. Bidot was present and was not represented by legal counsel. Upon consideration of the evidence, the Committee adopts the following Findings of Fact.

FINDINGS OF FACT

- 1. Robin D. Bidot, L.P.N., R.N. was issued License No. 0002-048128 to practice as a practical nurse in the Commonwealth of Virginia on August 19, 1993. This license expires on May 31, 2011. Ms. Bidot was also issued License No. 0001-212222 to practice as a professional nurse in the Commonwealth of Virginia on May 2, 2008. This license also expires on May 31, 2011.
- 2. By her own admission, Ms. Bidot began abusing prescription drugs, her own and that which had been prescribed to family members, when her teenage son became involved in significant legal issues shortly before he was to graduate from high school. At the informal conference, she stated that the stress of the adjudication of his legal matters and his subsequent incarceration caused her to be depressed and have trouble sleeping. Ms. Bidot reported that she used the medication to help her sleep and cope with her son's legal issues.
- 3. Ms. Bidot signed a Participation Contract with the Health Practitioners' Intervention Program ("HPIP") on November 20, 2008, followed by a Recovery Monitoring Contract on February 18, 2009. An

HPIP Compliance Report dated April 21, 2009, submitted by Martha Ann Spruill, HPIP Case Manager, indicated that Ms. Bidot is attending required 12-step meetings, and that her treatment reports were timely and reflected continuing progress. Ms. Spruill also stated that Ms. Bidot's random urine toxicology screens have been negative.

- 4. Ms. Bidot reported her sobriety date as November 20, 2008. She also advised the Committee that she attends 12-step and/or Caduceus meetings about four times a week and further indicated that she is actively working the 12-step program and has a sponsor. She also stated that she is nearing completion of an intensive outpatient program that she has attended for the last six weeks.
- 5. Ms. Bidot's current medications include Effexor 75mg (venlafaxine, Schedule VI), Lamisil (terbinafine hydrochloride), and trazodone 100mg (Schedule VI), each of which she takes once daily as prescribed by her physician.
 - 6. Ms. Bidot submitted three positive reference letters from former co-workers.

ORDER

On the basis of the foregoing, the Committee hereby ORDERS as follows:

- 1. The Committee shall TAKE NO ACTION against Robin D. Bidot, L.P.N., R.N., at this time contingent on her continued compliance with all terms and conditions of her Recovery Monitoring Contract ("Contract") with the HPIP for the period specified by the HPIP.
- 2. Any violation of the terms and conditions stated in this Order shall be reason for revoking the licenses of Robin D. Bidot, L.P.N., R.N., and an administrative proceeding shall be held to decide whether her licenses should be revoked. Ms. Bidot shall be noticed to appear before the Board at such time as the Board is notified that:
- a. She is not in compliance with the terms and conditions of the HPIP, or has been terminated from participation in the HPIP;

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b. There is a pending investigation or unresolved allegation against Ms. Bidot involving

a violation of law or regulation or any term or condition of this Order; or

c. Ms. Bidot has successfully completed the above-referenced period of participation in

the HPIP. However, upon receipt of Ms. Bidot's participation in and compliance with the HPIP, the Board,

at its discretion, may waive Ms. Bidot's appearance before the Board and conduct an administrative review

of this matter.

3. This order shall be applicable to Ms. Bidot's multistate licensure privileges, if any, to practice

nursing in the Commonwealth of Virginia. For the duration of this Order, Ms. Bidot shall not work outside

the Commonwealth of Virginia pursuant to a multistate licensure privilege without the written permission of

the Virginia Board of Nursing and the Board of Nursing in the party state where she wishes to work. Any

request for out of state employment shall be directed, in writing, to the Executive Director of the Board.

4. Ms. Bidot shall maintain a course of conduct in her nursing practice commensurate with the

requirements of § 54.1-3000 et seq. of the Code and the Board of Nursing Regulations.

Pursuant to §§ 2.2-4023 and 54.1-2400.2 of the Code, the signed original of this Order shall remain in

the custody of the Department of Health Professions as public record and shall be made available for public

inspection or copying on request.

FOR THE COMMITTEE

Jay P. Douglas, R.N., M.S.M., C.S.A.C.

Executive Director, Virginia Board of Nursing

May 87, 2009

ENTERED:

NOTICE OF RIGHT TO FORMAL HEARING

If you do not consent to the Committee's decision and desire a hearing before the Board or a panel thereof, you shall notify, in writing, the Executive Director of the Board of Nursing, Perimeter Center, 9960 Mayland Drive, Suite 300, Richmond, Virginia 23233, within 33 days of the date of entry of this Order. This Order shall become final upon expiration of the 33-day period unless a request for a formal hearing is received within such time. Upon receiving a timely request for a hearing, this Order shall be vacated and the Board or a panel thereof shall proceed with a hearing as provided in § 2.2-4020 et seq. of the Code.

CERTIFICATE OF SERVICE

I hereby certify that a true copy of the foregoing Order was mailed, by certified and regular mail, this day to Robin D. Bidot, L.P.N, R.N., at 2109 Grey Fox Lane, Virginia Beach, Virginia 23456.

Jay P. Douglas, R.N., M.S.M., C.S.A.C.

Executive Director, Virginia Board of Nursing

Date